

the OUTLOOK

of Pleasant Hill, California



Community Awards winners!

There were many deserving recipients at 2009's Community Awards Night held at the Pleasant Hill Community Center. See page 13 for a list of all the recipients.

Pedestrian crossing safety for the winter season

As we navigate the streets this winter season, let us all (as drivers and pedestrians) give extra attention, care, and—above all—patience on the roadway to ensure that crossing the street remains a safe and pleasant experience for

everyone. Let us extend the same level of care we have for our loved ones, our neighbors, and fellow residents on the streets. Do NOT assume anything on the roadway. Always look to your left and right and make driver/pedestrian eye contact before crossing the street.

Both drivers and pedestrians share the responsibility of maintaining safe pedestrian crossings. According to the California Vehicle Code, it is the driver's responsibility to yield to pedestrians when they are crossing within a marked crosswalk, but it is the pedestrian's responsibility to wait for the appropriate gap in traffic (so not to cause a hazard) before crossing the street.

Any questions regarding this article can be forwarded to Eric Hu at 671-5203 or via email at ehu@ci.pleasant-hill.ca.us.



City unveils new electric vehicle charging stations

Santa Claus arrived early in Pleasant Hill on Thursday, December 10 when he stopped by to charge up his new plug-in hybrid Prius at the Electric Vehicle (EV) Charging Station at City Hall. The City recently installed three EV charging stations – one in the front parking lot of City Hall at 100 Gregory Lane, one on the ground floor of the Downtown Parking Garage on Crescent Drive, and the third in the Public Service Center at 310 Civic Drive.

—Continued on page 5



Freezing for a reason—Police Department staff raise over \$57,000 for Special Olympics

Each year, members of the Pleasant Hill Police Department participate in several events to benefit the Special Olympics. As active leaders in the Law Enforcement Torch Run, staff raised over \$57,000 for Special Olympics athletes in this area.

On February 27 members of the Department and City staff, including the Mayor and Chief of Police Peter Dunbar, will participate in the second annual Polar Plunge. Along with other members of law enforcement, local community leaders, television stars, radio D.J.s and others, participants will be “Freezing for a Reason,” running into the 55 degree San Francisco Bay at Crissy Field. This event is crazy fun and is attracting a lot of attention because of the great experience offered to plungers.

To join in the plunge, go to www.sonc.org and click on the Polar Bear icon. Scroll to the San Francisco site and join the Pleasant Hill team, Freeze (the *Pleasant Hill Police Plungers*) or create your own team. Come on out and be part of the team and make a difference in the lives of Special Olympics athletes!

Contact Chief Dunbar at 288-4650 if you have any questions. ♣



Pleasant Hill WiFi successful

AirCloud Communications is now in their third year of operating the Pleasant Hill WiFi network and has proven that municipal WiFi can be successful in spite of a slow economy.

Ninety percent of municipal WiFi network projects failed over the last 3 years, making airCloud Communications' success an outstanding achievement.

The following is an update on services provided by airCloud:

- The landing page (mainpage) is improved and includes options for paid and free access to connect to “aircloud-free-wifi.”
- Ad-free monthly access is \$15 per month with higher rates for hourly and daily access.
- Retail WiFi is available to local businesses. To learn more, visit www.aircloud.com/public.

- Connection speeds are excellent and overall performance has been very good.
- Coverage in Pleasant Hill has remained unchanged due to physical restrictions in mounting equipment to the wood telephone poles.

For users with weak signals wishing to connect to the WiFi network, airCloud offers an outdoor wireless repeater bridge that picks up the signal from outside and sends it into the house or building over a cable. The cable connects directly to your desktop computer, or to your wireless router or access point if you wish to have wireless connectivity inside your house or business. Self installation or professional installation options are available. Contact them at wifi@aircloud.com for more information.

To find an airCloud WiFi HotSpot, visit www.aircloud.com/public. ♣

3% Interest*

Attention Pleasant Hill Homeowners!

Is your home modernized and efficient?

BEFORE

AFTER

3% interest loans available to help homeowners fix up their home. Funds can be used for a variety of items, such as....

◆ Kitchen and bath upgrades	◆ Interior/ exterior paint
◆ New roofs and gutters	◆ Dual-pane energy-efficient windows
◆ Heating	◆ and more!
◆ Drainage	

*Program has certain restrictions and qualification criteria

For more information or to request an application, call the Agency Housing Coordinator, David Boatwright

671.5266

or email dboatwright@ci.pleasant-hill.ca.us

Changes ahead for street sweeping

A new street sweeping schedule has gone into effect January 1. These changes were necessary to address current and anticipated budget deficits to the City's general fund. Balancing the need to meet strict clean water guidelines and keeping our City streets and storm drain systems functioning properly are a top priority.

The City will not make any changes to the winter season additional leaf pick up during the important fall and winter months. This portion of our service (extra sweeping as needed during the winter months) will be unchanged due to the need to keep the leaves and debris from clogging the storm drain system and keeping streets safe.

The following changes to service became effective January 1:

- Morello Avenue, Boyd Road, Patterson Boulevard, and Putnam Boulevard will be reduced from weekly sweeping to twice per month (*the day of the week will stay the same as before*). This service change will have a minimal impact on the streets.
- Commercial arterial streets (Contra Costa Boulevard, Chilpancingo Parkway, Golf Club Road, Boyd Road, and others) which have the most vehicular traffic would be reduced only slightly with little or no effect.
- Residential streets would be reduced from the current once per month cycle to once every other month (*the day of the week will stay the same as before*).

The residential street sweeping changes will be closely monitored. Additional sweeping or resources may be needed to keep the streets in a safe condition. These new changes will continue until October 1, 2010 at which time an assessment will be made as to the impacts on service and the general fund budget.

Please keep debris from entering your street and storm drain system. Discourage gardeners and landscapers from blowing and raking leaves and green waste into the streets, making it harder for the street sweeper to maintain clean streets. Rake all leaves and debris on your property and dispose of them in the proper green waste container. Please do not dump any green waste or debris into the creek area as this may impede water flows during the coming winter storm season. By working together during these challenging times we can all do our part to manage resources wisely and effectively.

For the latest information and to find out when streets will be swept, you can go to the City's website, www.pleasant-hill.net. Go to "Services," then select "Street Sweeping" and then select the "Street Sweeping Schedule."

If you have any questions call the Maintenance Division at 671-4646. ♣



NEW YEAR—NEW CHANGES...

In 2010 there are multiple changes in the California Building Standards Code.

Effective January 1 the new building energy standards will be in place for residential and non-residential buildings. This was developed in response to a legislative mandate to reduce California's energy consumption. The California Energy Commission develops Building Energy Efficiency Standards to provide the state with an adequate, reasonably-priced, and environmentally-sound supply of energy.

With the adoption of the Building Standards Code there will be a new Part 11 entitled the California Green Building Standards Code. The code establishes methods for significant improvements on the environmental impacts. The State's Building Standards Commission adopted the Green Building Code to promote more efficient building practices throughout California. Some benefits are as follows:

Environmental...

- enhance and protect ecosystems and biodiversity
- improve air and water quality
- reduce solid waste
- conserve natural resources

Economic...

