

THE OUTLOOK



PUBLISHED BY THE CITY OF PLEASANT HILL, CALIFORNIA

Make a difference at 11th annual Community Service Day!

You can now sign up as a volunteer at the 11th annual Community Service Day, which will be held this year on Saturday, September 26.

The event begins at Pleasant Hill Park with registration and breakfast from 7:30am to 9:00am. The volunteer registration page is on the City website at

www.pleasanthillca.org/volunteer. There will be around 20 projects at school sites, parks, Ellinwood Creek, and others to choose from.

All volunteers receive a free pancake breakfast (served by the Lions Club) and the first 600 to register at the park receive a free event T-Shirt, plus snacks and drinks to take with you to your project sites.



Project registration

If you are a local organization, school, church or non-profit group and you wish to register a project this year, please do so online at www.pleasanthillca.org/csd.

Senior residents—do you need help at home with front yard work?

The Civic Action Commission is also including a project to help elderly resi-

dents with yard work this year during Community Service Day. Only front yard gardening and weeding is permissible, without the use of power tools. If you are interested in receiving assistance from Community Service Day volunteers, or have any questions about this project, please contact Martin Nelis at (925) 671-5229 or email him at mnelis@pleasanthillca.org. 🍀

New gateway signs proposed for Pleasant Hill

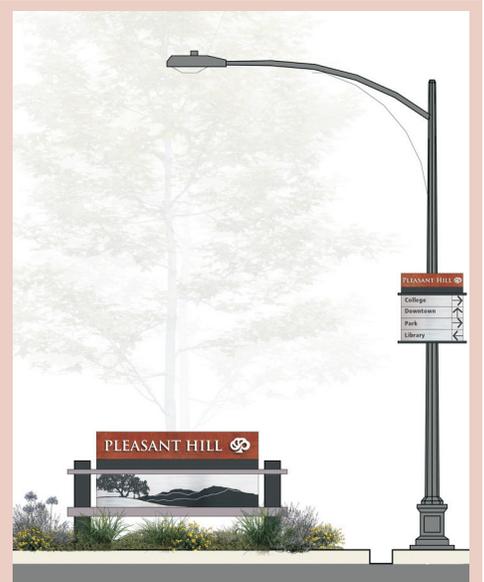
Over the past year, City staff has been working with Wallace Roberts & Todd (WRT), urban design consultants on designs for new gateway signs, as well as wayfinding signage around the city. The process included ten public workshops and multiple focus group meetings during which input was solicited from various community members regarding design concepts and locations for the new signs.

WRT presented the draft plan for new gateway and wayfinding signs to the City Council at its meeting on August 17th. The design concept as shown here was approved by the Council. City staff will now begin working with WRT on the engi-

neering design and manufacturing of the signage.

The first phase of this proposal would install eight new gateway markers replacing the current 'pagoda' signs, and up to 29 wayfinding signs that will highlight main attractions such as Downtown, key buildings and parks in order to help both residents and visitors navigate to key destinations in the City.

For more information on this project, contact Economic Development Manager, Kelly Calhoun, at kcalhoun@pleasanthillca.org or call (925) 671-5213. 🍀



Traffic safety is always a concern within our community

It's important for parents who drive their children to and from school to remember that the speed limit in residential neighborhoods and school zones is 25 mph. Children walking to school may step into the roadway from behind parked vehicles. It is important to drive defensively and to be aware of your surroundings.

Parents are asked to speak with their children about bicycle and pedestrian safety. We hope the following tips will prove helpful:

- Always cross at an intersection or crosswalk.
- Prior to crossing the street look left, right and then left again, and if it's clear, begin to cross, looking over your shoulder for oncoming vehicles. Never cross against a red light.
- If you must walk through parked traffic, stop and look carefully before stepping out between vehicles.
- Walk facing traffic when there are no sidewalks, so you can see what's coming.
- Bicycle riders under the age of eighteen are required to wear a bicycle helmet.
- All bicycle riders must ride with the flow of traffic, on the right side of the roadway.
- When riding at night, a bicycle must be equipped with a front headlight.

Having periodic talks with your children about safety will ensure they remain safe at school and in your neighborhoods. For more tips and information on safety, please contact the Traffic Division of the Pleasant Hill Police Department at (925) 288-4617. ♣



New Police Captain joins Pleasant Hill Police Department

The City recently hired Bryan Hill as Police Captain to assist the Chief of Police, John Moore, in the overall operation of the Police Department.

He will manage both the Operations and Support Services Divisions and will assume the duties of the Chief of Police in the Chief's absence.

Bryan has been in law enforcement for 23 years. He started with the Antioch Police Department and for the past eight years served with the Walnut Creek Police Department. He has served as patrol officer, detective, defensive tactics instructor, and SWAT team member.



In 2009, he was promoted to Lieutenant and served as Patrol Watch Commander, Administrative Lieutenant, and Lieutenant in charge of Special Operations. Bryan was instrumental in the formation of the Central County SWAT Team and later became the SWAT Team Commander.

Bryan's educational background includes a Bachelor's degree in Social Science and a Master's degree in Organizational Leadership. He is also a graduate of the FBI National Academy. ♣

CERT training class starts soon

The next class for Community Emergency Response Team (CERT) training for Pleasant Hill residents begins on Saturday, September 12, 2015. The training is given at the Pleasant Hill Police Department, 330 Civic Drive, from 8:00 to 11:30am.

The course, given over six Saturday mornings, emphasizes preparedness, first aid, small fire suppression, light search and rescue, disaster psychology, and what supplies to have on hand. Most importantly, the training guides individuals to prepare themselves, their homes, and their families for the effects of a major earthquake and how to safely and effectively deal with its aftermath.

There are still some spaces available for this class. Sign up at the CERT web site at www.pleasanthillcert.org. ♣



Farmers' Market open on Saturdays!

And the autumn months are just as fantastic as summer when it comes to local Northern California produce. Your local farmers' market has a wonderful selection of fall fruits and vegetables as well as the last of summer selections.

At the Pleasant Hill Farmers' Market, look for wonderful pears, apples and apple cider; and fantastic grapes of all kinds. Persimmons and pomegranates will begin to arrive as well.

