

the OUTLOOK



of Pleasant Hill, California



LESS TALK, MORE ACTION at the 5th Annual Community Service Day

Devote a few hours to giving back to your community...join your friends and neighbors and make Pleasant Hill an even better place to live!

On Saturday, **September 26** families from all over Pleasant Hill will gather at PH Park for a pancake breakfast and then disperse throughout the city to work on various projects which help make our community a great place to live, work, and play. It's called Community Service Day—and YOU are invited.

"This is our 5th Annual Community Service Day event and it seems to be getting larger every year" said Tim Flaherty, Chairperson of the Civic Action Commission which sponsors the event. "Year after year we are delighted with the response from Pleasant Hill residents, and I strongly encourage everyone to participate again."

—Continued on page 2



Join us again for Community Service Day, this year on September 26

Are you ready to get in the ZONE!?

The Pleasant Hill Library will soon unveil a new program called the "Green Zone." Just what is the Green Zone? It is a program designed to promote reuse, to increase recycling, and to assist the City of Pleasant Hill divert usable materials from landfills. The State of California mandates that all cities in California continue to increase the diversion of solid waste from landfills, and the Green Zone is designed to show us all how we can be part of the solution.

Located in the Pleasant Hill Library, the Green Zone will include an extensive collection of books, periodicals and audio/visual media, web resources, and educational programs. All of these resources are selected to help adults, teens, children, seniors, businesses, and residents who live and work in Pleasant Hill do their own research and reading on environmental concepts and solutions.

The library has always been a place where we can all practice reuse. The Green Zone is a place for anyone to come learn and discover more about waste prevention, new ideas on reuse, more about what is recyclable, and how simple it is to compost food scraps and yard trimmings. Throughout the year the Green Zone will also periodically host information seminars on current environmental topics and concepts.

For an update on the Green Zone keep an eye out for the next issue of the Pleasant Hill Outlook—or better yet, stop by the Pleasant Hill Library to see what's happening in the Green Zone.

For more information on waste prevention, reuse, recycling and composting—and updates on Green Zone programs—visit www.PleasantHillRecycles.org or call 671-5229.



A ONE-STOP Opportunity for Seniors to Improve their QUALITY OF LIFE!

See page 2.

Community Service Day

—continued from page 1



Beginning at 7:30am, the PH Lions Club will cook up a delicious pancake breakfast for all participants, and the first 600 volunteers all receive a free event T-Shirt.

Last year, more than 800 volunteers worked on 23 projects citywide. Projects included landscaping parks, repairing bicycles, painting preschools, cleaning up creeks, and donating blood. Event organizers, the Pleasant Hill Civic Action Commissioners, plan to do even better this year with more volunteers and possibly more projects to work on.

If you want to volunteer or register a project for inclusion in the event, go to www.ci.pleasant-hill.ca.us/CSD and submit the appropriate form online. For more information call Martin Nelis, City Public Information Officer, at 671-5229 or email him at mnelis@ci.pleasant-hill.ca.us. This event is open to all ages—families and children are very welcome. ♣



2nd Senior Summit at the Community Center

FOR...Seniors, people who care for Seniors and people about to become Seniors. A ONE-STOP Opportunity to Improve your QUALITY OF LIFE!

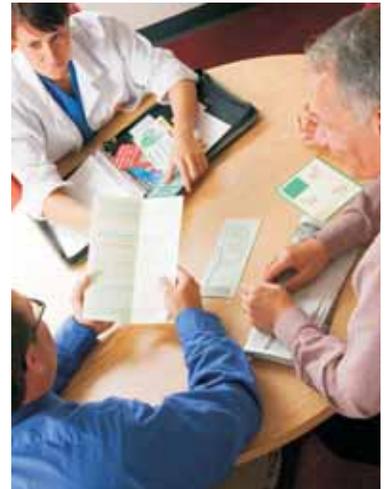


Sunday, October 18, 2009, Noon to 3pm.

The Senior Summit at the Pleasant Hill Community Center on Sunday, October 18 promises to be a wonderful and enlightening experience. With more than 50 vendors, top-notch speakers and lots of free giveaways, the Summit will entertain, educate, and provide information on a range of services, and products to the senior community.

This is an event for seniors, people who care for seniors, and people about to become seniors, and will provide resources, information, and practical advice on senior issues. Participant booths will include:

- Local restaurants
- Assisted living and homecare specialists
- Representatives from area hospitals and healthcare companies providing free health screenings
- Free advice and counseling on issues such as elder abuse and financial planning
- Health and fitness trainers
- Massage therapists giving free massages



The event also features enlightening speakers on:

- **Fitness for Seniors** — Walking into the Golden Years
- **Financial Integrity** — Common legal mistakes Seniors should avoid
- **Generational Conversations** — Shifting roles as we age

The Summit is FREE to everyone—with refreshments and giveaways included—and takes place at the Pleasant Hill Community Center from Noon to 3:00pm on October 18.

The event is organized by the City of Pleasant Hill, Pleasant Hill Recreation and Park District, and the Pleasant Hill Chamber of Commerce. For more information contact Linda Stehr at 671-5284 or email lstehr@ci.pleasant-hill.ca.us. ♣



Contra Costa Boulevard resurfacing project

The City is resurfacing Contra Costa Boulevard between 2nd Avenue South and I-680 Freeway off-ramp (near the Target Store entrance). The project was awarded \$842,000 in American Recovery & Reinvestment Act (ARRA) grant monies as part of a Federal Stimulus Package. Construction work began in August, and the project is expected to be completed by late October 2009. The major paving work will be done during the nighttime hours in order to minimize the impact to motorists and businesses.

The scope of work includes pavement grinding, pavement failure repairs, sidewalk and concrete repairs, new traffic striping, center median work, handicap accessible curb ramps and new pavement overlay and incidentals. Also included in this project is some limited concrete sidewalk and handicap accessible curb ramps work along Contra Costa Blvd. between Cottonwood Drive and Chilpancingo Parkway. Expect lane closures and delays during daytime hours. We appreciate your patience and cooperation during construction. ♣

Workshop at City Hall to improve permit process

The Public Works and Community Development Department will hold a public workshop on Wednesday, September 30, at 6:00pm to receive input on streamlining and improving the City's permit process. Representatives from the Planning, Building and Engineering Divisions will attend to receive comments and feedback about the existing process and discuss ways for improvement. The ideas generated at this workshop will help City staff to propose changes to existing ordinances and procedures that can improve the permit review process.

The workshop will be held at City Hall, 100 Gregory Lane, at the Large Community Room. Please take this opportunity to share your ideas and suggestions! If you would like any further information, please contact Greg Fuz, City Planner, gfuz@ci.pleasant-hill.ca.us. ♣

Design awards announced by ARC

The City of Pleasant Hill Architectural Review Commission is developing a Design Awards program to recognize and acknowledge superior project design. The awards will recognize construction projects involving sustainable design, sustainable (green) materials, unique design solutions, energy conserving construction and design, and adherence to the principles of the City's Design Guidelines. Awards will be considered for various types of construction, including residential, multi-family and commercial projects. The Architectural Review Commission will establish procedures and criteria for submitting nominations and granting awards. Look for further information in the coming weeks on the City's webpage. We're looking forward to receiving your nominations! ♣

City seeks volunteer for Aviation Advisory Committee



The Pleasant Hill City Council is looking for someone to fill the position of City Representative to the Contra Costa County Aviation Advisory Committee. This Committee provides advice and recommendations to the Board of Supervisors on the general subject of aviation issues related to the airports in Contra Costa County. The Committee also provides a forum for the Manager of

Airports regarding operational and/or policy matters at and around the airports. Meetings are held the 3rd Tuesday of each month at 7:30pm at Buchanan Field Airport. To receive an application and more details about the Committee, contact Linda Stehr by phone at 671-5284 or e-mail at lstehr@ci.pleasant-hill.ca.us. ♣

Letter to homeowners from the City Building Crew

SOME TIPS WHEN BUYING OR SELLING YOUR HOME...