- reduce operating costs
- enhance asset value and profits
- improve employee productivity and satisfaction
- optimize life-cycle economic performance

Health and Community...

- improve air, thermal, and acoustic environments
- enhance occupant comfort and health
- minimize strain on local infrastructure
- contribute to overall quality of life

For more information in these areas, you can visit websites—a few are listed here:

California Energy Commission –
www.energy.ca.gov

Division of the State Architect
–www.dsa.dgs.ca.gov

Green Building – www.greenbuild.ca.gov

Sincerely,

Mike, Vicki, Ed, and Brent
City Building Division, 671-5200

Get ready for spring 2010 —learn how to compost

It seems like only yesterday we were racking up those fall leaves. And before you know it spring will be here bringing bright green hills and fresh, brilliant wild flowers.



But now is the time to get prepared for spring and the best way to prepare is to learn how to compost, start a compost pile and plant spring flowers or a garden.

Attend a free home composting workshop

The City of Pleasant Hill is hosting a series of free backyard composting workshops and offering Pleasant Hill residents high-quality compost bins for \$40. These bins normally retail for \$129 but attend a workshop and you can go home with a new bin for only \$40!

Composting your yard trimmings and food scraps is easy, great for your yard and garden, kind to our environment and good for you too! Save money, save water, and conserve natural resources.

So don't hesitate—now is the time to attend a free workshop and learn how to compost - register now by calling 925-671-5265 or sign up online at PleasantHillRecycles.org.

**Upcoming home composting workshop dates:
January 19, February 16,
and March 16**

Breaking the cycle of skunks on your property

No doubt you've smelled them and considered that smell an aromatic inconvenience. But skunks in Contra Costa County are more than a mere inconvenience; they are a risk to public health.



Skunks are capable of transmitting rabies and that makes them one of the five vectors (along with mosquitoes, rats, yellowjackets and ticks) for which the Contra Costa Mosquito & Vector Control District provides free service.

Residents that have evidence of skunk habitation on their property can contact the District for a free inspection and advice on how to remove the skunk and prevent it from returning.

“Skunks are nocturnal mammals that look for food, water and a place to set up a den,” says Vertebrate Program Supervisor Jonathan Rehana. Once food is denied, removing options for shelter is the next step. Rehana says, “Skunks do not climb. They will not climb a fence or wall. They stay at ground level, so it’s important to look under sheds, porches, decks and foundations to make sure those areas are sealed off.”

Installing half-inch galvanized hardware cloth can prevent skunks from entering those areas.

Additionally, skunks can find shelter in wood piles and thick vegetation. And the winter months are the key time to discourage them.

“This time of the year, the skunks are mating, so the females are setting up their dens as a place to have their young.” Rehana points out that during the January and February mating season, skunks can become very aggressive, increasing skunk odor in neighborhoods with activity. They can also be quite destructive, scratching, clawing and digging their way to create havoc.

Homeowners with evidence of skunk activity on their property can call the

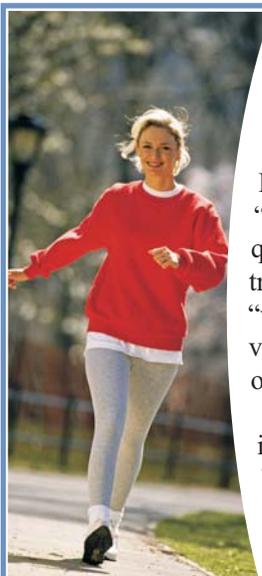


District at 925-771-6184 to request a free inspection. A District employee will contact the homeowner within five workdays to set up the inspection. Additional information is on their web site www.ccmvcd.dst.ca.us.

New walking maps on City website

New walking routes in various parts of the City will soon be posted on the Interactive Guide on the City website. The “walkability” of these routes, including the quality of sidewalks, degree of incline, and traffic volume, was assessed as part of a “walking audit” conducted by community volunteers in collaboration with the School of Public Health at UC Berkeley.

The information obtained by this audit is being analyzed and will serve as the basis for future, more detailed maps of walkable routes for Pleasant Hill residents.



Charging station—continued from page 1

Pleasant Hill has now become the fourth Bay Area city to deploy the ChargePoint® Networked Charging Stations for Electric Vehicles (EV).

Manufactured by Coulomb Technologies, the EV charging stations are accessible to all plug-in drivers by making a toll free call to the number on each charging station, or signing up for a ChargePoint Network



monthly access plan and obtaining a Smart Card. Other future payment options include using any smart (RFID) credit/debit card to authorize a session or using a standard credit or debit card at a remote payment station (RPS) to pay for charging sessions. To locate available charging stations, visit www.mychargepoint.net and click “Find Stations.”

Vehicles that are currently being sold and can use these charging stations include the Wheego, the GEM (Global Electric Motorcar) and the Prius plug-in hybrid. Other vehicles scheduled to come on the market in 2010 include the BMW Mini E, Tesla Roadster, Nissan Leaf, Chevy Volt, and Triac by Green Vehicles.

Funding for the three EV charging stations was provided by 511 Contra Costa (the transportation demand management agency for the County) using Measure C funds. The Measure C funds are ½ cent sales tax for transportation improvement projects and are collected through the Contra Costa Transportation Authority and used to deliver local projects and programs.

For more information on the EV charging stations in Pleasant Hill, contact Martin Nelis at mnelis@ci.pleasant-hill.ca.us or call 925-671-5229. ♣

Join Advisory Council on Aging— MAKE A DIFFERENCE!

The City is seeking candidates for an opening on the Contra Costa County Advisory Council on Aging. The Council advises the County Area Agency on Aging on all matters related to the development and administration of senior programs throughout the County. The Council is comprised of 40 members, appointed by the County Board of Supervisors in partnership with the local cities.

The Advisory Council on Aging meets on the third Wednesday of each month from 9:30am to noon in Concord. It is preferable that candidates reside in the City of Pleasant Hill. Mileage expenses to and from meetings are reimbursable.

For an application or more information, please contact Linda Stehr by phone at 671-5284 or e-mail at lstehr@ci.pleasant-hill.ca.us.

Design awards program established

Beginning in February of 2010, the City of Pleasant Hill Architectural Review Commission (ARC) will request nominations from the community for outstanding project designs. Awards will be recommended for projects that exemplify outstanding planning or design or practice methods in architecture, signage, landscaping or environmental sensitivity (i.e. green building) to encourage superior design and consistency with the City’s Design Guidelines.

Nominations will be accepted for various project categories on a bi-annual basis. Award nominations will be separated into Residential and Commercial categories. Award sub-categories (i.e., Best Architectural Design for a Single Family Home) will generally be established after City staff, or the ARC, has an opportunity to review the types of projects that have been nominated. As a result, award categories may vary from year to year. Awards may be presented to property owners, project architects/designers or project developers and will be publicized in the Outlook and through various other means throughout the City.