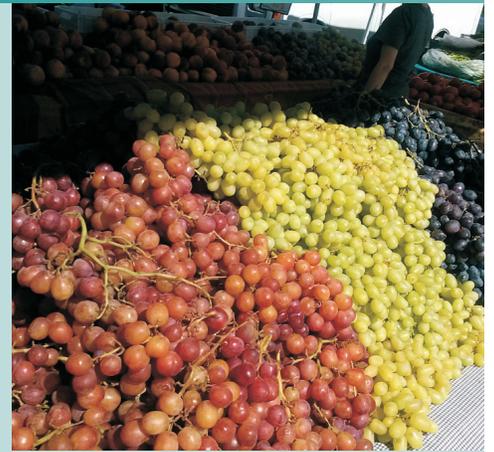
Fall is not just about fruit! Let's not forget the great vegetables that are com-

The seasons are changing

ing into season: artichokes and little Brussels sprouts, greens and onions, winter squash and colorful sweet potatoes. These delicious options will have you thinking about a nice warm dinner filled with fresh fall flavors.

You'll still be able to purchase the last of summer's great produce like corn, peppers, peaches, berries, greens, and summer squash through most of September, so get them while you can!

We're surrounded by fertile farmland that brings us the best of the season each and every year. Stop by your Pleasant Hill certified farmers' market and bring home the best that the season has to offer!



Pleasant Hill Farmers' Market, every Saturday, 9am to 1pm, Trelany Road (next to City Hall) www.pcfma.com. ♣



City seeks applicants for Commissions

Residents have an opportunity to get to know fellow residents while participating in commission

and advisory committee decisions and events that shape the future of Pleasant Hill! The City is now seeking candidates to serve on the following:

■ Diablo Vista Water System Advisory Board

The Diablo Vista Water System (DVWS) Advisory Board administers the affairs of the DVWS. Board members must be a resident and property owner within the DVWS district for one year prior to appointment. Meetings are held as needed approximately four times per year at City Hall. Term is for three years through October 2018.

■ Traffic Safety Commission

The Traffic Safety Commission conducts and analyzes studies of traffic problems, makes recommendations on changes in policy, holds meetings with residents and business owners to hear traffic related suggestions and concerns, and works with various departments of the City and other local governments to implement recommended changes. Meetings are held on the 2nd Tuesday of each month at 6:00pm at City Hall. Term is for four years through September 2019.

Applications will be accepted through September 11, 2015. For an application or more information visit the City of Pleasant Hill website at www.PleasantHillCA.org, or contact Juanita Davalos by phone at (925) 671-5283 or e-mail at jdavalos@pleasanthill.org. ♣

Backyard Composting Workshop offered at City Hall

Tuesday, September 29 and October 14

The City of Pleasant Hill is hosting FREE backyard composting workshops and offering residents high-quality compost bins for **\$40** (retail \$129) for those who attend a workshop.

Composting your yard trimmings and food scraps is easy, great for your yard and garden, kind to our environment and good for you too! Save money, save water, and conserve natural resources.

Find out how! Attend a free workshop!

Register now by calling Annette Kaufmann at (925) 671-5265 or go to www.pleasant-hill.net/compost. The workshops are one hour in duration. The next workshops will be held **Tuesday, September 29** and **Tuesday, October 14**.

All workshops are from 7pm to 8pm in the large Community Room at City Hall. **Sign up at www.pleasant-hill.net/compost**. ♣



Family Caregiver Retreat

—Commission on Aging

Free community event sponsored by the Pleasant Hill Commission on Aging

- Friday, October 16, 9:00am–3:30pm
- Hope Center Covenant Church
2275 Morello Avenue, Pleasant Hill

Caregivers... take a much needed break

Learn ways to make your life easier and more fulfilling. You deserve it!

We invite you to join us for a retreat where the focus is on you and your well-being. Come share a day of camaraderie, education, and resources with other family caregivers. You will take home extensive resource information and new ideas to support your daily routine. There is no charge for this wonderful event.

Retreat sessions will include...

- A sharing forum about caregiving challenges and success strategies
- Behavior modification approaches—how to manage difficult dementia behaviors
- Fall prevention recommendations—improve home safety, including medical equipment options and how to assist a person with mobility problems
- Medication management information—which medications can adversely affect older people and what kinds of questions to ask the doctor or pharmacist
- Wellness strategies—how you can better take care of yourself
- Guided yoga visualization and stress management techniques

The retreat is free and includes morning refreshments and a boxed lunch. All speakers are specialists in their fields from various organizations (such as Meals on Wheels and Senior Outreach Services, Alzheimer's Association, Kaiser Permanente, and the YMCA) who have graciously agreed to support this event.

Space is limited and registration is required. Call Danielle Habr at (925) 671-5221 to register. We hope you can join us! ♣



Senior Center events and activities

■ Care Management Series—FREE

The Care Management Series brings a variety of topics and helpful resources from experts in our community. Second Thursday of the month, 2pm in the PHSC Dining Room.

- ❑ **September 10:** “Why do I need a Personal Emergency Response System?” presented by VitalLink|
- ❑ **October 8:** “Alzheimer’s 101” presented by the Alzheimer’s Association of the East Bay

Presentations are free but space is limited so please call (925) 798-8788 to reserve your spot. Sponsored by the Chateaus of Pleasant Hill.

■ Call for Holiday Boutique vendors

Join the Pleasant Hill Senior Center’s 2nd annual Holiday Boutique and Craft Fair on Saturday, Nov. 21st. The application for vendors is on our website at www.phseniorcenter.com.

■ Vagabond Players present “Flamingo Court”

- ❑ Friday, September 11 at 1:30pm
- ❑ PH Senior Center, Chateau Room
- ❑ Presale: \$10, Day Of: \$15

This two-part “slice of life” takes place in two condos of an apartment complex, where many retirees live. The comedy will have audiences laughing at the truth they see in what might be their own neighbors-only zanier!

■ 60th Anniversary Open House

- ❑ Friday, September 25 from 3-5pm
- ❑ PH Senior Center, Chateau Room

The Senior Center is celebrating 60 years! Stop by and see all the activities we have to offer. The Paul Fontes Band will be jamming in the Chateau Room where food will be available for purchase. Free admission for all ages!

■ CHP Age Well, Drive Smart presentation

- ❑ Friday, October 23 at 1pm
- ❑ PH Senior Center, Chateau Room

CHP will offer information to tune up your driving skills, safety devices that can be used in most cars, what DMV’s requirements are for senior drivers and much more. Presentation is free, but please sign up to ensure your space. Call 798-8788. ♣



What to do with that brown lawn?

Many homeowners answered the call to conserve by letting their lawns go brown—saving water and money, while meeting state-mandated reduction goals. When the current drought passes, these homeowners who helped save thousands of gallons of water will face a difficult decision: **WHAT DO I DO WITH MY YARD?**

There's no telling when the next drought will be or how long it will last. One thing is for certain: If you have a brown lawn due to the drought, *you have a project in your future.*

Consider replacing your dead lawn with a beautiful, colorful and water-wise landscape that will be able to withstand the next drought—and the one after that. California native plants and other Mediterranean plants are well-adapted to our climate so they can look great with little to no water.