- **Buying:** Start with your local Building Division counter and request address files to inspect and confirm that the house you are buying matches the house you are looking at. You can also check with the Engineering Division to find out if there are any easements on the property which you are purchasing.
- **Selling:** When selling your home, call your local Building Division to confirm if all past permits on the property have been inspected, completed, and finalized. If repairs are needed in order to sell the home, call the Building Division to find out if a permit is required for this kind of work.

If you are a buyer or seller, a building permit ensures that you are prepared to start repairs or enhancements to your home in accordance with City-reviewed codes. Your home is a substantial investment. By obtaining the necessary permits, the seller or potential buyer is assured that code requirements were followed and consistently satisfied. Your permit includes scheduled inspections by the Building Division staff to confirm adherence to local codes, which are in place to preserve public health, safety, and welfare. By following code guidelines, your completed work will meet established standards of construction and be a source of lasting value. If repair permits are needed to buy or sell your home, please contact the Building Division. If using a contractor for the repairs, please hire a licensed contractor.

Sincerely,

Mike, Vicki, Ed, and Brent
City Building Division, 671-5200

Maintenance is the key to preparing for fall/winter seasons

While some predict that rainfall and mountain snowfall may be below normal, you should still be prepared for rain. Here are some of the things that are being done to make sure that Pleasant Hill stays prepared for the fall and winter seasons.

The Maintenance Division has contacted over 400 homeowners whose property is adjacent to one of the City creeks or waterways. Each year the homeowners are asked to cleanup the debris and unwanted plant growth, such as invasive weeds, that could get in the way of storm water flowing in the creeks. City crews physically inspect the creeks and help homeowners identify what else needs to be done to complete the creek cleanup.

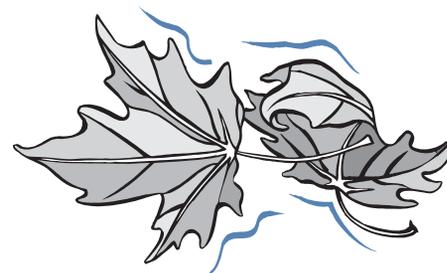
City Maintenance crews are working with the CivicCorps, previously known as the East Bay Conservation Corps, which provides work for local youth ages 18-24 to increase their awareness of the role of public and open space lands in the East Bay. The crews will clean critical storm drains, concrete structures, underneath bridges, roadside drainage areas, and vegetation and debris along creek banks. This is done annually to prepare the Pleasant Hill storm drain system for the coming winter rains. Approximately 200 cubic yards of weeds and debris (mostly green waste) are being removed for recycling.

The Maintenance Division has inspected all 1500 storm drain inlets

throughout the City, and each one has been cleaned as necessary. Dirt, debris, and other street waste were removed so that the storm drains will allow water to flow properly during the storm season.

Some additional things you can do to help

- Keep leaves and debris raked up regularly and disposed of properly in the green waste containers provided by your waste disposal company. Do not dump green waste into open space or the creek bed as this could potentially block the runoff into the storm drain system.
- Prune off dead branches that may fall into the streets.
- Do not store landscape soil and rocks in the street overnight, as they may wash into the storm drain system.
- Be aware that the street sweeper cannot pick up large piles of leaves. There could be a rock under the leaves, which would harm the sweeper machinery and take it out of service. Therefore, it is important that you pick up as many leaves as possible and dispose of them in your green



waste container. Do not rake leaves into the street.

- Monitor contractors and workers in your neighborhood to prevent them from dumping paint, soil, or landscape trash into storm drains or streets.
- Watch for anyone cleaning paint and/or chemicals and washing them into the streets; it is illegal to allow this to flow into the storm drain system. Call the City to report it (671-4646).
- Check the website (www.ci.pleasant-hill.ca.us) for news and updates, weather watches, and contact information for City offices.

If you have any questions at all about what to do to clean up your property, call the Maintenance Division (671-4646). New homeowners may find it especially helpful to ask for advice on proper methods for cleanup and disposal of unwanted plant growth. ♣

Backyard composting workshops at City Hall

The City of Pleasant Hill is hosting Free backyard composting workshops and offering residents high-quality compost bins for \$40 (retail \$129) for those who attend a workshop.

Composting your yard trimmings and food scraps is easy, great for your yard and garden, kind to our environment and good for you too! Save money, save water, and conserve natural resources. Find out how - attend a free workshop - register now by calling Annette Kaufmann at 671-5265 or go to www.ci.pleasant-hill.ca.us/compost.

Compost bins are regularly \$75 for residents and \$100 for non-residents but residents who attend a composting workshop only pay \$40.

Dates for upcoming compost workshops at the Large Community Room at City Hall, 100 Gregory Lane are:

Tuesday, September 15, Wednesday, October 14, and Wednesday, November 18, all from 7-9pm. ♣



Seasonal tree care pays off

Large, mature trees add great value to your property and to the community, so it's important to care for that resource. Due to the expense of replacing a large tree, it's a good idea to take the time and care to help a tree grow to its full potential. An unhealthy tree will cost more in the long run, so here are a few tips that can help you keep your trees healthy.

- Inspect the tree for any signs of decay or broken branches. Remove the broken limbs so they don't cause further damage to the tree or anything on the ground.
- Look for signs of declining health, such as die-back or unhealthy growth. The leaves may be discolored, brown, or dead.

- Look for pest infestation. Bees nesting in a tree can indicate a large area of decay; contact the local Beekeeper's Association to remove the beehive, and then inspect the decayed area of the tree.
- Large, mature trees often require the expertise and help of a tree care professional. Check your local Yellow Pages to find a certified arborist to do an inspection.
- Tree roots surrounding the trunk are both structural to support the tree, as well as being a vital link to the delivery of nutrients and water to the tree. Limit damage to the roots; avoid laying heavy items on or driving across the tree roots.

- During the summer it is critical that trees still be watered. In some cases, large trees have deep enough roots to have access to the ground water table. However, due to current drought restrictions, a change in the amount of water to the landscaped area may have a noticeable impact on the health of a tree. Deep watering encourages proper root growth.

While it may appear that large trees can grow on their own without any help, it is important that we take steps to care for our trees. More information can be found online, by meeting with a professional Arborist, or by contacting your local nursery. ♣



City launches new recycling and composting Mini-Grant program

The Pleasant Hill Civic Action Commission is 'going green' and has announced a new Grants program to

promote recycling and green activities and programs. The proposed project must be in the area of waste reduction or prevention, reuse, recycling, and composting. The City of Pleasant Hill is looking for innovative projects that will increase individual and community involvement in waste reduction and prevention efforts and decrease the amount of waste generated and sent to the County's landfills.

The City has allocated a limited amount of funding for this program. Applications will be accepted and evaluated on a "first come-first served basis" until the full amount allocated has been disbursed. The minimum award amount is \$500 and the maximum is \$2,500.

In general, to be considered for funding projects or programs must promote or implement one or more of the following four criteria:

1. Waste reduction in general by promoting less consumption, by using less

packaging, and by employing other methods to divert waste from landfill

2. Reuse of products, materials, and consumable items
3. Recycling at home, schools, or businesses
4. Composting at home, schools, or businesses

In addition to the above criteria, the organization applying for funding:

- must be located in Pleasant Hill or the activity for which the request is being made must occur in Pleasant Hill and must directly benefit the Pleasant Hill community;
- must be nonprofit and provide proof of nonprofit status; and.
- Must acknowledge the project was funded by the City of Pleasant Hill and where possible promote the www.PleasantHillRecycles.org website and the City recycling program

To apply for a grant or receive more information on this program please contact Martin Nelis at mnelis@ci.pleasant-hill.ca.us or call 925-671-5229. ♣

3% Interest* Attention Pleasant Hill Homeowners!

Is your home modernized and efficient?



3% interest loans available to help homeowners fix up their home. Funds can be used for a variety of items, such as....