Nomination application packets (to include a process description, submittal requirements and a nomination application form) will be available on February 1. To obtain a nomination packet you may: (1) contact the Planning Division at 671-5209, (2) visit the Planning Division counter at City Hall, 100 Gregory Lane, or (3) access the City website at www.ci.pleasant-hill.ca.us. Nominations for the inaugural City of Pleasant Hill Design Excellence Awards program will be accepted between Tuesday, February 16 and Wednesday March 31, 2010 and should be submitted to the Planning Division, Pleasant Hill City Hall, 100 Gregory Lane, Pleasant Hill, California 94523.

For further information on the awards program you may contact Jeff Olsen, Planning Division at 671-5206 or by email at jolsen@ci.pleasant-hill.ca.us. ♣

Drivers needed for Senior Van Program

The City of Pleasant Hill is currently seeking volunteer drivers for the Senior Van Program. The service operates throughout Pleasant Hill on weekdays (Monday-Friday) from 9:00am to 4:00pm. It also takes senior passengers to medical appointments in Walnut Creek on Tuesdays and in Concord and Martinez on Thursdays. The program needs volunteers to commit to as little as 4 hours per week driving the van. This is a fun and rewarding service for volunteers who enjoy driving and meeting other people. No special license is required and free training is provided.

To apply to be a volunteer driver, please call 671-5272.

THE CHEF IS IN

This column is intended to highlight recently established restaurants, new menus, or improvements to existing businesses. This month's column features three of the many fine restaurants in Pleasant Hill. Highlighted are two establishments in the

Downtown area—Monsoon Masala and Shaadzee Bakery & Bistro—and new eatery in town, Planet Raw.

Planet Raw—A unique vegetarian restaurant for Pleasant Hill

Recently opened in the DVC Plaza shopping center, Planet Raw is the first 100% organic, vegetarian restaurant in Contra Costa County. Every country is authentically represented on their menu, and the food's presentation is award winning!

Starting in San Francisco in 1996, celebrity chef Juliano made his world famous mark on the raw food community, bringing diners to a new realm of flavor and organic farmer freshness. Moving his restaurant to Santa Monica 10 years later with a cult following in tow, Juliano continues to work his magic with much success. Now open in Pleasant Hill, the sister location to Planet Raw Santa Monica is making its very own mark on the Bay Area offering the same menu options with all the same delicious, organic, and bio-dynamic freshness as ever.

Carol and Valerie, sisters to Juliano, grew up in the same kitchen and subsequently worked side by side with Juliano in all his restaurants. Entrusted with the family business and blessed with all the creativity, Carol recreates the same amazing flavors as she did in Planet Raw Santa Monica. Valerie runs the 'front of the house' ensuring the guests receive the meticulous and nurturing customer service protocol required of the staff at Planet Raw.

Planet Raw is located at 260 Golf Club Road in the DVC Plaza Shopping Center. They are open Monday through Saturday, 11am to 9pm, and their phone number is 849-4500.



New lunch special at Shaadzee Bakery & Bistro in Downtown

Shaadzee Bakery & Bistro is an upscale Bistro Café in Downtown Pleasant Hill providing high quality fresh food and pastry. Recently rated as a 4-star restaurant by YELP.com, they have created a friendly atmosphere for families with kids by providing delicious entrees, sandwiches, cakes, and pastries.

Shaadzee serves a full breakfast, lunch, dinner, and their baked goods and pastries are prepared fresh daily on the premises. They also serve organic coffee, espresso, smoothies, and a variety of flavored gelatos. Their current lunch special includes a soup and salad or cold sandwich and salad with drink for \$8.00.

Monsoon Masala offers happy hour special



Monsoon Masala remains a steady draw among locals who appreciate authentic Indian cooking. The lunch specials showcase some of the more popular dishes. The lunch special comes with a choice of two Indian entrees with raita, salad, long grained, aromatic basmati rice and naan for under \$10.00. Another great way to refuel and relax this holiday season is to lounge and relax with friends at Monsoon for their happy hour specials offered between the hours of 3:00-6:00pm Monday through Friday. The happy hour special includes half off on draft beer, house wine and Chef's special selected appetizers. It's a great opportunity to unwind and enjoy the magic of chef Kumar's unbeatable cooking.

Serving daily

- Lunch, 11:00am–3:00pm. Dinner 3:00pm–10:00pm.
- Monday through Friday: Happy Hour 2:00–5:00pm. Offering a selection of Soju cocktails, wine, bottled water and Kingfisher beer on tap.

Please go to www.monsoonmasala.com for a complete menu selection. Address is 2375 Contra Costa Blvd., at the corner of Boyd Rd., Pleasant Hill. For Reservations/Catering call 685-9100. ♣

Foundation for Pleasant Hill Education (FPHE) 2010 annual donation campaign.... Help schools thrive—give \$55!

The goal...

To have 1,000 people donate \$55.

Reaching the goal enables FPHE to potentially award \$5,000 in grant funds to each Pleasant Hill school. Donors who give \$55 or more will receive a FPHE window decal. If \$55 is not possible, please donate what you can.

How you can help

Making a 2010 Annual Campaign donation helps prevent California budget cuts from affecting academic programs within the 11 Pleasant Hill public schools. Grants awarded by FPHE go toward creating new and maintaining existing programs for the academic building blocks: English/language arts, math, and science. Your donation will directly impact schools.

History

FPHE's first year was very successful. The outpouring of donations, volunteerism, interest by local merchants, and the public's participation in FPHE fundraising events indicate that Pleasant Hill residents recognize the need for an education foundation. In our first year, FPHE:

- ▶ Awarded over \$14,000 in grants to Pleasant Hill public schools.
- ▶ Received the 2009 Pleasant Hill Annual Mayor's Award
- ▶ Hosted community events including The Bee and the Oak Park Restaurant Walk
- ▶ Elected a board of directors and secured 501(c)(3) IRS non-profit status

Strong schools benefit all of us in some way: property values increase as more homebuyers understand our community's dedication to strong schools, and businesses grow as new people move into the area. Most importantly, strong schools enhance the lives and the future of the children in our community.

Donate today for the future of Pleasant Hill schools

Please donate via our website, www.fphe.org. Thank you for your commitment to education and our community.

(FPHE functions independently of the Mt. Diablo Unified School District and the City of Pleasant Hill.)

Ready for CRAB? A great way to support the community!



The Lions are serving!

The Pleasant Hill Lions Club is holding their 37th annual Crab Feed on Friday January 15 at the Pleasant Hill Community Center. They serve "All You Can Eat" crab, pasta, garlic bread, and salad. No-host bar opens at 6:30pm, dinner is at 7:30pm. Great fun with lots of raffle prizes, door prize, and dancing with DJ until 11:00pm. Ticket price is \$40. Contact Phil Madruga at 998-1286. ♣

And so are the Dolphins...Crab feed benefits swim team

On Friday, February 26, join the families of the Pleasant Hill Dolphins Swim Team for their annual Crab Feed.

The evening will be full of music, dancing, and great food including salad, garlic bread, pasta, and fresh crab. If you're lucky, you might win a prize in the silent auction, the donation raffle, or maybe a delectable dessert in the live dessert auction.

Tickets are available at the Pleasant Hill Recreation & Park District administration office, 147 Gregory Lane for \$40 per person. The event begins at 6:30pm with a no host bar; dinner begins at 7:30pm at the Pleasant Hill Community Center, 320 Civic Drive. All proceeds benefit the Pleasant Hill Dolphins Swim Team. For details or to donate a silent auction item, call 682-0896. ♣

'Tis the season for...