Converting a lawn to a water-wise landscape is no easy project. It requires planning, funding, and a lot of hard work. The rewards, however, can be huge! Many homeowners have already made the switch and love their new landscapes—and the water and financial savings over the old lawn.

If you are considering replacing your brown lawn with a water-wise landscape, do your research to figure out what you want and how to do it. The East Bay Municipal Utility District and the Contra Costa Water District each offer rebates for replacing lawns with water-wise landscaping. They also have lots of information to help you learn the “HOW-TOs” of converting to a water-wise landscape. Visit their websites for more information at www.ccwater.com/conserve and www.ebmud.com. ♣



Don't forget to maintain lawns and gardens

Whether your lawn is green or brown, please maintain your garden during the drought period. Appearances are everything and tidy lawns and gardens are important to maintaining healthy neighborhoods. Also, please keep your garbage, greenwaste and recycling carts out of sight except during pick up days.

E-Waste recycling in Pleasant Hill **FREE**



Got E-Waste?

Fall is just around the corner!!! Clean out those unwanted electronics, extension cords, fans, and more at a FREE E-Waste Recycling Event happening at Diablo Valley College, located at 321 Golf Club Road (Overflow parking lot #7) in Pleasant Hill, on Saturday, October 3, from 9:00am until 1:00pm. Events are open to any California resident, business, school, etc. This is a monthly event that takes place the first Saturday of each month. Drop off of your e-waste is FREE and items accepted include TVs, monitors, computers, and more—with no limit!

Visit www.NoEwaste.com or call toll free, (866) 335-3373 for electronic items accepted and detailed event info.

Sponsored by Electronic Waste Management, a state-approved e-waste collector. ♣

Local housing community goes green

Pleasant Hill Cohousing recently became the newest green certified business in the city through the Contra Costa Green Business Program. Pleasant Hill Cohousing is located at 2200 Lisa Lane, opposite Fair Oaks Elementary.

Cohousing is a form of enhanced living that builds community among residents. It consists of private, fully-equipped dwellings as well as shared common facilities with 32 private households, a common house, swimming pool, shared workshop and art studio and garden, as well as two shared meals a week, common celebrations and much more.

Sustainability is a natural fit for the cohousing community. “There’s a col-

lective awareness among our community about the finite resources of the earth,” resident Jan Passion said. “And this awareness reinforces our intention to live more thoughtfully.”

Indeed, when the complex was built in 2000, many green building strategies were incorporated into the design, such as passive heating and cooling fixtures like

trellises and trees on the south and west and sustainably harvested wood was used in the construction.

Still, through the certification process, Pleasant Hill Cohousing developed more ways to enhance their sustainable practices such as reducing lawn space and incorporating more drought tolerant plants, upgrading toilets to the most water efficient, installing nest (smart) thermostats, and helping each other with carpooling.

For more information on Pleasant Hill Cohousing, visit www.phch.org. For more information on the Contra Costa Green Business Program, visit www.greenbusinessca.org. ♣



Rotary ends successful year, begins new one

The Rotary Club of Pleasant Hill ended a successful year in June as new president Jen Grossi took over from 2014-2015 President Matt Rinn. During Rinn's year, the club gave out over \$38,000 in grants to local and international organizations.

Organizations receiving grants

LN-4 Prosthetic Hands Foundation
Agua Nicaragua (RC Walnut Creek)
Pleasant Hill 4th of July Commission
Pleasant Hill Rec & Park District
Pleasant Hill Police Officers Assoc
PHCF Golf Tournament
Salvation Army—EDS
Art Jazz & Wine Fest
Blues & Brews Festival
Christmas for Everyone
Special Olympics
Contra Costa Food Bank
Monument Rotary Learning Lab
Monument Crisis Center

Relay for Life/Bark for Life
Pleasant Hill Library
City of Pleasant Hill
Generation Green
Humane Society
Hospice of Contra Costa County
College Park Athletic Boosters
CCC Superintendent of Schools
Sequoia Elementary
Gregory Gardens Computer Lab
Gregory Gardens
Multicultural Dinner
Kennedy King Scholarships
CPHS Leadership Conference Fees
YMCA Childcare
Youth Homes
Pleasant Hill Interact
Pleasant Hill Senior Scholarships
Pleasant Hill—Lamorinda
Football and Cheer



And they are off to college!

Five local high school seniors were awarded \$1,000 scholarships: Neils Sorensen, Berklee School of Music; Paul Ramstad, UCLA; Mayuko Butterfield, UC Berkeley; Selina Saliba, Cal Poly; Melanie Ramirez, Tufts University. PH Rotary wishes them well as they start this exciting new stage of their lives.



Pleasant Hill Dolphins
AAUW Science and Math Camp
PH Rotary Foundation Endowment
Cancer Community Center

Private/public partnership succeeds in refurbishing tennis courts in Pleasant Hill



A “new day” is dawning for tennis players in Pleasant Hill, as the six courts located at the Pleasant Hill Middle School have been completely refurbished, funded entirely by private donations, and facilitated by a Joint Use Agreement of the Mt. Diablo Unified School District and the Pleasant Hill Recreation and Parks District.

Following a two-month renovation effort, a re-dedication ceremony held on Saturday, August 15, officially opened the courts in time to serve the 890+ stu-

dents at the school and the tennis playing community. This fall an after-school tennis program for both youths and the community will be inaugurated.

The courts were originally built as a cooperative effort by both the School and Pleasant Hill Recreation & Park Districts in 1959 at the site of the former Pleasant Hill High School. For years the courts have been maintained with “stop gap” fixes performed by members of the Pleasant Hill Tennis Club. Last year, the courts had deteriorated to the point where temporary fixes were no longer adequate to maintain a safe playing surface.

Members of the Pleasant Hill Tennis Club launched a fundraising effort with appeals going out to foundations throughout the East Bay.

Well, the dream has come true. With the

Pleasant Hill Community Foundation serving as the facilitator, funds were received from The Harbor Point Charitable Foundation (the principal donor), the Dean and Margaret Leshner Foundation, and the NorCal Section of USTA. Tennis Club members supplied the balance and the entire renovation was funded by private sources.

For more information about the tennis club and their activities, check out their website at phtennisclub.com. 🍀



PH Library activities...