- ◆ Kitchen and bath upgrades
- ◆ Interior/exterior paint
- ◆ New roofs and gutters
- ◆ Dual-pane energy-efficient windows
- ◆ Heating
- ◆ and more!
- ◆ Drainage

*Program has certain restrictions and qualification criteria

For more information or to request an application, call the Agency Housing Coordinator, David Boatwright



CITY OF PLEASANT HILL



EQUAL HOUSING LENDER

671.5266

or email dboatwright@ci.pleasant-hill.ca.us

THE CHEF IS IN

This column is intended to highlight recently established restaurants, new menus, or improvements to existing businesses. This month's column features three of the many fine restaurants in Pleasant Hill. Highlighted are two new establishments in the Downtown area—Juste le Debut and Bubble & Crepe—and lastly, one of the City's better known eateries, Tahoe Joe's Famous Steakhouse on Contra Costa Blvd.

Bubble & Crepe Too



Bubble & Crepe recently opened its second location at 35-D Crescent Drive in Downtown Pleasant Hill. The name of this delightful and intimate eatery stems from the term 'Bubble Tea' which is of Taiwanese origin and, of course, from the French word for pancake—'crepe.'

Bubble & Crepe offers savory & sweet crepes along with fruit smoothies, flavored drinks, flavored teas, gelato ice-cream, shaved ice and sorbet. Co-owner, April Tuan, who does all of her own painting and decorating, is excited about their new store on Crescent Drive and welcomes everyone to come and check out the bubbles in her teas. Visit them at www.bubbleandcrepe.com or call 798-8889.



Juste le Debut

This new Downtown restaurant focuses on small entrees, appetizers, salads and desserts in a friendly, fun, quick-serve environment. Using only fresh ingredients, all plates are prepared onsite in a full commercial kitchen under the tutelage of their culinary-trained chef.

"Juste le Debut is bringing a new dimension to the convenience food industry with new and exciting items bringing regulars back to discover tempting, innovative creations", said Cherie Eubanks, co-owner of Juste le Debut. "Whether it's a quick snack you want, or you wish to combine a couple of menu choices, we're here to meet your cravings".



"Our entrees and appetizers are priced below comparable offerings in fine dining establishments, and customers have the opportunity to experiment with a wide range of menu selections", said Cherie. "In fact, we have customers returning frequently to match their palates to many different choices and seasonal fare", she added. Juste le Debut is located at 35-F Crescent Drive and you can reach them at www.justeledebut.com or by calling 687-4553. Tahoe Joe's Famous Steakhouse



Dinner at Tahoe Joe's features award-winning steaks, chops, and seafood grilled over a real almond wood fire complemented by scratch-made sides and served in an atmosphere reminiscent of a first-rate ski lodge on Lake Tahoe. Features include Railroad Camp Shrimp, slow-roasted Joe's Steak, and to-die-for homemade Nevada Cheesecake. Open for lunch daily at 11am featuring 22 lunches under \$10! Don't forget about Tahoe Joe's \$1.99 Happy Hour Appetizers from 2-6pm daily and *all day* on Sundays. Become a "Friend of Joe" at www.tahoejoes.com and receive a complimentary appetizer just for joining and special offers throughout the year. Tahoe Joe's is located at 999 Contra Costa Blvd. ♣



Tahoe Joe's
Famous Steakhouse

County Connection Bus Schedule Changes

County Connection has recently implemented changes to several bus routes effective Sunday, August 23, 2009. Most of the changes were made to improve schedule adherence, BART and bus connections, and to address over-crowding on several bus routes. New schedules are posted on the agency website, www.cccta.org, and are available at BART stations, City Offices, libraries, and local hospitals.

Weekday Service Changes

- ROUTE 7—A trip from Pleasant Hill BART to Walnut Creek BART at 10:45am has been added
- ROUTE 9—The entire schedule has been revised
- ROUTE 10—Mid day service has been added to provide service every 30 minutes.
- ROUTE 15—The 4:40am trip leaving Concord BART, and the 5:25am trip leaving Willow Pass Rd./Ashdale have been eliminated
- ROUTE 16—The trips leaving Crescent Plaza at 4:27am and 5:27am, and leaving Concord BART at 5:05am adjust to leave 3 to 5 minutes earlier
- ROUTE 20—The trip leaving Concord BART at 10:15pm has been eliminated
- ROUTE 20W—Buses will no longer provide direct service to Waterworld
- ROUTE 21—Trips were added leaving Walnut Creek BART at 1:00pm and 3:00pm
- ROUTE 92X—Trips leaving Mitchell Park & Ride at 5:53am and 6:44am adjust to leave 5 minutes earlier
- ROUTE 93X—Trips leaving Hillcrest Park & Ride at 5:07am, 5:27am, and 5:53am will adjust to leave 5 to 6 minutes earlier
- ROUTE 95X—The entire schedule has been revised

Weekend Service and Select Service Changes

- ROUTE 314—The entire schedule has been revised
- ROUTE 320—The entire schedule has been revised
- 600 Series—Changes have been made to many of the schedules to accommodate additional demand on school days.

County Connection operates a fleet of 29-ft., 35-ft., and 40-ft. fully accessible fixed-route buses, and a fleet of 63 paratransit vehicles, carrying nearly 5,000,000 passengers each year. For specific schedule information, please call Customer Service 676-7500 or visit www.cccta.org for more information. ♣



Pleasant Hill Instructional Garden moves forward

The garden is coming into its own! Just two years ago, a group of students in Monika Olsen's Mt. Diablo Adult Education gardening design class decided to charge ahead and redo an eyesore. Just take a look at it now!



From hard packed earth, the group has created a garden of paths and beds, an information kiosk, a grape arbor, seating, dry creek beds, and bogs. Included in the garden are a variety of plants requiring low water and low maintenance. A high percentage of these plants are California natives. The garden is designed with a red, yellow, purple, and white color scheme to provide interest at all times of the year. Already workers have discovered birds, bees, butterflies, salamanders and even a small snake.

Pleasant Hill has shown great interest in the project. The Pleasant Hill Civic Action Commission provided initial funds to get the project started, and contributions have been received from the PH Garden Study Group and the Contra County Master Gardeners. Volunteer Day workers have dug, hauled, and planted in 2007 and 2008; Safeway has contributed snacks for work parties; and Navlets of

Pleasant Hill saves their damaged bags of soil for the garden.

The garden is a favorite spot for "soon to be" Eagle Scouts. They design and implement projects for the garden—first hauling and positioning border guards; then creating and building the information kiosk. One of the young men designed and built the grape arbor this past spring. Another has been designing and building a raised bed using donated rock from the Pleasant Hill Bart Station project. He plans to fill it with California native plants.

Another major project in 2009 has been to improve the watering system. Rather than watering with a system of hoses, drip irrigation trenches have been dredged and lines lain. The group is hoping to get the system running shortly. Contra Costa Central Sanitation water allows the garden to use recycled water.

The next project is to build a secure shed because the garden has lost tools and plants to theft. In addition, someone pried up and stole flagstones set in a path a few short weeks after they had been laid. Perhaps lighting and special cameras will be in the garden's future.

The group is excitedly planning a "Grand Opening" set for October 25. Prior to that, the Week of Caring and the Pleasant Hill Community Service Day will provide many opportunities to carry on the work. We look forward to the continuing involvement of the Pleasant Hill community. Work parties are scheduled for Thursday 8/20, 9-11am; Fri 8/21, 9-11am; Sun 9/6, 4-6pm; Sun 9/13, 4-6pm; and Sun 9/20, 4-6pm.

We welcome your donations of time, money or materials and tools. As a 501(c)(3), your donations are tax deductible. Please visit our web site at www.phig.webs.com. ♣



Local Rotary Club changes “reins” of leadership for 2009-2010

On July 2, Jim Bonato was named president of the Pleasant Hill Rotary Club for 2009-2010, assuming the reins from outgoing president Steve Wallace. “Under Steve’s leadership,” says Bonato, “club membership increased this past year, and we put the finishing touches on a special construction project at the Bay Area Crisis Nursery facility in Concord. I hope to build on Steve’s successes and continue to expand our contributions in the local community.”

“Lots of people know that Rotary clubs are service organizations,” states Bonato, “but few really understand the focus and purpose of these clubs. Rotary is a grassroots organization with clubs located throughout the world. The purpose of Rotary is to encourage and foster the ideal of service in the local community...and throughout the world. Due to the autonomous nature of each club, their impact is unique, limited only by the imagination and resources of each club’s members.