Crab Feeds!

Support this great cause.



LAW ENFORCEMENT
TORCH RUN
SPECIAL OLYMPICS
NORTHERN CALIFORNIA

DONATION \$40

Door Prizes
Raffle / Auction
Seating is limited...
advance tickets required

Sponsorship
opportunities
available



Special Olympics

Sat • Feb 20, 2010

Pleasant Hill Community Center • 320 Civic Dr

PH Police Department Law
Enforcement Torch Run

Pleasant Hill Police Association
cordially invites you to their 3rd annual

CRAB FEED

Benefiting Special Olympics
Northern California
East Bay Region Athletes

Door prizes, raffle, and auction



5:00pm door opens
6:30pm dinner

Dinner menu

Crab, salad, bread,
pasta, dessert,
and coffee.

No Host beer, wine,
soda, bottled water,

Please—no
outside alcohol

Buy your ticket NOW! Seating is limited. This event is selling out fast! Tickets must be obtained in advance by contacting Sgt Gary Brown 288-4619 or CSO Tom Mueller at 288-4600. No tickets will be sold at the door. Table reservations accepted for table of 8.

DVC Dental Hygiene program offers low cost services

Beautiful teeth begin with healthy gums, but having your teeth cleaned in a dental office can cost from \$95 up to \$1200 for a “deep cleaning” for gum problems.

The DVC Dental Hygiene Teaching Clinic offers a wonderful opportunity for members of the public to receive dental hygiene services provided by dental hygiene students. Fees in the clinic range from \$10 (cleaning for a child 12 and under) to \$55 for a “deep cleaning” for an adult. Regular maintenance cleanings for adults are \$25. Radiographs (x-rays) range from \$10 for checkup films to \$25 for a full set. Current radiographs are required for cleanings.

Services offered include cleanings, deep cleanings, sealants, radiographs, and local anesthesia with nitrous oxide as needed. Treatment includes a routine screening for oral cancer and other soft tissue lesions, and a fluoride application. Care is provided by dental hygiene students enrolled at the college under the instruction of a supervising dentist and registered dental hygienists. The DVC Dental Hygiene Teaching

Clinic offers state of the art facilities including digital x-ray imaging.

Clients must be available to sit for multiple 3-hour sessions in order to participate in the teaching/learning process. The first visit of Initial Evaluation assesses appropriateness/acceptability to sit as a teaching case for the Dental Hygiene Teaching Clinic. Clients must have the following in order to qualify as a teaching case: restorative condition (fillings/crowns) in good repair, no obvious cavities or loose teeth.

Diablo Valley College is located at 321 Golf Club Rd. in Pleasant Hill. The clinic is in the Life Sciences Building (LHS 102), which is located in the Southwest corner of the DVC campus along Viking Drive and adjacent to parking lot 4. Please call 685-1230 x 2534 to schedule an appointment for an Initial Evaluation to see if you might qualify to be a teaching case.

Clinic Hours:

- Tuesday, 8:30am–12:30pm
- Wednesday, 8:30am–12:30pm and 1:30–4:30pm
- Thursday, 1:30–4:30pm



Expanding your horizons

Since 2006, Diablo Valley College in Pleasant Hill has hosted the annual Expanding Your Horizons Conference for girls in the 6th through 8th grades. The mission of the EYH program at DVC is to encourage young girls from diverse backgrounds to explore the world of science, technology, engineering, and math beyond what is written in textbooks.

At an EYH conference, the girls spend a socially interactive day learning from fascinating women who are paid to play, think, and solve interesting problems as invaluable members of today’s workforce.

Outreach efforts are focused on middle school aged girls in order to address the growing concern of low participation rates of women in math and science courses. In today’s competitive global market, women with skills in science, technology, engineering and math have a significant advantage when seeking a career. Most young women haven’t been exposed to many of the fun and interesting careers that have their foundations in these areas. It is important to stimulate the minds of young girls and encourage them to explore their interests while they still have time to make educational and career choices. The EYH conference provides young women with a great opportunity to meet and form personal contacts with women working in traditionally male occupations.

Last year over 150 participants attended the conference, which included an opening session followed by two 90-minute hands-on workshops led by professional women. The girls chose from 16 fabulous workshops like “Girls Rock,” where

—Continued on following page



participants learned to use digital audio to record music, and “Invisible Evidence,” that used techniques from forensic chemistry to identify the ink on a ransom note in a crime lab. After lunch, the girls participated in a “Career Treasure Hunt” where they were able to ask questions and visit with a number of women scientists, veterinarians, musicians, architects, professors, and many more. According to their evaluations, the girls had an “awesome” time and reported that the workshops were “cool, interesting, and they rocked!”

Participants truly enjoyed the hands-on activities, which allowed them to be innovative and creative thinkers. At the end of the day, the girls walked away with smiles, new friends, prizes and an expanded thirst for knowledge.

A parent workshop is also provided to share valuable tips for parents on how to start preparing their daughters for college. Knowledgeable representatives from different DVC departments address topics regarding admissions, financial aid, transfer, student life, and general college information. The workshop provides parents with a great opportunity to start planning for their daughters’ futures while meeting other parents who share the same goals and ideals. Last year, over 50 parents attended and reported that the workshop was very informative and useful.

The 2010 Expanding Your Horizon conference will be held on Saturday, March 6. For additional information regarding registration and fees, please visit www.dvc.edu.eyh.

You may also contact Carla Rosas at 685-1230, ext. 2049 or Phoebe Balangan at ext. 2399.

The 2010 state of higher education

—Steven Stargardter, President, JFK University

George Keller writing in *Higher Education and the New Society* notes that:

If higher education is now the main engine of economic growth, personal opportunity, and social harmony, its current condition should be accurately appraised, and the forces that compel structural renovations should be thoroughly understood. Only then will college and universities be able to undertake the proper kinds of changes.

Nowhere is this observation more applicable than in our own community, and our own state. In addition to the impact of the economy, the National Center for Educational Statistics has projected that the number of non-traditional students who are older than 25 will increase by 1.2 million between 2006 and 2017. During these same years, the awarding of master’s degrees is expected to increase by 33%, while bachelor’s degree recipients will increase by only 13%. Finally, the National Center for Educational Statistics also forecasts that California will see a growth of less than 5% of high school graduates in these same years.

Although it is hard to determine exactly what this all means, it is nonetheless clear that as our nation goes through changes, so does the educational landscape. Also apparent is the fact that private schools, such as John F. Kennedy University, are poised to make seminal contributions to student achievement, the likes of which were never imagined by the founders of the institution 45 years ago. Transfer, articulation, and comatriculation agreements, rapid responses to the changing marketplace, and the ability to partner with our colleagues in the public sector to maintain and create relevant, accessible, and affordable academic offerings will, in fact, enable higher education to continue to act as the “main engine” of economic growth and personal opportunity that our students seek.

JFK University is no longer a passive observer of the educational landscape, but an active participant and prime mover in shaping the landscape itself.