➤ Senior Center Book Club

Monday, September 14, 12:00-1:00pm
Monday, October 5, 12:00-1:00pm

Join us for a book club hosted by the library at the Pleasant Hill Senior Center! Enjoy a fun and casual discussion and enjoy something to nibble. Books will be provided for you to borrow.

➤ Night of 1,000 Inventions

Monday, September 14, 6:30-8:00pm

Our annual evening of epic innovation returns with more robots, rockets, 3-D printing, and mind-blowing hands-on tech. Prototype your own inventions and file a “patent”; then join us for ongoing Maker Mondays every second Monday, including October 12, 6:30-8:00pm.

➤ Tinker Tuesday

If you miss the evening make and take events, drop in the day after
Tuesday, July 14, 3:00-4:30pm
Tuesday, August 11, 3:00-4:30pm

➤ PH Community Service Day

Saturday, September 26

Join us for Pleasant Hill’s 11th Annual Community Service Day! Help your library and other locations around the city! Sign-up at www.pleasanthillca.org.

➤ Azúcar Quartet—Latin Jazz

Monday, September 28, 7:00-8:00pm

Join us for Latin and Cuban Jazz brought to you by the Friends of the Library. All are welcome, please tell your friends!

➤ Pleasant Hill Reads—Coming in October

Watch out for our 4th annual citywide read soon to be announced at ccc.lib.org/onebook. Join other families in town to share the joy of reading, and join us for activities at the library related to the story.

➤ Teen Homework and Tech Help

Thursdays, 4:00-6:00pm

Teen volunteers read and study with students. Just drop in and bring your homework! Need help navigating your computer and tech devices? Drop in for help from knowledgeable teen volunteers!

➤ Eco Studio

3rd, 4th, and 5th Wednesdays, 3-5:00pm
Check ccclib.org for specific dates

Learn to machine sew your own fabulous up-cycled fabric creations! Plus screenprinting, jewelry making and more.

➤ Lego Creators Club (with Robots!)

Every Saturday, 2:00pm

Make anything you can imagine with our huge collection of Legos! Plus new challenges and tips every meeting. This season, explore the programmable universe of Lego Mindstorms with the library’s new EV3 robotics kits!

➤ Adults Learn to Read Free

Project Second Chance (PSC) is the Contra Costa County Library’s adult literacy program. **If you are interested in volunteering** to help an adult learn to read, write and spell better, registration is open for the September tutor training class. No previous teaching experience is required. Please visit ccclib.org/psc/tutors for more information. Together we make a difference!

➤ First Year Moms’ Group

Fridays, 10:00-11:00am

For parents with babies 0-12 months. Connect with other parents going through the same things! Topics covered include: breastfeeding, sleep routines, and introducing food. Hosted by Bethany, a doula and childbirth educator with SFBayBirth, who will be providing practical and evidence based information. Meet in Room A, then stay for Friday storytime in the main library at 11:15!

➤ Doorstep Farmers

Every Tuesday, 5:00-7:00pm

Pick up a box of organic fruits and vegetables every week at the Library! Contact Doorstep Farmers directly to sign up at (925) 349-4568 or www.doorstepfarmers.com. All subscribers who request delivery at the Library have the option to donate 5% to the Pleasant Hill Library.

➤ One-on-One Computer Tutor

Wednesdays & Fridays

Tutors assist with setting up email, Microsoft Word, basic Internet searches, printing and saving, and also with digital gadgets like laptops, smart phones, eReaders, and cameras. Please call or make an online reservation at www.ccclib.org.

➤ English Conversation Practice for Adult

Every Wednesday, 1:30-2:30pm

Practice speaking and listening to English in a casual ESL conversation group run by library staff. Drop-ins welcome. ♣



Just for teens

Teen Advisory Group
Every second Wednesday
of the month, 3:30-5:00pm

Meet with other teens and the young adult librarian to share and plan what you want to see happen at the library.

Storytimes



**Every Wednesday,
Thursday, Friday, and
Saturday, 11:15am,
plus Friday afternoons,
1:15pm**

Introduce your child to the wonderful world of words at any of our fun and musical storytimes!

Pleasant Hill Library display case

Reserve the library’s free lobby display case for your nonprofit organization and connect with 1,200 visitors a day. Contact the library at p hl@ccclib.org for an application.

For additional information and details on events, go to www.ccclib.org/locations/pleasanthill.html

Friends of the Pleasant Hill Library

GIANT BOOK SALE

Saturday, September 12, 10am-6:30pm



Saturday, September 12 is the next giant parking lot used book sale and e-waste collection event behind the Pleasant Hill Library. Early bird start 9:30am and general public invited 10:00am to 3:30pm.

Same great prices: \$1 hardbacks, 50¢ paperbacks and 25¢ children and teen books. Specially priced better books available. From 2:30 to closing, you can purchase a bag of books for \$3 (bring your own grocery bag or purchase one of ours).

Please come, and bring your friends. Proceeds from this sale provide programs and supplements the collections at the Pleasant Hill Library. ♣

Your kids are going back to school—are you ready to go back, too?

Are you inspired by Pinterest or YouTube? Live time is even better with Lifelong Education!

Did you know Mt. Diablo Adult Education's Lifelong Education Program offers a wide variety of enrichment classes for adults ages 18 and over at the Pleasant Hill Education Center?

Learn from the experts!

Research shows learning new mental and physical skills is beneficial to both your brain and well-being. Try a new class—Mindfulness, Cooking, Healthy Eating, Pilates, Tai Chi for Arthritis, Foreign Language, Woodworking and more!

The Fall Term begins September 8 and registration is open now. Visit the website at www.mt Diabloadulted.org then click on Lifelong Education to view the schedule of classes and register for class. ♣



Debra Bean Joins JFK University as first female President



Ms. Bean, who has been serving as Provost at National University, will guide Bay Area institution during the upcoming academic year

Debra Bean, a leader in higher education administration with a demonstrated commitment to ensuring academic quality and student success, has been named Interim President of John F. Kennedy University, which serves nearly 1,500 students in the San Francisco Bay Area. As the first female president for JFK University, she succeeds Dr. Charles “Mac” Powell who is now president of Bastyr University based in Washington.

Ms. Bean comes to JFK University from National University, the second-largest private, nonprofit university in California. She has been serving as Provost at National University since June 2014 and will be taking a temporary leave from this position to guide JFK University during the coming year. Ms. Bean brings more than a decade of experience in higher education administration, as well as in the business and nonprofit sectors. Both JFK University and National University are part of the National University System, which is comprised of private, nonprofit higher education institutions in California and Washington.

