



# PLEASANT HILL COMMISSION ON AGING MEETING

WEDNESDAY, MARCH 4, 2009

9:30 A.M.

Small Community Room at City Hall  
100 Gregory Lane, Pleasant Hill, CA

*Chair:* Betty Hambly

*Vice Chair:* Jane Fuentes

*Members:* Gloria Alsheimer, Gerhard Heinrich, Shirley Huyck, Kit Livingston,  
Ruby MacDonald, Richard Travis, Renita Vinluan-Fan

*Staff Liaison:* Linda Stehr

## AGENDA

1. Public Comment
2. Approval of Minutes for Commission Meeting of February 4, 2009
3. Selection of Commissioner to Attend Central Contra Costa County Senior Coalition Meeting on March 24, 2009
4. Monthly Reports:

A. Jennifer Pearce	Contra Costa County Advisory Council on Aging
B. Kit Livingston	Health Issues
C. Gloria Alsheimer	Physical Education
D. Ruby MacDonald	Publicity & Mental Health/Proposed Senior Center
E. Gerhard Heinrich	City Council & Aging Research
F. Renita Vinluan-Fan	Programs of All-Inclusive Care for the Elderly (PACE)
G. Jane Fuentes	Senior Health Insurance
H. Betty Hambly	Historian/Sunshine Duties
I. Shirley Huyck	Senior Van/Transportation
J. Sybil Disch	Senior Citizens' Club
5. Correspondence
6. Announcements
7. Adjournment

Next Meeting: The next regular meeting will be held on April 1, 2009, at 9:30 a.m.  
(Agenda items due March 25, 2009)

*If you are unable to attend, please contact Lynn Boardman or Linda Stehr at 671-5237.*