The entire John F. Kennedy University stands ready to serve the educational and training needs of Pleasant Hill, the home to our main campus. Please take an opportunity to learn more about us at www.jfku.edu. For specific questions, please feel free to contact me directly at stargardter@jfku.edu or at 969-3302.

I look forward to hearing from you and talking about how our University can be of service. My best wishes for a happy and healthy new year. ♣

JFKU community events and activities

- ▶ January 6, 5–7pm
On-the-Spot Admit
Apply and enroll for winter quarter classes on the spot!
- ▶ February 6, 10:30am–noon
Pleasant Hill Campus Open House
Free and Open to Public
- ▶ February 19, 7:30–9:30pm
Becoming a Citizen of the Multi-verse
A presentation by Robert Moss, author of *The Three “Only” Things: Tapping the Power of Dreams, Coincidence and Imagination*.
Tickets: \$20

Other upcoming events

- ▶ January 23, 10:30am–noon
Berkeley Campus Open House
- ▶ January 30, 10:30am–noon
Campbell Campus Open House
- ▶ March 4/5/6,
Kennedy Lecture Event & Open House (Law–PH)
- ▶ April 8–9
Kennedy Lecture Event (Holistic–Berkeley)
- ▶ April 10
Museum Studies Colloquium
- ▶ April 23 (evening)/April 30 (evening)/May 8 (daytime)
Campus Open Houses
- ▶ July 29–August 1
Integral Theory Biennial Conference
- ▶ October 22–24
United States Association for Body Psychotherapy Conference



JOHN F. KENNEDY UNIVERSITY

Adult Programs

► You're in the Job Market. Now what?

On Thursday, January 7, 1:30–3:30pm, Contra Costa Co. Library Administration Bldg., 75 Santa Barbara Rd. Jan Daniel, a career counselor and HR professional, will highlight key elements of a successful job search with tips on self-evaluation, organizing your time, resume writing, interviewing, and many of the things you need to know for a productive job search. Bring your job search questions or submit them in advance to: ask@ccclib.org.

► Computers—Problem prevention and avoidance

On Thursday, January 14, 7:30–9:00pm, Contra Costa Co. Library Administration Bldg., 75 Santa Barbara Rd. Jeremy Hein, owner of Hein Computer Services, Inc. will be discussing what you need to know about computer security, maintenance, backup, and restoration.

► Getting Started with LinkedIN

On Tuesday, January 19, 2:00–4:00pm, in the Pleasant Hill Library Computer Lab. Kerry Jones, a presenter for Experience Unlimited will help you use LinkedIn, a networking site used by professionals to expand business contacts, as a tool to add to your job search strategy. Space is limited to 20 participants so sign up now at ccclib.org/programs

Project Second Chance—Adults learn to read free!

Do you know an adult who struggles with reading and writing? If so, please let them know about Project Second Chance (PSC), the Contra Costa County library's adult literacy program.

PSC offers free, confidential, one-on-one basic literacy instruction. Half of PSC's students were born and educated in the United States, but never learned to read or write at the level they wish. For the other half, while they speak English, it is not their native language.

Tutoring is done by trained community volunteers who meet with their students twice a week, providing customized lessons.

If you are interested in learning more or in becoming a tutor, please call 927-3250 or visit our website at ccclib.org/psc. You won't regret it!



The Pleasant Hill Library,
1750 Oak Park Blvd.
Pleasant Hill, CA 94523

For more information about programs at the Pleasant Hill Library, please call the library at 646-6434 during open hours on Tuesday 1–8, Wednesday and Thursday 11–6; or Friday and Saturday 10–5; or visit the library online at ccclib.org. Phone: 925-646-6434.

For additional information on winter programs held at the Pleasant Hill Library, please visit the library's calendar event page at ccclib.org.

A festive Grand Opening of the Pleasant Hill Instructional Garden (PHIG) was held on Sunday, October 25, 2009, complete with music from the Sweet Adelines a cappella quartet, *Untamed*.

The recognition ceremony, held at the Pleasant Hill Education Center Amphitheatre, occurred almost two years from groundbreaking at Pleasant Hill's Community Service Day on September 17, 2009.

The Pleasant Hill Civic Action Commission, Contra Costa Master Gardeners, Boy Scouts from Troops 405, 421 and 221, California Council of Adult Education, Pleasant Hill Garden Study Club, Chevron, Don Wilson, Nay and Jim Albertson, Dottie Williams and others were recognized for their contributions to the garden. To date more than 200 volunteers have contributed over 3,000 hours of community service to PHIG. Volunteers Kathy Richardson and Aleeta Slattery explained why they chose to help create this mostly native plant garden since it uses no pesticides and is creating a wildlife habitat for birds, bees, and butterflies.

Often volunteer community projects take decades to complete, but progress on this garden has been speedy. Although not yet complete, the site would not be recognizable from its original use as a neglected corner for overflow parking, opposite Pleasant Oaks Park and the Pleasant Hill Middle School. Handicapped-accessible paths, seating, a working composting system, effective dry creek beds, raised garden beds, an informational kiosk, a redwood arbor for California grapevine, and a demonstration drip irrigation system using recycled water contributed by Central Contra Costa Sanitary District have transformed the former eyesore into a green oasis.

The hard-working Steering Committee, represented by Elaine Groen, Ariane Habets, Arti Kirch, Susan Lorenzen, Dana Simmons, and Bob Swanson and headed by Mt. Diablo Adult Education teacher and Master Gardener, Monika Olsen, has put in a multitude of hours collaborating, planning, writing, fundraising, working in the garden, preparing publicity, and coordinating annual Community Service Day events, the annual Week of Caring United Way community service drive and ongoing garden work parties.

Plans continue. Funding for the California grape arbor, an Eagle Scout project completed by Scott Spofford, is still needed as well as support for an entry sign, a storage shed, a weather monitoring station, permanent plant identification and signage, a seasonal wetland and a spring water feature to provide wildlife with sources of water. Additional volunteers are still required to make this piece of ground environmentally healthy, beautiful and educational.

To learn more visit phig.webs.com. To volunteer or make a contribution, write to phecgarden@prodigy.net or Pleasant Hill Instructional Garden, 1 Santa Barbara Road, Pleasant Hill, CA. 94523. Call (925) 937-1530 to leave a message.

Busy times at the Pleasant Hill Senior Center

★ Breathing Yoga

Along with some gentle stretching, you will learn different types of breathing techniques, which help with chronic diseases such as allergies, asthma, heart problems, hypertension, insomnia, and much more. 2225.801

January 6–27

- Wednesdays, 5:30-6:15pm
- Senior Ctr:
233 Gregory Lane, Bldg 3
- Fee: \$31/ \$27 members/
Drop-in \$8

★ Social Networking: Facebook & Facebook Plus

Discover the fun of social networking and reconnecting with people from the past through Facebook! This class will help you set up your account, create a profile, learn how to navigate through the site, and much more. *Pre-requisites: Beginning Computers & Internet A-Z or basic knowledge of computers and the internet.