“For example,” explained Bonato, “our club supports the efforts of the ‘Give Hope...Give a Hand’ Foundation, which supplies simply-designed prosthetic hands to those in need throughout the world. The Foundation was co-developed and is led by Pleasant Hill Rotary Club member Michael Mendonca. To date, the Foundation has provided prosthetic hands to over 2,500 victims of landmines, mayhem, or accidents in 37 different countries. Already this year, 1,000 recipients have been identified in countries like Nepal, Rwanda, and Uganda and will be fitted with hands. Other Rotary clubs focus on increasing literacy, fighting hunger and poverty, reducing infant mortality, and making safe drinking water more accessible to communities throughout the world.”

Bonato’s theme for the club this year is borrowed from his years in the U.S. Army and Army Reserve—***Be all that you can be.*** “As volunteers, we all have different schedules and different amounts of discretionary time to give. By creating a variety of

service opportunities, the club allows its members to serve in new or unique opportunities that also fit their schedules.”

Service opportunities for members this year will include local community service such as:

- ▶ Helping to improve math and reading skills in people of all ages
- ▶ Sitting on a selection committee that awards scholarships to eighth grade and high school graduates to encourage college attendance
- ▶ Growing future Rotarians through College Park High School’s Interact Club

International service includes:

- ▶ Contributing to and participating in the eradication of polio in developing countries
- ▶ Taking part in humanitarian or goodwill projects like Rotary International’s literacy and drinking water projects

The Pleasant Hill Rotary Club is known for its diverse membership of community, business, and civic leaders, as well as for infusing all of its activities with fun, teamwork, and fellowship. “I am honored to be asked to lead this fantastic group of goodwill ambassadors to our local and world community,” says Bonato. “If you’d like to get a taste of what Rotary is all about and its spirit of service over self, come visit us at one of our weekly Thursday lunch meetings at the Pleasant Hill Community Center.”

Bonato also serves on the Pleasant Hill Planning Commission and is civilian coordinator of the City’s CERT program. ♣



Festa Italiano at Viano Winery

The annual Festa Italiano sponsored by the Pleasant Hill Branch of the American Association of University Women is a grand way to spend an October afternoon among friends and neighbors on the picturesque grounds of the Viano Winery in Martinez. This year, the festival will be held on Saturday, October 17, from 3:30 to 6:30pm.

Wine tasting will be co-hosted by the Viano Winery with their complimentary, engraved wine glasses. A fine Italian dinner follows the wine tasting. Tickets for the event cost \$30 each. Proceeds from this event funds the AAUW’s Educational Foundation which provides fellowships for graduate women seeking to achieve higher academic degrees, and for women who find it necessary to change careers.

Reservations need to be made before October 10 by contacting Lynn at 935-2109 or Alana at 933-4427. ♣

Bestselling authors and thought-leaders set to launch pioneering course, "Success Built to Last"

Two international authors—Mark and Bonita Thompson—are collaborating with JFK University to bring outstanding ideas from the world's best and brightest to a brand new JFKU course being offered to Bay Area corporate and community leaders.

John F. Kennedy University's Continuing Education (CE) division is launching a new cohort course this fall, *Success Built to Last*, with bestselling authors, educators and contemporary thought-leaders, Mark and Bonita Thompson. Based on their highly-acclaimed research and writings, this pioneering program will offer sessions during October/November at JFKU's Pleasant Hill campus.

This course, based on the international bestseller, *Success Built to Last*, will begin in a pilot phase as a leadership training program that embraces the values of John F. Kennedy University and the Thompsons, who have also taught at Stanford and Wharton Business School. The course material reflects their shared commitment to community service, collaboration and corporate social responsibility.

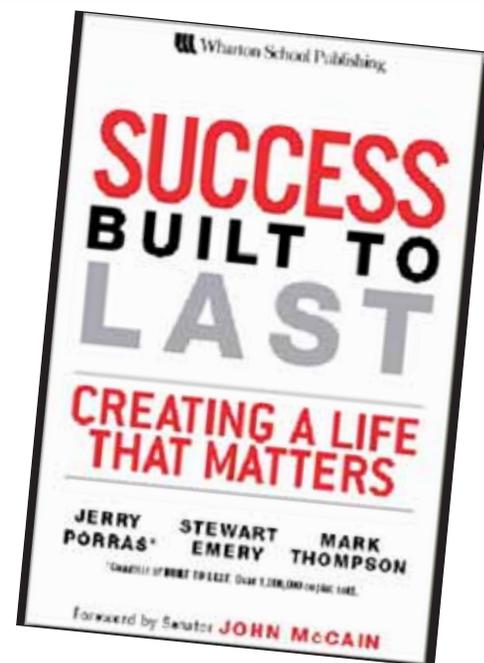
The *Success Built to Last* course will focus on fresh leadership techniques that help ignite growth in an era when neither organizations, nor careers appear to last. Course participants will explore and engage

motivation, incentives, work environments, and mindsets that inspire results.

During a 10-year period, the Thompsons interviewed managers, entrepreneurs, and billionaires, as well as presidents, Nobel Laureates, scientists, schoolteachers, and community workers—the famous and the unknown—who have impacted their fields for more than 20 years. Their studies found surprising distinctions that lead to enduring impact in business and in life.

This course will also use insights from the researchers' Wharton-based World Success Survey conducted in over 110 nations and a Stanford-based exploratory research project involving face-to-face conversations with hundreds of individuals in dozens of fields—from Richard Branson and Steve Jobs to Nelson Mandela and the Dalai Lama.

The initial course will be comprised of two 15-student cohorts, which will allow for an integrated and rich learning environment. JFK University alumni will be especially invited to apply for this innova-



tive and adventurous learning experience intended to accelerate participants' success. The course is designed for ambitious working adults with active lives and diverse experiences—those hungry to advance to the next level in their respective careers and lives.

Student scholarships are available for the \$500 tuition fee and will be applied towards those admitted to the course. For information or to apply, contact Joshua Lachs at jlachs@jfk.edu or (925) 969-3444. ♣



■ **Mark Thompson** is bestselling coauthor of *Success Built to Last*. Mark is a Visiting Scholar at his alma mater, Stanford University, and also served on the faculty of the World Economic Forum in Davos, Switzerland, and the R.W. Advanced Investment Advisor program at the University of Chicago. Reporting directly to Charles "Chuck" Schwab until 2000, Mark Thompson was Senior Vice President of the Schwab Client Experience and Chief Communications Officer for five million client accounts with over \$800 billion in client assets.

■ **Bonita Thompson** brings a unique combination of scientific method as well as practical business experience in large organizational environments. As Research Director for *Success Built to Last* she analyzed over 200 interviews to synthesize key elements of success. Trained in industrial psychology and statistics, she holds an MBA from U.C. Berkeley's Haas School of Business. Bonita will provide this seminar a blending of theory and practical application.

Busy times at the Pleasant Hill Senior Center

★ Bunco

Potluck at 4pm, Bunco begins at 5pm. Fun and friendly atmosphere where no prior knowledge of the game is necessary! Buy your ticket at the Senior Center!

Sunday, September 20,

October 25, 4pm-7pm

Tickets: \$4 plus bring potluck item to feed 4 people.

Senior Ctr.: 233 Gregory Lane, Bldg. 2

★ Fall Awareness—Maintaining your Independence

Did you know that 33% of adults over 65 fall every year? This four-part class series will teach you how to stay strong and stay on your feet! Topics include: risk factors for falling, beginning strength & balance, the Activity Pyramid, home assessment, medications, stretching for comfort and flexibility, maintaining strong bones with exercise and how to fall (and get up). Registration required – no drop in. 15-student class limit - register early! Instructor: John Muir Health Services

2212.702 Monday, October 2 – November 16, 11am–12pm

Fee: \$10—includes all four classes, theratube exerciser & exercise booklet
Senior Center: Bldg. 2, 233 Gregory Lane

★ Vagabond Players present “The Odd Couple”

A comedy about two roommates who are absolutely, positively, undeniably wrong for each other gets a new life with feminine masters of disaster. The two best friends, separated from their spouses, decide to share an apartment. An uproariously funny play!