“John F. Kennedy University has an outstanding history of academic excellence and student achievement,” said Interim President Debra Bean. “I look forward to getting to know the faculty, staff, and students and leading the institution to greater recognition as a premier educational institution.”

Ms. Bean’s terminal degree is a Master of Fine Arts from The School of the Art Institute of Chicago. She also holds a Bachelor of Arts in Anthropology and a Bachelor of Fine Arts in Studio Art from the University of Colorado, Boulder. ♣

VOLUNTEER with AARP TAX-AIDE for 2016 TAX SEASON

Do you like working with people? Are you good with numbers? Contra Costa County AARP Tax-Aide is looking for volunteers to become members of a team providing free tax preparation for individuals of all ages. Tax-Aide volunteer positions include Tax Counselors who are trained by Tax-Aide and certified by IRS and Client Facilitators who schedule appointment and assist clients at tax sites. Orientation is in November 2015, classes for tax counselors start in January 2016. Service will be available from February through April 15, 2016.

If interested, apply online, www.aarp.org/taxvolunteer or call LaVerne Gordon at (925) 726-3199 for additional information and to apply. ♣

New Fall/Winter SPOTLIGHT now available!

Fall into fun with lots of exciting events, activities and classes for the whole family to enjoy. Visit pleasanthillrec.com for details and registration.

Teen Scene After School Program

- Pleasant Hill Teen Center, 147 Gregory Ln.

A fun and safe place for teens to go after school! The program offers a perfect combination of structured activities and time to just hang out. Transportation is available from PHMS and VVMS to Teen Center. Questions? Call (925) 691-5645

Teen Center Open House

- Wednesday, August 19, 6:00–7:30pm

Check out the Teen Scene! Meet staff, check out games and activities, and enter prize drawing. Signups for after-school program and teen classes.

Share the Magic

- Friday, October 23, 7:00-10:00pm
- PH Community Center: Perera Pavilion

All new show every year! Enjoy evening filled with fun, mystery, and excitement. See illusions, card experts, closeup performers, by the Society of American Magicians. Come in costume for chance to win a prize. Pre-registration required; call (925) 682-0898. Admission: \$10 in advance/\$12 at door. Tickets available online.

Family Fun Triathlon (8 yrs & up)

- November 1, 9:00am (Check in at 8:00am)
- Pre-register by October 15

PH Education Center, 1 Santa Barbara Rd
Sign up for this non-competitive, family fun fitness triathlon (Swim, Bike, Run)! Prepare in advance at Triathlon Training Camp, Sundays 9/13-11/1, 8:30-11:30 am. Register for both at pleasanthillrec.com. Pre-registration ends 10/15.

40th Anniversary! Turkey Trot Trail Run (All ages)

- November 22, 9:00 am-1:00pm
- Briones Regional Park: Bear Creek Entrance

Experience the tradition of the annual 8.4-mile race in the beautiful hills of Briones Regional Park. Winners take home a turkey for Thanksgiving dinner! Not for beginning joggers. Rain or shine.

Pre-registration ends November 11. Call (925) 682-0896, email ssgeorge@pleasanthillrec.com or visit pleasanthillrec.com for information and registration

Fall Adult Sports Leagues—Team up with some friends for adult sports fun.

Soccer, softball, flag football, cornhole (new), and kickball league play starts early October. Team registration packets at pleasanthillrecsports.com or email ssgeorge@pleasanthillrec.com.

FREE NFL Punt, Pass, Kick Event

- September 19, 10:00am
- Pleasant Hill Park Field, 147 Gregory Lane

Boys and Girls (8-13 yrs) are welcome to participate in this national football skills competition against their peers. Birth certificate required. Co-sponsored by the NFL.

Join Mt. Diablo Dolphins Youth Swim Team

Registered with USA Swim Club, swimmers will be competing in USA swim meets in the fall (short course season). Age group is determined by the swimmer's age for the 2016 summer season. Visit pleasanthillrec.com.

Special Recreation Dances Music by Rhythm Master DJ

- Fridays, 7:00–9:00pm
- 9/18—Walnut Creek Heather Farms
- 10/16—Pleasant Hill Senior Center
- 11/13—Concord Senior Center
- 12/18—Walnut Creek Heather Farms

Admission: \$7 per person (Caregivers free) For more information, call Katrina Hunn at (925) 691-5645.



Trunk or Treat

- Friday, October 30, 6:00-8:00pm
- PH Teen Center Parking lot, 147 Gregory Ln

Family fun! Trick-R-treat from decorated vehicle trunks decked out in spooktacular style. Crafts, activities and goodie bag for each child. Hot dogs and drinks available for \$1.



Holiday Event Rentals

Pleasant Hill Recreation & Park District has the perfect venue for your family or business holiday parties and events. Contact Ryan Herriman at (925) 676-5200.

13th Annual

Free Music • Premium Wine • Craft Beer • Arts & Crafts

New Expanded
KidZone
Entertainment & Activities

ART JAZZ AND WINE FEST



PLEASANT HILL
Chamber of Commerce

Downtown Pleasant Hill

Saturday, October 3rd

10:00 am - 6:00 pm

Sunday, October 4th

11:00 am - 5:00 pm

WISE GIRL

RISTORANTE ITALIANO & COCKTAILS
presents

Saturday Evening Concert
featuring East Bay Mudd

6:30 - 8:45 pm

Discover local, craft brews in the
Craft Beer Garden!

Musical Entertainment

Saturday

- 11:00 am • David Correa (Latin Guitar Fusion)
- 12:45 pm • Soul Faiyah (Soul & Blues)
- 2:30 pm • Jinx Jones and the Kingtones (Rockabilly, Rock & Roll)
- 4:15 pm • The Big Jangle (Tom Petty Tribute)

Saturday Evening Concert

- 6:30 pm • East Bay Mudd (Soul, Funk and R&B)

Sunday

- 11:00 am • Charged Particles (Jazz)
- 1:00 pm • Ray Obiedo & Mistura Fina (Contemporary Jazz Guitar)
- 3:00 pm • Groove Doctors (Rock & Roll, Party Dance Band)

KidZone Entertainment

Samantha Samuels
Hosting and Performing
Selections from her Popular
KABARET FOR KIDS Variety Show

Encore Gymnastics

Singers From Star Quest
Pleasant Hill's Premier
Youth Talent Show

Dae Han Martial Arts

USKS Family Martial Arts
Dance Connection

"Fame", Yamaha Music Center

Andrea Gaspari
Musical Adventures

Contra Costa Chinese Cultural Dance
Enrichment Dance

Zappo the Magician

Studio A Dancers of Pleasant Hill
Voted "Best of the East Bay" by Diablo Magazine

Da Island Way Polynesian Dancers
Boswick the Clown

TALENT AND TIMES ARE SUBJECT TO CHANGE

In Partnership With



Event Sponsors



... fun family festival ...