Facebook 101: January 11 & 13 Facebook Plus: February 1 & 3

- Monday & Wednesday
9:30-11:30am
- Senior Ctr: 233 Gregory Lane
- Fee: \$15/ \$10 members

★ Mardi Gras Celebration

Celebrate Mardi Gras, New Orleans Style. Come dressed in festive attire to win prizes! Light appetizers and wine will be served. Sponsored by the Chateaus.

February 19

- Tuesday, 4–6pm
- Senior Ctr.:233 Gregory Lane, Bldg 2
- Presale \$6 (includes 2 tasting tickets) /
At the door \$8

★ Taste of the Vine

Relax from your week and casually sip on a glass of wine with friends. There will be a variety of red and white wines for you to select, plus light hors d'oeuvres will be served. Non-alcoholic beverages available. Sponsored by The Chateaus of Pleasant Hill

December 4

- Friday, 4–6pm
- Senior Ctr: 233 Gregory Lane
- \$6 (includes 2 tasting tickets)

★ Pancake Breakfast

Their monthly pancake breakfast now features French Toast! Enjoy a bottomless plate of either one with eggs, sausage, and orange juice.

January 3 & February 7

- 1st Sunday of every month,
9am–11am
- Senior Ctr: 233 Gregory Lane, Bldg 2
- \$3.50 ages 11 and up /
\$2.50 ages 5 to 10 /
FREE ages 4 & under

Stay active, Pleasant Hill!

Pleasant Hill Recreation & Park District has a New Years recommendation for you! Stay active in 2010—register now for an athletic league!

Beginning in January, adults can sign up for Basketball (either 3-on-3 or 5-on-5), Bocce, Flag Football, Kickball, Soccer, Softball, or Volleyball. All leagues are set up for competitive play, but the overall goal is enjoyable participation for all. The emphasis is purely recreational and is based on developing fun, enjoyment, good

sportsmanship, and friendship. Registration closes in late February or mid-March. For details, see page 16 of the latest Spare Time Spotlight (the one with swimmers on the cover) or for a great variety of other Fitness and Health classes, visit www.pleasanthillrec.com.

The brochure is available at the Pleasant Hill Community Center, the Senior Center, the Administrative Office, the Pleasant Hill Library, or local businesses throughout town.



Passing the gavel

At the board meeting on December 3, the Pleasant Hill Recreation & Park District Board of Directors elected Sherry Sterrett to her fourth term as Board Chair. Sterrett joined PHR&PD Board in 1996, and has been honored by two statewide awards for outstanding service to the District. In 2003, she was honored by the California Association of Recreation & Park Districts (CARPD) as the Outstanding Board Member of the Year; and, in 2007 the California Special Districts Association named her the Board President of the Year.

Sterrett has an impressive history of public service. She served for seven years on the Mt. Diablo School Board (1980-1987); then eight years on the Pleasant Hill City Council (1987-1995); and, concurrently with her Pleasant Hill Recreation & Park District duties, she served as President for the statewide California Special Districts Association (2004–2006).

She continues serving special districts as a member of the CSDA Board of Directors and as faculty for the CSDA Leadership Academy. Last year, she volunteered as campaign manager for the successful Measure E bond election. The bond passed with over 75% voter support. PHR&PD will now begin construction of a new Senior Center, a new Teen Center, replacement of the Pleasant Hill Community Center, and upgrades to the Pleasant Oaks Park.

From 2007-2009, Dennis Donaghu served as the Board Chair. Under his leadership, PHR&PD made many notable accomplishments, including building the Sprayground at Pleasant Hill Aquatic Park, the complete renovation of the Pool at Pleasant Hill Aquatic Park, and the success of Bond Measure E.

East Bay International Jewish Film Festival in Pleasant Hill

If you like foreign and independent films but don't want a hassle with traffic or parking, try the East Bay International Jewish Film Festival, opening for its 15th year on Saturday evening, February 20 with the award-winning film *Ajami*. Now with a new name (it was formerly the Contra Costa festival) and more films than ever before, this year's program will screen all of its films at the Pleasant Hill CineArts in the large 'dome' theatre.



"We sold out most evening performances," notes Festival board member Debra Levin, a long-time Pleasant Hill resident. "Our Festival has definitely made itself a must-attend event! Our films take you on a journey across continents and across time, and we're proud to break down barriers between people."

This year, the Festival will hold a special screening geared for middle and high school students. *Inside Hana's Suitcase*, playing at the CineArts on Monday, February 22 at 2:00pm, blends documentary and dramatic techniques to tell the story of two children who grew up in pre-WWII Czechoslovakia and the terrible events that they endured just because they happened to be born Jewish. Based on an internationally acclaimed book, it is also the present-day story of a group of Japanese children and their tenacious teacher, Fumiko Ishioka, and how they solved the mystery of Hana Brady, whose name was painted on an old battered suitcase that they received from Auschwitz. "It is a film grounded in a certain time and place," says Levin, "but also has a contemporary global perspective. While very suitable for students, the film also has an emotional appeal to adults."

Charity comedy to raise money for those in need

One in six Americans without enough food this winter is not anything to laugh about—but you can help by laughing at this charity event. A local, professional improv troupe named *Trapped in a Rumor* will perform a comedy show at Club 50 Fitness (609 Gregory Lane, Suite 120) on January 29 and 30 at 7pm. Tickets are \$7 each and 100% of the revenue will be donated to the Saint Vincent de Paul. Call 938-5050 to reserve your seats.

This fundraiser helps people living right here in Pleasant Hill. Over the last two years Saint Vincent de Paul at Christ the King has seen demand for its help double. They are struggling to raise money to provide the same level of service. They support people with vouchers for food and clothing, bags of food, warm coats, and supplies for the homeless and those in need. You can also help by dropping off canned or shelf stable food, cereal, warm coats, scarves and gloves or monetary donations for St. Vincent de Paul at Club 50 Fitness any time during the year.

Pleasant Hill Teens—Center Stage

Pleasant Hill Recreation & Park District is pleased to present the first performance by its newest teen theater group. Center Stage was designed for teens who have been searching for a troupe that ventures beyond ordinary play acting and into the dramatic world of theater. This new group will explore the classics and work with current issues facing teens today.

Their first production, *Auntie Mame*, will be presented January 14–24 at the Winslow Center. Produced and directed by Doña Foreman, *Mame* is the story of a woman of spirit, innate kindness, and undefeatable courage and her relationship with her nephew from 1928 to the 1960s. The delightfully endearing story follows their inspirational connection of the heart through fortunes that rise and fall. Tickets available at the Park District Office, 147 Gregory Lane, for \$10/advance or at the door of the Winslow Center, 2590 Pleasant Hill Road, for \$12.

For information, call 682-0896 or visit www.pleasanthillrec.com/events4.htm.

Get active this spring with "No Boundaries" program

This spring, join Fleet Feet Sports and New Balance to walk or run your first 5k. The program focuses on beginners, but all levels of walkers and runners are welcome.

In less than 3 months, you can train and be ready to cross the finish line of your first 5K. Along the way we'll be providing you with motivation to keep you moving, guidance and advice, weekly group training runs or walks, and educational clinics on topics such as proper nutrition, choosing the right gear, and avoiding injury. Plus, you'll have the camaraderie of others just like you.