Sunday, September 27, 2pm
(doors open at 1:40pm)

Tickets: \$4 presale/ \$6 at the door
Senior Ctr.: 233 Gregory Lane

★ Healthy Habits to Stay Young & Vibrant

Discover the best habits to stay fit, energetic and healthy as you age. Presentation addresses nutrition, physical activity, and more while answering your questions and providing resources to take with you. Register by September 1 to receive lunch from CC Café after the presentation. Instructor: Lisa Bellini, M.S., R.D., Hill Physicians Medical Group

2212.701

Thursday, September 3, 10am–11:30am

Fee: \$4—includes lunch if registered by Sept. 1st
Senior Center: Bldg. 2, 233 Gregory Lane



Taste of the Vine

Relax from your week and casually sip on a glass of wine with friends. We will have a variety of red and white wines for you to select from plus light hors d'oeuvres will be served. Non-alcoholic beverages available. Sponsored by The Chateau's of Pleasant Hill

Friday, October 23 and December 4, 4 pm–6pm

Fee: \$6 (includes 2 tasting tickets)
Senior Ctr.: 233 Gregory Lane

Drivers needed for Senior Van program

The City of Pleasant Hill is currently seeking volunteer drivers for the Senior Van Program. The service operates throughout Pleasant Hill on weekdays (Monday-Friday) from 9:00am. to 4:00pm. It also takes senior passengers to medical appointments in Walnut Creek on Tuesdays and in Concord and Martinez on Thursdays. The program needs volunteers to commit to as a little as 4 hours per week driving the van. This is a fun and rewarding service for volunteers who enjoy driving and meeting other people. No special license is required and free training is provided.

To apply to be a volunteer driver please call 671-5272.



Senior Center Bus Excursions

“Yes, we do more than just gambling trips. And yes, there is a huge amount of diversity in the age and interests of our travelers.” Those are answers to the two most common questions people have when they first hear about the Trip Program at the Pleasant Hill Senior Center. The Center goes on an average of five day-trips a month, occasional overnight trips, and extended trips too. On October 26 the ‘Apple Hill’ trip will explore the El Dorado hills with a drive-around tour, a delicious hosted lunch, and other apple related treats. If that’s too long of a day, the trip on October 21 to see South Pacific at San Francisco’s Golden Gate Theater could be a perfect fit.

Catch the bus here in Pleasant Hill, get dropped off right in front of the theater, and forget about San Francisco’s notorious parking adventures. For more trips, full details, or to purchase tickets, call the Trip Office at 798-8747 between 10am–3pm on Tuesday through Friday and speak with any of the volunteers or Jessie Wusthoff, Trip Coordinator. This program is a great way to make getting out easy, meet people, and add variety to your routine. ♣

Weekends at Pleasant Hill Aquatic Park

Great News! Public swimming at Pleasant Hill Aquatic Park will be extended through Sunday, September 27. Public swimming, which includes use of the Sprayground, will be open weekends from 1-5pm through September 27. Season swim passes and swim punch cards will continue to be accepted for entry. Drop-in admission: Under 2 - Free, 2-6 years \$3.50, 7-17 and adult 18+ \$4, seniors 55+ \$3.50. For more information, check out the Pleasant Hill Recreation & Park District website, www.pleasanthillrec.com; the Spare Time Spotlight; or call 682-0896.

Fall Swim Program

Water safety begins at Pleasant Hill Aquatic Park with fall swim clinics designed to improve swim skills for youngsters ages 4 through 12. Pre-Swim Team is designed for swimmers ages 4 through 8 years who want to join a swim team or just develop a higher level of swimming skill. Swim Team Clinic for ages 9-12 years focuses on the four competitive strokes, starts, and turns. Both begin in early September for eight weeks. For more information, contact Pleasant Hill Recreation & Park District, 682-0896, or visit www.pleasanthillrec.com

Excellent rental rates on function rooms at the Community Center

Pleasant Hill Recreation & Park District has rooms available for private functions at the Community Center on Civic Drive and the Winslow Center on Pleasant Hill Road. Both venues may accommodate 50-200 people for business meetings, holiday parties, bar mitzvahs, birthday parties, retirement parties, and wedding celebrations. Included in the rental price is the setup and take down of the tables and chairs and custodian on duty.

The ever popular Parkside Room at the Community Center is available many Sundays throughout the fall, and Pleasant Hill residents receive 10% discount on all room rentals. Call Debbie at 676-5200, ext 14 to check availability or make a reservation.

Share the Magic

Magic—a favorite of all ages—comes to the Pleasant Hill Community Center Friday, October 16. The Pleasant Hill chapter of the Society of Young Magicians (ages 7-17) and the pros from the local chapter of Society of American Magicians return every October with an all-new show. Share the Magic is sure to make an impression with card tricks, clowns, and rabbits in hats.

Join the fun of “Share the Magic” on Friday, October 16, at 7pm (doors open at 6pm) at the Pleasant Hill Community Center, 320 Civic Drive. Admission: \$8 per person; pre-registration is required. Call 676-5200.



Introducing Center S.T.A.G.E.— Serious Drama

For dramatic teens (ages 13-20) who have been searching for a troupe that ventures beyond ordinary play acting and steps into the dramatic world of theater, Pleasant Hill Recreation & Park District proudly introduces *Center S.T.A.G.E.*

Designed for the truly committed young actor who wants to expand his/her skills, Center S.T.A.G.E. will explore the classics and work with current issues facing teens today. It's the product of S.T.A.G.E. Troupe (Several Teens Acting Goofy Everywhere), which has been a Pleasant Hill youth theater institution since 1992. Auditions for the first production, *Auntie Mame*, will be held September 26 and October 3. Rehearsals begin mid October, and performances are scheduled from January 22–31 at the Winslow Center. For more information, contact Pleasant Hill Recreation & Park District, 682-0896. ♣

“America on the move week” with the YMCA

During the week of September 20-27, the Irvin Deutscher Family YMCA will host America On the Move Week with the YMCA. More than 1,300 YMCAs nationwide will join with the America On the Move Foundation in this collaborative effort to improve the health of our communities across the country.

On September 20 the Irvin Deutscher Family YMCA will host a Health Fair from 9:30am to 12:30pm at their branch located at 350 Civic Drive in Pleasant Hill. This event is open to the public and free of charge.

This event, sponsored by Kaiser Permanente, will begin with a pre-event walk. Health Seekers can get a “Great Start” to the day with a one, two, or three-mile community walk led by the Mayor of Pleasant Hill Mayor. The walk will start right outside Irvin Deutscher Family YMCA lobby.

Beginning at 9:30am Health Fair goers will reap the rewards of their attendance as they will have access to one week of FREE membership, FREE health and fitness screenings and assessments, FREE personal training consultations, FREE fitness clinics, a Family Fun Scavenger Hunt, bounce house, exercise orientations for youth and teens (ages 8-13), “Tasty Treats from Farmers-Swap A Snack” taste education for school-aged children brought to you by the Contra Costa County Farmers Market, healthy eating education for the whole family brought to you by JFK University’s Holistic Health department, exercise orientations for seniors, healthy living vendors, and more!

During *America On the Move* week the Irvin Deutscher Family YMCA will host a variety of free special activities for those who register for the event. These include a number of community walks, an Ultimate Frisbee Family Fun Night, senior balance, strength, and flexibility classes, youth and teen fitness camps, a Fun Family Mini-Triathlon experience, a health lecture hosted by Kaiser Permanente, a Zumba Basics dance class, a “My Generation” Dance event for all ages, and more! ♣



Haunted House

The Pleasant Hill Teen council proudly presents the 2009 Haunted House—“Camp Nightmare”—at the Teen Center at Pleasant Hill Park, beginning October 16 through October 30.

Many teens and adult volunteers work long hours to create a Spook-tacular home for this award-winning special event. If you would like to help plan the layout, construct, and paint sets, assist with sound and lighting, or act the part of a creepy character, call 682-0896. First planning meeting is September 12. Visitors are always amazed by the imaginative sets, scary make up, and creative acting that can be scary for some performances and not-so-scary for others.