Fantastic family fun at this year's Art, Jazz & Wine Festival

Enjoy live music, artisan vendors, premium wine, craft beer and a newly expanded KidZone on October 3 and 4 in Downtown Pleasant Hill!

Mark your calendars for Pleasant Hill's premier event! It's time once again for the 13th Annual Art, Jazz and Wine Fest in Downtown Pleasant Hill on Saturday October 3 from 10:00am to 6:00pm, followed by an evening concert at 6:30pm, and Sunday October 4 from 11:00am to 5:00pm.



The Pleasant Hill Chamber of Commerce, in partnership with the City of Pleasant Hill and Downtown Pleasant Hill, presents a weekend of live music, fun entertainment and activities for children, arts and crafts vendors, as well as featuring local wines and craft brews. Best of all, general admission is FREE!

Live music

Enjoy two full days of live music starting Saturday with David Correa, Soul Faiyah, Jinx Jones and the Big Jangle.



Back by popular demand, East Bay Mudd will perform at the Saturday Evening Concert from 6:30–8:45pm. Sunday's lineup features Charged Particles, Ray Obiedo & Mistura Fina, and the Groove Doctors.

Wine, Arts & Crafts on Crescent Drive

"Stroll down Crescent Drive and shop at more than 70 booths featuring handmade crafts, fine art, textiles, jewelry, and more," says Ann Luke, President & CEO of the Chamber of Commerce. "And don't miss a visit to our Premium Wine Pavilion, featuring award winning California wines.



Representatives from Napa, Sonoma and Livermore wineries will offer insights to their regional varietals, showcasing their finest wines and answering your questions."

Craft Beer Garden

New last year, and very popular with both singles and families, was the Craft Beer Garden, due to its proximity to the family entertainment. The Garden will have live entertainment and will be located across from the KidZone.

ART JAZZ AND WINE FEST



Expanded KidZone at City Hall lawn

This year look for our newly expanded KidZone. Children will enjoy the bounce house and walk, crawl or run in the water balls activity. Popular children's entertainer Samantha Samuels presents the children's stage entertainment which includes a magic show, Da Island Way Polynesian Dancers, Pleasant Hill Star Quest performers, Andrea's Musical Adventures and much more.

For more information or for overnight lodging

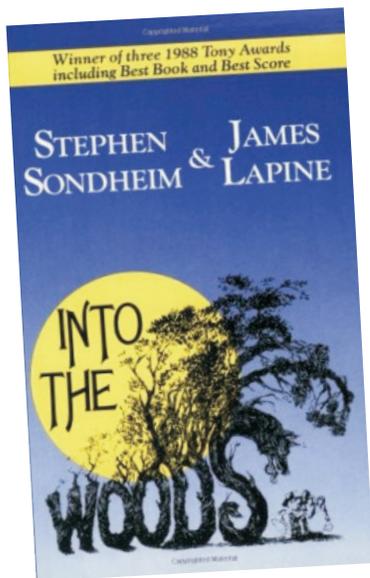
Please visit www.pleasanthillchamber.com and keep up to date on our events schedule, wine and beer list, art vendor updates, and special offers! Don't forget to like us on Facebook for your chance to win FREE tickets for wine and craft beer. See you there!



DVC Drama opens season with Stephen Sondheim classic, *Into The Woods*

"Total enchantment. A spell bounding score, witty enough to make old stories fresh for adults, lovely enough to enchant youngsters." —Daily News

Stephen Sondheim's Tony Award-winning masterpiece based on James Lapine's book weaves together beloved fairy tales about wishes, family, and the choices we make. The story follows a Baker and his wife who wish to have a child, Cinderella who wishes to attend the King's Festival, and Jack who wishes his cow would give milk. Everyone's wish is granted, but the consequences of their actions return to haunt them later with disastrous results.



Into The Woods is directed by Lisa Drummond with Musical Direction by Enrico Banson. The show runs October 23-November 8. Show Times are Friday and Saturday at 8:00pm; Sunday November 1 and November 8 at 2:30pm.

For tickets, call (925) 969-2358 or go to our website at www.dvcdrama.net.

DVC Drama is located at 321 Golf Club Rd, Pleasant Hill. Free parking for all performances. ♣

Join us at the beautiful recently renovated Contra Costa Country Club for this exciting fundraiser benefitting the Pleasant Oaks Park Youth Playground and the Community Foundation Youth Grants.

Contact Bob Berggren to register your foursome or for sponsorship opportunities at (925) 682-0896, Ext. 18 or email at: bberggren@pleasanthillrec.com.

Don't miss this 3rd workshop offered to the Pleasant Hill Business Community by the Pleasant Hill Chamber, the City of Pleasant Hill, and the Small Business Development Center.

BUSINESS RUNWAY 2015



Thursday, September 10

Constant Contact - Campaigns That Drive Action Newsletters & Announcements Featuring Email and Social Engagement

Registration 7:45 am
8:00 - 10:00 am
Workshop /Q&A

location:
John F. Kennedy University
100 Ellinwood Way, PH

PH Chamber Members - Registration **FREE** before
September 9th • Non-Chamber Members - \$15

Register online: <http://businessrunway15constantcontact.eventbrite.com> or call the Pleasant Hill Chamber of Commerce at (925) 687-0700



Featured Speaker

Elyse Tager
Small Business Marketing Expert

Elyse has more than 20 years experience supporting small business, with a background in social media, online marketing strategy and marketing education. Elyse draws from this experience to be a valuable resource to local small businesses, nonprofits, and associations.



Cyber bullying event at City Hall

The PH Education Commission is co-hosting a forum for parents on cyber bullying in Middle Schools through the use of social media. The event will feature a presentation by a Sacramento based organization, 'Above The Fray'. Organized jointly with Sequoia Middle School, the free event begins at 7pm in the City Council Chambers at City Hall on Thursday, September 24. ♣



Free! sunset by the lake
LIVE Music & FUN
6-8pm!
Summer concerts
Sept 6
Pleasant Hill City Hall
 Gregory Ln & Cleaveland Rd



Big Jangle... Tom Petty Tribute Band

Sponsored by
Sheila's Daycare
Casey Strand Chiropractor
Dallimonti's Italian Restaurant

Food/Beverage sales by
 Steel Smokin BBQ
 Lucky 13 Beer & Wine
 Ice cream sales by
 Boy Scout Troop 221

Visit www.pleasanthillconcerts.com for all concert information. Organized by Pleasant Hill Civic Action Commission



RE/MAX Today
 Don & Norma Flaserud
 Erik Flaserud
 Erin Springer Anderson
 Realtors DRE#00971602



Sustainable Living Workshops

Canning & Preserving

Sept 17

Capture the fresh flavors of summer for enjoyment year-round, with this hands-on lesson on canning, drying, and pickling your summer produce.