As part of the experience, program participants will receive the following...

- A complete 12-week training program and calendar with detailed workouts provided
- One coached training session per week, to be held at Fleet Feet Sports every Saturday
- Informational clinics on proper footwear, injury prevention, and nutrition
- Weekly e-mail from the coach with tips, advice and motivation/encouragement
- Dedicated support from the coach to answer individual questions
- Weekly Group Runs available from Fleet Feet Sports
- New Balance Technical T-shirt and other goodies

The fee for each program, \$79, does not include the race registration fee. Race day on July 4 is known as the Firecracker 5K race and supports the Pleasant Hill schools. The first group workout is Saturday, April 10. For more information call Fleet Feet Sports Pleasant Hill at 827-4772. ♣

PHCF awards honorariums

The Pleasant Hill Community Foundation recognized the winners of this year's Educator of the Year and Community Plus Awards with honorariums. The recipients were announced at the Pleasant Hill Community Awards Night on November 18.

Amy Davis, art teacher from Valley View Middle School, received the Educator of the Year Award due to her commitment to her students, the school and the community. She promotes her students' art throughout the community at Sunvalley Mall, the Music and Art Showcase in downtown Pleasant Hill, and the Center for Peace. She has incorporated core curriculum into the art program to reinforce what is being learned in history and English and prepares interdisciplinary



lessons for fellow teachers. She is also active with the PTSA, grade and department meetings, Site Council, tutoring students on Saturdays and as department chair. She was presented a \$1,000 honorarium from the Block-Harris Tikkun Olam Education Fund with PHFC.

Kelly Calhoun, Economic Development Manager with the City of Pleasant Hill, received the Community Plus Award due to her innovative and hardworking work ethic. She has been a strong advocate for local businesses and assists them with marketing and promotion above and beyond her job description. For example, she spearheaded the "Light Up the Night in Downtown Pleasant Hill" in only two weeks to bring the holidays to our downtown. She was presented a \$500 honorarium from the Holmes Family Endowment Fund with PHFC.

If you are interested in how you can establish an endowment with the Pleasant Hill Community Foundation and/or how you can provide an honorarium for one of the other great people recognized at Community Awards Night, please contact Betty Geishirt Cantrell, President, at 381-3566.

Community awards its winners

The City, Chamber and Recreation & Park District hosted the 39th Annual Community Awards Night on Wednesday, November 18, 2009. The event honors and recognizes individuals, businesses and organizations in Pleasant Hill that have made significant contributions in improving the community through volunteerism and community service.

2009 Award Recipients

Community Service Award – Pleasant Hill Teen Council

Rec & Park District Board Appreciation Award – Measure E Campaign Volunteers

Cornerstone Award – Ted Winslow, Treasurer, PH Community Foundation

Teen of the Year – Allison Maeyama, Senior, College Park High School

Mayor's Award – Foundation for Pleasant Hill Education, Civic Action Commission, and City Staff members: Lynn Boardman, Linda Stehr, Martin Nelis, and June Catalano

Community Plus Award – Kelly Calhoun, Economic Development Manager, City of Pleasant Hill

Chamber Board Appreciation Award – Jessica Braverman, Esq., CA Employment Law Training Ctr., and Barry Howell, Outback Steakhouse

Ambassador of the Year – Len Shapiro

Business Hall of Fame – Allied Waste Services

Chamber Green Award – Bill Wygal, Bill's Ace Hardware

Business Person of the Year – Scott Davis, Magoo's Grill of Pleasant Hill

Educator of the Year – Amy Davis, Valley View Middle School

Citizen of the Year – John & Jo-Ann Lee

Our rockin' community! Events for January and February 2010

Date	Event	Location	Organization	Contact
Jan 3	Pancake Breakfast	PH Senior Center	PH Senior Center	798-8788
Jan 7	You're in the Job Market. Now what?	PH Library	PH Library	646-6434
Jan 14	Computers—Problem Prevention...	PH Library	PH Library	646-6434
Jan 15	Lions Crab Feed	PH Community Center	PH Lions	998-1286
Jan 19	Getting started with LinkedIn	PH Library	PH Library	646-6434
Jan 19	Home Composting Workshop	PH City Hall	City of Pleasant Hill	671-5265
Jan 14-24	Auntie Mame	Winslow Center	Center Stage, PH Teens	682-0896
Jan 25	Math Forum for Parents	Sequoia Middle School	PH Education/Schools Advisory Comm	671-5229
Jan 29	Mayor's Breakfast	PH Community Center	PH Chamber of Commerce	687-0700
Jan 30	Comedy Show	Club 50 Fitness	Club 50 Fitness	938-5050
Feb 7	Pancake Breakfast	PH Senior Center	PH Senior Center	798-8788
Feb 16	Home Composting Workshop	PH City Hall	City of Pleasant Hill	671-5265
Feb 19	Mardi Gras Celebration	PH Senior Center	PH Senior Center	798-8788
Feb 20	Special Olympics Crab Feed	PH Community Center	PH Police Department	288-4619
Feb 20-24	Jewish Film Festival	PH CineArts Theatre	Jewish Federation of East Bay	www.eastbayjewishfilm.org
Feb 26	PH Dolphins Crab Feed	PH Community Center	PH Dolphins Swim Team	682-0896
Feb 27	Polar Plunge	Crissy Field, SF Bay	Pleasant Hill Police	288-4650

Economic Development/Business News in Pleasant Hill...welcome to new businesses

The City of Pleasant Hill is committed to promoting and supporting the business community within the City. The economic vitality of Pleasant Hill is dependent on a strong business sector, and the City plays an important role in making this happen. To find out more about Economic Development efforts in Pleasant Hill or for additional information on locating or expanding your business operations in the City, please contact Kelly Calhoun at 671-5213.



New businesses October 2009

Debbie Wright

(Skin Care-Facials & Waxing)
2611 Pleasant Hill Road
925-285-1466

Discount Tax Corporation (Tax Preparation & Real Estate Brokerage)
1941 Oak Park Blvd., #40
925-933-9590

Heidi Welch (Hair Stylist)
708 Contra Costa Blvd.
925-383-3388

Home Concepts Furniture
210 Golf Club Rd.
925-969-1880

Lily Nail (Nails, Waxing & Facials)
1904 Oak Park Blvd.
925-698-0353

Liz Garcia Light Works
(Healing-Etheric Energies of the Body)
395 Civic Drive "C"
925-726-0300

Neda's Beauty (Hair Stylist)
91 Gregory Lane, #6
925-360-9709

Smokin Okies BBQ Joint, Inc.
1941 Oak Park Blvd., #5
925-942-0120

Zulma's Spa (Skin Care)
508 Contra Costa Blvd. K-1
925-366-4285

Capp Motors/Capp Ventures, Inc.
(Wholesale-Used Auto Sales Office)
925-944-5873

Don Lee Consulting
(Computer Consulting)
415-505-4338

Don Lee
(Auto/Motorcycle Repair office only)
415-505-4338

Fuzzy Brush (Tooth Brushes)
925-930-6032

Tice Valley Electric
925-708-2194

Willis Construction
925-788-7493

Youpix.Me (Event Photography)
925-289-0160

New businesses November 2009

Blush Salon & Spa
1571 Oak Park Blvd.
925-380-1772

Dorothy A. Kruse, MFT
(Marriage/Family Therapy)
140 Mayhew Way, #702
925-943-3916

Maureen Nelson
(Career Coach/Resume Writing)
925-708-7476

Get free tax help in Pleasant Hill

If you earned less than \$52,000 in 2009, you can get your taxes prepared for free through the Earn It! Keep It! Save It! Contra Costa campaign. IRS-certified tax preparers will help you get the return you deserve.