- Scary Evenings: Oct. 16, 17, 23, 24, 29 and 30, 7-8:30pm
- Not-So Scary Matinees: Oct. 17, 18, 24 and 25, 1:30-3pm
- Closed on Halloween

Tickets are available for \$5 each, and hot popcorn and refreshments will be available for purchase at the Teen Center at Pleasant Hill Park, 147 Gregory Lane. Proceeds benefit Teen Scene programs.

Super Heroes and Princesses!

Be sure to register early for Pleasant Hill Recreation & Park District’s popular parties for Little Princesses and Super Heroes, ages 2-6 years.

Fairytale princesses bejeweled and beguiling in fancy dresses (along with their parent) are invited on Wednesday, September 16, from 3:30-4:30pm, for a royal afternoon that includes Fairytale Princess entertainment, a snack, and a special princess prize. Be sure to pre-register by September 11.

Mighty little super heroes dressed as their favorite character (and their parents) are invited on Wednesday, October 28, from 3:30-4:30pm for superhero training, a snack, and more. Remember your camera so that you can catch your superhero in action. Pre-registration (for both parents and children) is required by October 19.

Held at the Pleasant Hill Community Center, 320 Civic Drive, Pleasant Hill. Admission for both events: \$9 per person. These parties usually sell out, so contact the Community Center at 676-5200 between 9am-3pm, Monday-Friday. ♣

Seeking nominations for 38th Annual Community Awards

The community of Pleasant Hill is a wonderful place to live, and each year the Pleasant Hill Chamber of Commerce, the City of Pleasant Hill, and the Pleasant Hill Recreation & Parks District join together to celebrate those people who make this one of the best places to call home.

On November 18 the 38th Annual Awards Night will celebrate the winners in the follow categories:

★ Citizen of the Year

This candidate should be at least a 5-year member of the Pleasant Hill community, have a broad-based record of assisting and volunteering in the civic and community groups of Pleasant Hill and have made substantial contributions toward improving our community.

★ Business Person of the Year

This candidate must be an owner or employee of a business in Pleasant Hill for at least 3 years. This person shall have contributed to the community through his/her business and shown initiative and innovation in the business affairs of the Pleasant Hill area. Candidate must be a current member of the Pleasant Hill Chamber of Commerce, in good standing as of October 1, 2009.

★ Teen of the Year

This candidate must be a teenager who lives or goes to school in Pleasant Hill and has shown responsibility in his or her personal and school life. He or she should have a record of assisting and volunteering in the Pleasant Hill community and have been involved in more than one area of community interest.

★ Community Plus Award

This candidate must be an employee of one of the sponsors of this awards event and someone who has gone above and beyond his or her job in community service for 5 or more years. The sponsors of this event are the Pleasant Hill Chamber of Commerce, the City of Pleasant Hill and the Pleasant Hill Recreation and Park District.

★ Educator of the Year

The candidate must be an educator in a Pleasant Hill school for at least 5 years and have made unique contributions toward educating children, demonstrating dedication, innovation, and enthusiasm as well as contributions to the community.

★ New this year—Green Award

This award will honor the business, organization or individual in the City of Pleasant Hill that has shown outstanding leadership in minimizing impact on the environment and creating a sustainable future. Selection criteria for the winner will focus on four areas: energy conservation, water conservation, waste reduction, and pollution prevention. *See sidebar for more on this award.*

If you know someone who deserves any of these awards please take the time to nominate them for the appropriate award. Nomination forms can be picked up at the Community Center, City Hall, or the Chamber Office or by going online at www.pleasanthillchamber.com. Nominations are due Friday, October 23.

If you have any questions, please call Charley Daly, Pleasant Hill Chamber of Commerce at 687-0700, Martin Nelis, City of Pleasant Hill at 671-5229, or Tina Young, Recreation & Park District at 676-5200. ♣

Green Award to honor Pleasant Hill leaders in sustainability

It's getting easier and easier to make green choices without changing our day to day lives. But there are those who go above and beyond in their commitment to create sustainability and protect the environment. To pay tribute to those who have made a significant effort to adopt green practices, the Pleasant Hill Chamber of Commerce and the City of Pleasant Hill announces the inauguration of the annual Green Award.

This award will honor the business, organization, or individual in the City of Pleasant Hill that has shown outstanding leadership in minimizing impact on the environment and creating a sustainable future. Selection criteria for the winner will focus on four areas: energy conservation, water conservation, waste reduction and pollution prevention. The award serves to raise awareness of green practices and to encourage their adoption by Pleasant Hill businesses and citizens.

The Green Award will be presented at the Community Awards Dinner on November 12. The Awards Dinner is held annually to recognize the best and brightest of Pleasant Hill. Chamber members and community residents may nominate individuals for their outstanding accomplishments in several categories: Business Person of the Year, Citizen of the Year, Community Plus Award, Teen of the Year and Educator of the Year.

Nominations are due Friday, October 23, 2009. For questions about the awards or to obtain nomination forms, call Charley Daly, Chief Executive Officer of the Pleasant Hill Chamber of Commerce, at (925) 687-0700. ♣



Sunset By The Lake

Free!
Season Finale!
Sunday, Sept 6! 6-8pm

On the lawn, by the lake at Pleasant Hill City Hall
(Gregory Ln & Cleaveland Rd)



We're happy to have the rockin' blues band, the **Delta Dogs**, return to the Lake. Playing blues favorites such as Unchain My Heart, Midnight Special, and many others with a high-energy/rock style, the Delta Dogs always get the crowds going, and are a long-time favorite of Pleasant Hill audiences.

Sponsored by



FOOD SALES...
OUTBACK STEAKHOUSE
Ribs, Caesar Salad, and dinner roll...\$5!

8th ANNUAL

A fundraising event benefiting
Special Olympics
Northern California
East Bay Region



Wine Tasting, Dinner & Auction

Annual Law Enforcement Torch Run®
"Evening for Heroes"
Sat, Sep 12, 2009
4:00 pm to 9:00 pm

Tickets now available online!




www.eveningforheroes.kintera.org
\$50 person/\$80 per couple

Returning to the beautiful garden setting at Steve & Lise Wallace's home on Buttner Rd.



Your donation includes a catered dinner cooked onsite by Kinder's Meats and variety of wines, and hors d'oeuvres provided by our event sponsors: DeVino's Pizza & Pasta, Outback Steakhouse, Tahoe Joe's, Magoo's Grill and Bar, Nibblers Eatery & Wine Bar, Wine Thieves, Grocery Outlet, & Folio Fine Wine Partners. Listen to live music by Komodo Jazz.

Hosted by Steve and Lise Wallace and the Pleasant Hill Police Officers' Association. 100% of all money raised at this event goes to Special Olympics Northern California. Your donation stays local and supports Special Olympics Athletes from the East Bay Region.

For more information or tickets contact:

Pete Dunbar (925) 288-4650
/pdunbar@ci.pleasant-hill.ca.us or
Steve Wallace (925) 408-7838/
steve44wallace@yahoo.com

Seating is limited and tickets must be obtained in advance.
No tickets sold at the door




Sponsorship and donation opportunities available

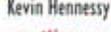
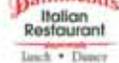
THANK YOU!

to all the generous sponsors of the 2009 Sunset by the Lake Concerts











...and Dynamic Audio Concepts for providing outstanding sound...

Delicious goodies from Farmers' Market

Perhaps one of Pleasant Hill's best kept secrets is the wonderful Farmers' Market in the City Hall Parking lot every Saturday from 8am-2pm, where you can buy fresh, in-season produce directly from California Farmers and taste the difference!

And you can experience the incredible varieties of vegetables and fruits only to be found at a Farmers' Market.

What's in season? Apples, avocados, cabbage, carrots, corn, eggplant, figs, lettuce, onions, persimmons, peppers, pumpkins, squash, strawberries, and tomatoes. Each fruit and vegetable has its own growing season and buying produce at the market allows you to re-connect with the cycles of nature and know California's growing season. Experience amazing flavors that nature intended when you eat only picked fruits and vegetables from the farm.