Additional material fees may apply.



Simple Herbal Remedies

Oct 15

With cold season approaching, learn about herbal remedies for all ages, see what "folk remedies" work and learn how to strengthen your immune system. Make herbal teas to take home!



Time: 10 am - 12 noon

Location: Rodgers Ranch,
 315 Cortsen Rd, Pleasant Hill

Info and registration:
www.sustainablecoco.org/workshops



Our rockin' community! Events for September and October 2015...

Date	Event	Location	Organization	Contact
Sep 6	Summer concert "Big Jangle"	Pleasant Hill City Hall lawn	City of Pleasant Hill	671-5229
Sep 10	CMS: Why do I need a PERS?	PH Senior Center	PH Senior Center	798-8788
Sep 10	Business Runway 2015	JFK University	PH Chamber of Commerce	www.pleasanthillchamber.com
Sep 11	Vagabond Players "Flamingo Court"	PH Senior Center	PH Senior Center	798-8788
Sep 12	Friends of PH Library Book Sale	PH Library parking lot	Friends of the PH Library	
Sep 14	Night of 1,000 Inventions	PH Library	PH Library	www.ccclib.org
Sep 17	Sustainable Living Series: Canning...	Rodgers Ranch	Rodgers Ranch Heritage Center	www.sustainablecoco.org
Sep 19	Punt, Pass, Kick Event	PH Community Center	PH Rec & Park	682-0896
Sep 24	Cyber bullying forum	Pleasant Hill City Hall	Sequoia Middle School, Pleasant Hill City	671-5229
Sep 25	60th Anniversary Open House	PH Senior Center	PH Senior Center	798-8788
Sep 26	Community Service Day	PH Park and all over town	PH Civic Action Commission	671-5229
Sep 28	PH Community Foundation Golf Classic	Contra Costa Country Club	PH Community Foundation	682-0896
Sep 28	Azúcar Quartet	PH Library	PH Library	www.ccclib.org
Sep 29	Compost Workshop	Pleasant Hill City Hall	City of Pleasant Hill	671-5265
Oct 3	E-Waste recycling	DVC parking lot, Golf Club Rd	Electronic Waste Management	(866) 335-3373
Oct 3-4	Art, Jazz and Wine Fest	Downtown Pleasant Hill	PH Chamber of Commerce	www.pleasanthillchamber.com
Oct 8	CMS: Alzheimer's 101	PH Senior Center	PH Senior Center	798-8788
Oct 14	Compost Workshop	Pleasant Hill City Hall	City of Pleasant Hill	671-5265
Oct 15	Sustainable Living Series: Herbal Remedies	Rodgers Ranch	Rodgers Ranch Heritage Center	www.sustainablecoco.org
Oct 16	Family Caregiver Retreat	Hope Center Covenant Church	PH Commission on Aging	671-5221
Oct 23	CHP Age Well, Drive Smart	PH Senior Center	PH Senior Center	798-8788
Oct 23	Share the Magic	PH Community Center	PH Rec & Park	682-0896
Oct 23-Nov 8	DVC Drama: "Into the Woods"	DVC Theatre	DVC Drama	969-2358
Oct 30	Trunk or Treat	PH Teen Center parking lot	PH Teen Center	682-0896

The City of Pleasant Hill is committed to promoting and supporting the business community within the City. The economic vitality of Pleasant Hill is dependent on a strong business sector, and the City plays an important role in making this happen. To find out more about Economic Development efforts in Pleasant Hill or for additional information on locating or expanding your business operations in the City, please contact Kelly Calhoun at (925) 671-5213 or Kcalhoun@pleasanthillca.org.



New businesses June 2015

Accutest Smog & Test Only Center

1855 Contra Costa Blvd. "R"
925-969-1649
www.accutestsmogcheck.com

Better Days Provider

(Non-Medical In-Home Care)
140 Mayhew Way, Suite 602
925-457-0720
www.betterdaysprovider.com

Big O Tires

(Automotive Repair & Tires)
1845 Contra Costa Blvd.
925-825-8203

Elite Auto Import

(Auto Broker/Dealer)
200 Gregory Lane, Suite C102
925-872-9291
www.eliteimportsales.com

Glassy Liquor

(Liquor/Tobacco & Groceries)
508-B Contra Costa Blvd.

Hair By Jenny (Hair Stylist)

2611 Pleasant Hill Road
925-405-2849

Jane McGuire (Hair Stylist)

1603 Oak Park Blvd.
925-812-2860

Kneedabrace, Inc. (Braces)

(Ankle/Arm/Elbow/Back/Neck/Foot)
3161 Putnam Blvd.
888-500-5994
www.kneedabrace.com

Personally Yours Skin Care

2230 Morello Avenue
925-280-8860

Pleasant Hill Orthodontics

3147 Putnam Blvd.
925-322-0005
www.phorthodontics.com

Pleasant Hill Family Dentist

401 Gregory Lane, #242
925-689-1020

Rev. Judi Garcia

(Spiritual Minister Classes)
140 Mayhew Way, #100
925-260-6089
www.revjudigarcia.com

Save On Smogs

(Test Only Smog Check)
1250 Contra Costa Blvd., #107
925-691-1045
www.saveonsmog.com

Spiegel Accountancy Corp.

2300 Contra Costa Blvd. #425
925-977-4000
www.spiegelcorp.com

Water Well Plus, LLC

(Water Well Service)
70 Doray Drive, #14C
800-933-2802

Yogurtland (Frozen Yogurt)

2390 Monument Blvd.
925-689-8929



Edison Electric

925-382-7753

MLR Investigations

(Background Investigations)
510-918-7782

Myrna Casco Insurance Agency

925-285-8038
The Quackenbush Group, Inc.
(Office-Business Mgmt. & Account-
ing/Bookkeeping)
650-678-5898

New businesses July 2015

Acceptance Insurance of TN, Inc.

(Insurance Agency)
54 Golf Club Road
925-602-1150

Caponio Chiropractic, Inc.