You may also qualify for the Earned Income Tax Credit, which could mean a refund of up to \$5,657. Earn It! Keep It! Save It! Contra Costa will file your taxes electronically, so you can get your refund in about a week.

Last year, 47,000 Bay Area families filed their taxes with Earn It! Keep It! Save It! They avoided hundreds of dollars in tax preparation fees and "rapid refund" loans, and you can too!

There are 37 free tax sites in Contra Costa County, several of which are located near Pleasant Hill, shown below.

This free service is sponsored by the Family Economic Security Partnership (FESP) and run by the Community Housing Development Corporation and AARP. For more information, and to find out what documents to bring, dial 2-1-1 or visit www.earnitkeepsaveit.org.

The free tax sites are at the following locations:

- **Hillcrest Congregational Church, AARP,**
404 Gregory Lane, Pleasant Hill
- **East Bay Works One Stop Career Center,**
4071 Port Chicago Hwy, Concord
- **Catholic Charities of the East Bay,**
3540 Chestnut Ave, Concord
- **Mt Diablo Housing Opportunity,**
2699 Monument Blvd #G, Concord
- **WISE,** 1465 Enea Court, Concord
- **Concord Library, AARP,**
2900 Salvio Street, Concord
- **United Methodist Church, AARP,**
1645 West Street, Concord

City Meetings

JANUARY

WHEN	WHAT	WHERE
Fri 1	New Year's Day—City offices closed	
Mon 4	7:30pm City Council-Redevelopment Agency	Council Chambers
Wed 6	9:00am Commission on Aging	City Hall Small Community Room
Wed 6	6:30pm Civic Action Commission	City Hall Small Community Room
Thu 7	5:00pm Architectural Review Commission	City Hall Small Community Room
Tue 12	6:00pm Traffic Safety Commission	City Hall Community Room
Tue 12	7:30pm Planning Commission (Public Hearing)	Council Chambers
Thu 14	5:00pm Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Mon 18	Martin Luther King Birthday—City offices closed	
Thu 21	5:00pm Architectural Review Commission	City Hall Small Community Room
Mon 25	7:30pm Redevelopment Agency-City Council	Council Chambers
Tue 26	7:30pm Planning Commission (Public Hearing)	Council Chambers
Wed 27	7:00pm Education/Schools Advisory Commission	City Hall Large Community Room
Thu 28	5:00pm Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Thu 28	5:00pm Redevelopment Advisory Commission	City Hall Large Community Room

FEBRUARY

WHEN	WHAT	WHERE
Mon 1	7:30pm City Council-Redevelopment Agency	Council Chambers
Wed 3	9:00am Commission on Aging	City Hall Small Community Room
Wed 3	6:30pm Civic Action Commission	City Hall Small Community Room
Thu 4	5:00pm Architectural Review Commission	City Hall Small Community Room
Tue 9	6:00pm Traffic Safety Commission	City Hall Community Room
Tue 9	7:30pm Planning Commission (Public Hearing)	Council Chambers
Thu 11	5:00pm Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Fri 12	Lincoln's Birthay—City offices closed	
Mon 15	President's Day—City offices closed	
Thu 18	5:00pm Architectural Review Commission	City Hall Small Community Room
Mon 22	7:30pm Redevelopment Agency-City Council	Council Chambers
Tue 23	7:30pm Planning Commission (Public Hearing)	Council Chambers
Wed 24	7:00pm Education/Schools Advisory Commission	City Hall Large Community Room
Thu 25	5:00pm Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Thu 25	7:00pm Redevelopment Advisory Commission	City Hall Large Community Room



CITY OF PLEASANT HILL

100 Gregory Lane
Pleasant Hill, CA 94523-3323
925-671-5270
www.ci.pleasant-hill.ca.us

CITY OFFICIALS

Mayor Karen S. Mitchoff
Vice Mayor John Hanecak

Councilmembers

David E. Durant
Michael G. Harris
Terri L. Williamson
City Manager June Catalano
City Clerk Marty McInturf

City Council meetings are broadcast on Comcast channel 26 on 1st and 3rd Wednesdays at 7:30pm.

Meetings are also available on the City website under "Council Webcast."

CITY HALL HOURS

Monday–Wednesday 8:30am–5:00 pm
Thursday 8:30am–6:00 pm
Friday 8:30am–1:00 pm



The City of Pleasant Hill newsletter is published bimonthly. Deadline for stories and story ideas for Jan/Feb is February 5. Ideas are always welcome. Local non-profit groups may submit articles to the Public Information Officer at 100 Gregory Lane, Pleasant Hill, CA 94523. For information, call Martin Nelis at 671-5229, fax to 680-0294, or email to mnelis@ci.pleasant-hill.ca.us.

PUBLISHED ON RECYCLED PAPER



Editor/Writer Martin Nelis, PIO
Design/misc photos Donaghu Graphic Designs

COVER: Lake at Award-winning City Hall

Important Phone Numbers

Police/Fire Emergency 911
Police (Business) 288-4600
Fire (Business) 930-5500
Public Services Center 671-4646
Chamber of Commerce 687-0700
Recreation & Parks 682-0896
PH Bayshore Disposal 685-4711
PG&E 800-743-5000
Senior Center 798-8788
Senior Van Service 671-5272



City of Pleasant Hill
100 Gregory Lane
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Math Forum for PARENTS!

Got math questions? Trying to help your genius with algebra? The Pleasant Hill Education/Schools Advisory Commission will hold a Math Forum for elementary and middle school parents the evening of January 25, from 7—9pm, at Sequoia Middle School. **Save That Date!!**

Philip Gonsalves, who currently provides professional development in mathematics for middle school teachers in the Mt. Diablo Unified School District, will be the presenter. The evening will focus on why we are teaching mathematics differently, and the best practices for learning not just how to do math, but why math makes sense. Specific strategies and tips for parents to use at home to help their children be more successful in math will be shared as well. Mr. Gonsalves also teaches mathematics at California State University East Bay, coordinates mathematics programs at the Alameda County Office of Education, and is Executive Director of ACCLAIM, a highly regarded mathematics professional development program.



This event is free. However, reservations are appreciated and will be taken in advance in order to provide adequate seating and materials. To RSVP, please register at www.MathForum.homestead.com. For additional information, please contact Martin Nelis, Public Information Officer at the city of Pleasant Hill at mnelis@ci.pleasant-hill.ca.us. ♣

**We're Saving
a place for you!**
at the annual "Mayor's Breakfast"

January 29 ♦ 7:30am
Pleasant Hill Community Center

Breakfast by Magoo's Grill ♦ \$25

RSVP Ingrid at 687-0700