A sampling of the farmers you'll meet every week

- Alhambra Valley Farms: Pears
- Barbagelata Farms: Corn, eggplant, squash, tomatoes, walnuts
- J & J Farms: Apples, Fuyu persimmons, vine-ripened tomatoes, almonds, walnuts

- Medina Farms: Strawberries
- Roselane Farms: Apples, heirloom tomatoes, pears, squash, garlic, onions, and local honey

First Saturday of the month

Bring your knives and garden tools to Knife sharpener, Bob Kattenburg of "Critical Edge" of Pleasant Hill. Shop the market while he sharpens!

Some of our vendors every week

- Delicious Fish: "From Sea to you"
- Smoked fish: "Glinmere Smoked Foods"
- Fresh Baked Bread and Deserts: "Upper Crust Bakery" and "Edith's Baking Company"

Enjoy a picnic on the City Hall lawn, watch the Koi fish swim in the pond and the turtles bask in the sun, after shopping



the Market. Bring your family, friends and neighbors.

A new partnership with the Pleasant Hill Library lets you browse and check out library books related to cooking, heirlooms, sustainable agriculture, and all food related novels and DVD's at the Farmers Market!

For more information

Please visit the Contra Costa Certified Farmers Market website at www.cccfm.org or call the CCCFM Market Hotline at 925-431-8361

- What: Pleasant Hill Farmers' Market
- Where: City Hall Parking lot at corner of Gregory and Trelaney

Our rockin' community! Events for September and October 2009

Date	Event	Location	Organization	Contact
Sep 2	"Jobless? What should I do next? Part I"	PH Library	PH Library/DVC	685-1230
Sep 3	Healthy Habits to Stay Young	PH Senior Center	PH Senior Center	798-8788
Sep 6	Sunset By the Lake Summer Concert	City Hall lawn	City of Pleasant Hill	671-5229
Sep 20	Health Fair	Irvin Deutscher Family YMCA	Irvin Deutscher Family YMCA	887-4549
Sep 20	Bunco	PH Senior Center	PH Senior Center	798-8788
Sep 22	Sing-Along Time	PH Library	PH Library	646-6434
Sep 26	Community Service Day	PH Park	PH Civic Action Commission	671-5229
Sep 27	"The Odd Couple"	PH Senior Center	PH Senior Center	798-8788
Sep 30	Permit Process Workshop	PH City Hall	Public Works/Community Dev Dept	671-5218
Oct 7	"Jobless? What should I do next? Part II"	PH Library	PH Library/DVC	685-1230
Oct 7	Teen Volunteer Presentation	PH Library	Volunteer Center of the East Bay	646-6434
Oct 10-11	Art, Jazz & Wine Fest	Pleasant Hill Downtown	PH Chamber of Commerce	687-0700
Oct 14	Travel Greener	PH Library	511 Contra Costa	646-6434
Oct 15	Super Students Secrets Workshop	PH Library	PH Library	646-6434
Oct 16	Share the Magic	PH comm Center	PH Rec & Park District	676-5200
Oct 16-30	Camp Nightmare Haunted House	Winslow Center	PH Rec & Park District	682-0896
Oct 17	Festa Italiano	Viano Winery	Pleasant Hill AAUW	935-2109
Oct 18	Senior Summit	PH Community Center	City of Pleasant Hill, PHR&PD	671-5284
Oct 23	Taste of the Vine	PH Senior Center	PH Senior Center	798-8788
Oct 25	PH Instructional Garden Grand Opening	PH Instructional Garden	Mt Diablo Adult Education	
Oct 26	Fall Awareness	PH Senior Center	PH Senior Center	798-8788

■ Jobless? What should I do next? Part I

Jobless rates are at an all-time high in the East Bay. You need more than a simple resume workshop. You want to know what to do next. That's why the Pleasant Hill Library and Diablo Valley College have partnered up for a two part-series on exactly that. Take your job search beyond the Web. Learn about the benefits of networking, and where to do it. Join us on Wednesday, September 2 at 7:00-8:00pm at the Pleasant Hill Library for a presentation from Sarah Boland, Coordinator for Career and Employment Services at Diablo Valley College. Sarah earned her MA in Career Counseling from the University of San Diego, and has previously served as the Director of Career Services and International Student Services at Holy Names University in Oakland.

Attendance is free. Families, teens, and adults are welcome! Look for part II in October!

■ Jobless? What should I do next? Part II

You've taken your job search beyond the Web. You've networked, and planned your search strategy. Now is the time to brush up on your interview skills. Learn how to market yourself, and prepare for those tough interview questions. Join us for part II of Jobless? What should I do next? on Wednesday, October 7 from 12:30-1:30pm for a presentation from Sarah Boland. The event will be held at Diablo Valley College in the Trophy Room. Call the Pleasant Hill Library, 646-6434, or Diablo Valley College, 685-1230, for directions or parking passes. Attendance is free. Families, teens, and adults are welcome!

■ Travel Greener

You don't need to give up your car to make your commute green! Learn about the small things you, your friends, and family can do that will make a big difference. Join us on Wednesday, October 14 at 7pm at the Pleasant Hill Library for a presentation from **511 Contra Costa** on traveling green. Learn how to receive free bus passes for students, car-pool gift card incentives, and free transit passes to get you started traveling green. Join the Pleasant Hill Library in making our community greener!

Attendance is free. Families, teens, and adults are welcome. Be sure to look for more Green programs in the future at your Pleasant Hill Library.

Teens

5th-12th graders—join Theresa Hurley, Program Manager of The Volunteer Center of the East Bay, at 7pm, Wednesday, October 7, at the Pleasant Hill Library, for a 90-minute presentation. Learn about preparing to be a volunteer and locating volunteer opportunities for tweens and teens in our area. There will be time for your questions. Parents/guardians are welcome.

Children

Back by popular demand! It's Sing-Along Time at the Pleasant Hill Library Tuesday, September 22 at 7pm. Celebrate the end of summer by joining us around the "campfire" on our patio. We'll hand out lyrics to help you sing-along to some classic American campfire songs. Fun for all ages! No skills required! (Bring portable chairs, pads or blankets for sitting.)

Super Student Secrets Workshop, Thursday, October 15 at 3:30pm

Parents, do you want to spend 45 minutes helping your child become a "Super Student"? If so, then bring your 3rd to 5th grade child to the Pleasant Hill Library's Super Student Secrets Workshop. Learn how your student can look at library reference



materials easily from home, on the computer. No more mad dashes to the library for information for that assignment that's due tomorrow! No more sorting through thousands of Google results trying to extract age-appropriate material! Discover how easy gathering reliable library information can be. Come learn some Super Student Secrets! (P.S. Did we mention this is going to simplify your life too?) Registration limited and required, please register online at cclib.org or contact the Pleasant Hill Library.

Weekly Preschool Storytimes—NEW DAYS, NEW TIMES!

Stories, songs, stretches and more!

1st Fall Session September 15-October 8

2nd Fall Session October 27-November 19

- Family Storytime for children age 4 and up, Tuesdays at 7pm
- Lapsit Storytime for children 6-24 months, Wednesdays at 11am
- Toddler Storytime for children 2-3 ½ years old, Wednesdays at 11:30am
- Preschool Storytime for children 3-5 years old, Thursdays at 1pm

The Pleasant Hill Library is located at
1750 Oak Park Blvd. Pleasant Hill, CA 94523

For more information about programs at the Pleasant Hill Library, please call the library at 646-6434 during open hours on Monday, Wednesday, Thursday 11-6; Tuesday 1-8, or Friday, Saturday 10-5; or visit the library online at cclib.org.

Economic Development/Business News in Pleasant Hill welcomes new businesses...

The City of Pleasant Hill is committed to promoting and supporting the business community within the City. The economic vitality of Pleasant Hill is dependent on a strong business sector and the City plays an important role in making this happen. To find out more about Economic Development efforts in Pleasant Hill or for additional information on locating or expanding your business operations in the city, please contact Kelly Calhoun at 671-5213.