140 Mayhew Way, #502
925-818-6894
www.caponiochiropractic.com

Dollar Store & More

510 Contra Costa Blvd, #C
925-822-3943

Heavenly Harmonies & Bodies (Holistic

Sound-Tuning Forks/Singingbowls)
140 Mayhew Way
925-699-4388

Jamba Juice

65 Crescent Drive
925-691-1988
www.jambajuice.com

Mann's Pizza

30 Golf Club Road
925-497-0861

City Meetings

SEPTEMBER

WHEN	WHAT	WHERE
Wed 2 9:00am	Commission on Aging	City Hall Small Comm Room
Wed 2 6:30pm	Civic Action Commission	City Hall Small Comm Room
Thu 3 5:00pm	Architectural Review Commission	City Hall Community Room
Tue 8 6:00pm	Traffic Safety Commission	City Hall Community Room
Tue 8 7:30pm	Planning Commission (public hearing)*	Council Chambers
Thu 10 5:00pm	Zoning Administrator (public hearing)	Planning/Public Works Conference Room
Thu 17 5:00pm	Architectural Review Commission	City Hall Community Room
Tue 22 7:30pm	Planning Commission (public hearing)*	Council Chambers
Wed 23 6:00pm	Education Commission	City Hall Community Room
Thu 24 5:00pm	Zoning Administrator (public hearing)	Planning/Public Works Conference Room
Mon 28 7:30pm	City Council*	Council Chambers

OCTOBER

WHEN	WHAT	WHERE
Thu 1 5:00pm	Architectural Review Commission	City Hall Community Room
Mon 5 7:30pm	City Council*	Council Chambers
Wed 7 9:00am	Commission on Aging	City Hall Small Comm Room
Wed 7 6:30pm	Civic Action Commission	City Hall Small Comm Room
Thu 8 5:00pm	Zoning Administrator (public hearing)	Planning/Public Works Conference Room
Tue 13 6:00pm	Traffic Safety Commission	City Hall Community Room
Tue 13 7:30pm	Planning Commission (public hearing)*	Council Chambers
Thu 15 5:00pm	Architectural Review Commission	City Hall Community Room
Mon 19 7:30pm	City Council*	Council Chambers
Thu 22 5:00pm	Zoning Administrator (public hearing)	Planning/Public Works Conference Room
Tue 27 7:30pm	Planning Commission (public hearing)*	Council Chambers
Wed 28 7:00pm	Education Commission	City Hall Comm Room

* Live streaming of these meetings is available on the City's website at www.pleasanthillca.org/media.

The City Channel is looking for volunteers!

Be a part of creating exciting television programs right here in Pleasant Hill. If you are a student of film or television production or just interested in learning how a show is put together, come volunteer to be part of the City Channel crew. No experience is necessary. Contact Larry Hunt at larrylogic@gmail.com. The City Channel airs on Comcast Channel 28, Astound Channel 29, and AT&T UVerse Channel 99. For more information on Pleasant Hill's City Channel go to www.pleasanthillca.org/citychannel.



CITY OF PLEASANT HILL
 100 Gregory Lane
 Pleasant Hill, CA 94523-3323
 (925) 671-5270
www.pleasanthillca.org

CITY OFFICIALS

Mayor Ken Carlson
 Vice Mayor David Durant

Councilmembers

Tim Flaherty • Michael G. Harris
 Sue Noack

City Manager June Catalano
 City Treasurer Mark W. Celio
 City Clerk Paige Kremser Stenrud

City Council meetings are broadcast on Comcast channel 28, U-Verse Channel 99, and Astound Channel 29 on 1st and 3rd Wednesdays at 7:30pm.

Videos of meetings are also available on the City website under "Media Center."

CITY HALL HOURS

Monday–Wednesday 8:30am–5:00pm
 Thursday 8:30am–6:00pm
 Friday 8:30am–1:00pm



The City of Pleasant Hill newsletter is published bimonthly. Deadline for articles for Nov/Dec is October 9. Ideas are always welcome. Local non-profit groups may submit articles to the Public Information Officer at 100 Gregory Lane, Pleasant Hill, CA 94523. For information, call Martin Nelis at (925) 671-5229 or email to mnelis@pleasanthillca.org.

PUBLISHED ON RECYCLED PAPER



Editor/Writer Martin Nelis, PIO
 Design/misc photos Donaghu Graphic Designs

COVER: Lake at Award-winning City Hall

Important Phone Numbers

Police/Fire Emergency 911
 Police (Business) (925) 288-4600
 Fire (Business) (925) 941-3300
 Public Services Center (925) 671-4646
 Chamber of Commerce (925) 687-0700
 Recreation & Parks (925) 682-0896
 Trash and recycling (925) 685-4711
 PG&E (800) 743-5000
 Senior Center (925) 798-8788
 Senior Van Service (925) 671-5272
 Library (925) 646-6434



City of Pleasant Hill
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Pleasant Hill, CA 94523-3323
www.pleasant-hill.net

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In-home date by Sep 3

New LED streetlights to be installed in Pleasant Hill

LED streetlights brighten streets and neighborhoods, providing residents with reliable, clean and affordable energy.

The City is working with PG&E to convert approximately 1,600 PG&E owned non-decorative streetlights to energy efficient and longer lasting Light Emitting Diode (LED) fixtures. PG&E will begin installation of the new fixtures in late September.

LED streetlights use 50 to 75 percent less energy than traditional bulbs, significantly reduce greenhouse gas emissions and require less maintenance. New LED streetlights, which provide a more natural-looking light, can last up to four times longer than traditional bulbs. The optical technology in LED lights creates more evenly distributed light, resulting in greater visibility for pedestrians and drivers alike.

Each installation takes approximately 10 minutes per lamp fixture. Residents will be notified of replacement activity occurring in their neighborhood prior to PG&E's arrival. PG&E expects no service disruption as a result of this work. Residents can go to www.pge.com/streetlightupgrade or email streetlightupgrade@pge.com with any questions. ♣



What are the benefits of LED streetlights?

- **Energy efficiency:** LED fixtures use 50-75% less energy than traditional (HPSV) bulbs.
- **Cost savings:** Monthly energy cost is significantly reduced when an HPSV bulb is replaced with an LED fixture of the same wattage.
- **Reliability:** LED technology keeps most of its light output up to four times longer. Since all of the PG&E-owned streetlights in the city are being upgraded at the same time, the lights are not expected to burn out for up to 20 years.
- **Improved safety:** LEDs provide a more natural-looking and evenly distributed light, resulting in greater visibility for pedestrians and drivers alike.
- **Reduced carbon footprint:** Using less energy per light reduces greenhouse gas emissions and will help Pleasant Hill reach its long-term energy goals.

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