New businesses Junel 2009

Bay Area Basketball Academy
(Instruction/Group Youth Camp)
1 Santa Barbara Dr.
925-330-5714

Claudia (Manicurist)
1926 Oak Park Blvd.
925-521-4106

Dave's Cuisine (Personal Chef/Catering)
2643 Pleasant Hill Rd.
925-997-7526

Healing Garden Spa (Massage Therapy)
200 Gregory Ln., #C100
925-435-2657

Hot Brazil Healthy Tan (Spray Tanning)
609 Gregory Ln. #220
925-497-7153

Joyven Day Spa (Massage)
670 Gregory Ln., "B"
925-998-6877

LGR Photography
(Computer Based Photo Processing)
118 Beth Dr.
925-366-3255

M4 Motor Cars (Used Auto Sales)
171 Mayhew Way #201
925-366-3255

Practical Pilates
(Pilates Training/Therapy)
2261 Morello Ave. C-2
925-825-2421

Primal Fit Bootcamp
(Outdoor Fitness Program @ PH Park)
147 Gregory Lane
510-542-8792

Tempo Technologies, LLC
(Modified Microtubing)
2835 Contra Costa Blvd. #E
925-939-2000

Accordia Labs
(Biotech Consulting)
925-243-6041

Bumblebee Baby Showers (Internet
Sales of Baby Shower Products)
925-818-9551

HAR Appliance Repair
925-348-3480

JK Creative
(Internet/Marketing/Sales/Consulting)
925-817-0041

Joseph Dauer Computer Services
925-935-6793

Kool Kwilts (Quilting)
925-708-0715

**Peridot's Games (Card/Board Game
Design/Development)**
925-472-0656

Pleasant Hill Community Focus
(Community Newspaper)
415-716-9487

New businesses July 2009

ARC Reflexology (Sales Rep)
670 B Gregory Ln.
866-734-0193

Cigarettes Outlet & Liquor
1873 Contra Costa Blvd.
925-827-4518

Grocery Outlet
1671 Contra Costa Blvd.
925-673-3660

Hollywood Nails
100 Longbrook Way #2
925-682-2011

Jonathan Payne DC (Chiropractic
Office)
1610 Oak Park Blvd., #2
925-943-2222

Xiaohuan Cai (Massage Therapy)
670 Gregory Ln. "E"
925-234-6529

Expert Title Research (Consult/
Real Property Records Research)
925-989-2019

JPAK, Inc. (Bookkeeping/
Consulting Service)
925-265-8282

Did you know what the Pleasant Hill Chamber does for your community?

- ▶ The Chamber is the strongest advocate in supporting local businesses. The Board of Directors and Ambassadors actively attend business Grand Openings and Ribbon Cuttings that help build up and support our community.
- ▶ The Chamber has helped raise over \$10,000 for the Foundation for Pleasant Hill Education, through the Restaurant Walks and the annual gala event "Toast to Summer."
- ▶ The Chamber assists business owners with education such as a monthly Brown Bag Lunch series, which is free to our members. This series promotes growing your business in today's economy and provides networking opportunities.
- ▶ The Chamber has mixers every month that are held in members businesses for fantastic networking opportunities, social gathering, great food, and great wine.

City Meetings

SEPTEMBER

WHEN	WHAT	WHERE
Wed 2 9:00am	Commission on Aging	City Hall Small Community Room
Wed 2 6:30pm	Civic Action Commission	City Hall Small Community Room
Thu 3 5:00pm	Architectural Review Commission	City Hall Small Community Room
Mon 7	Labor Day Holiday—City offices closed	
Tue 8 6:00pm	Traffic Safety Commission	City Hall Community Room
Tue 8 7:30pm	Planning Commission (Public Hearing)	Council Chambers
Thu 10 5:00pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Mon 14 7:30pm	City Council-Redevelopment Agency	Council Chambers
Thu 17 5:00pm	Architectural Review Commission	City Hall Small Community Room
Mon 21 7:30pm	Redevelopment Agency-City Council	Council Chambers
Tue 22 7:30pm	Planning Commission (Public Hearing)	Council Chambers
Wed 23 7:00pm	Education/Schools Advisory Commission	Sequoia Middle School
Thu 24 5:00pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Thu 24 7:00pm	Redevelopment Advisory Commission	City Hall Large Community Room

OCTOBER

WHEN	WHAT	WHERE
Thu 1 5:00pm	Architectural Review Commission	City Hall Small Community Room
Mon 5 7:30pm	City Council-Redevelopment Agency	Council Chambers
Wed 7 9:00am	Commission on Aging	City Hall Small Community Room
Wed 7 6:30pm	Civic Action Commission	City Hall Small Community Room
Thu 8 5:00pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Tue 13 6:00pm	Traffic Safety Commission	City Hall Community Room
Tue 13 7:30pm	Planning Commission (Public Hearing)	Council Chambers
Thu 15 5:00pm	Architectural Review Commission	City Hall Small Community Room
Mon 19 7:30pm	City Council-Redevelopment Agency	Council Chambers
Wed 21 7:00pm	Education/Schools Advisory Commission	City Hall Large Community Room
Thu 22 5:00pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Thu 22 7:00pm	Redevelopment Advisory Commission	City Hall Large Community Room
Tue 27 7:30pm	Planning Commission (Public Hearing)	Council Chambers



CITY OF PLEASANT HILL

100 Gregory Lane
Pleasant Hill, CA 94523-3323
925-671-5270
www.ci.pleasant-hill.ca.us

CITY OFFICIALS

Mayor Michael G. Harris
Vice Mayor Karen S. Mitchoff

Councilmembers

David E. Durant
John Hanecak
Terri L. Williamson

City Manager June Catalano
City Clerk Marty McInturf
Treasurer Mark W. Celio

City Council meetings are broadcast on Comcast channel 26 on 1st and 3rd Wednesdays at 7:30pm.

Meetings are also available on the City website under "Council Webcast."

CITY HALL HOURS

Monday–Wednesday 8:30am–5:00 pm
Thursday 8:30am–6:00 pm
Friday 8:30am–1:00 pm



The City of Pleasant Hill newsletter is published bimonthly. Deadline for stories and story ideas for Nov/Dec is October 9. Ideas are always welcome. Local non-profit groups may submit articles to the Public Information Officer at 100 Gregory Lane, Pleasant Hill, CA 94523. For information, call Martin Nelis at 671-5229, fax to 680-0294, or email to mnelis@ci.pleasant-hill.ca.us.

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COVER: Lake at Award-winning City Hall

Important Phone Numbers

Police/Fire Emergency 911
Police (Business) 288-4600
Fire (Business) 930-5500
Public Services Center 671-4646
Chamber of Commerce 687-0700
Recreation & Parks 682-0896
PH Bayshore Disposal 685-4711
PG&E 800-743-5000
Senior Center 798-8788
Senior Van Service 671-5272



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Feast of entertainment at the 7th Annual Art, Jazz & Wine Fest

Early October is a wonderful time to spend the weekend in Pleasant Hill at the award winning 7th Annual Art, Jazz & Wine Fest brought to you by the Pleasant hill Chamber of Commerce.

The 2-day event, held this year on October 10 and 11, is a high-water mark in this area—not only for the arts and crafts exhibits, but also for the excellent wine and lively music. From banjos and tubas to smokin' hot blues guitars to silky smooth vocalists over the two days, there will be a musical style that will capture your imagination.



Continuing from years past is the Premium Wine Tent, an opportunity to enjoy tasting some premium wine and beer. Kids' entertainment will be held again in the plaza area on Crescent Drive. And, of course, there will be quality arts and crafts from all over the area for festival-goers to check out and buy.

Plans are well underway for the Saturday night concert which starts at 6:15pm after the street booths have closed. Come out in the cool evening, enjoy a glass of wine or beer, and tap your toes or "shake your booty" to great music—and when it's over, you can grab a bite to eat at one of the many fine food establishments in the Downtown.

There are still sponsorship and volunteer opportunities available and if interested call the Chamber at 925-687-0700 or visit the website at www.pleasanthillchamber.com. ♣

