

the OUTLOOK



of Pleasant Hill, California

NEW location and NEW management for the Pleasant Hill Farmers' Market!



The Pleasant Hill Farmers' Market opens on Saturday, May 1, with a Grand Opening on Saturday, May 8. The market will be held every Saturday from 8am until 12 pm at the **new location** on Crescent Drive in front of Century Theatres in Downtown Pleasant Hill.

The new market manager is Pacific Coast Farmers' Market Association which operates more than 60 markets in the Bay Area, including those in Concord, Jack London Square, Santana Row in San Jose, Danville, San Leandro,

and many others at Kaiser Permanente facilities.

"We're excited about the addition of the Pleasant Hill Farmers' Market," said John Silveira, Director of Pacific Coast Farmers' Market Association (PCFMA). "The new location will provide the community with healthy produce options and live entertainment, right in the heart of Downtown Pleasant Hill."

The downtown location is a perfect setting for those wanting to buy locally grown produce, all while enjoying everything Downtown Pleasant Hill has to offer. The market will stretch along Crescent Drive from the

intersection with Crescent Plaza as far as the pedestrian crosswalk at the entrance into the Downtown Parking Garage. However, cars will still have access to the parking garage thereby providing around 680 parking stalls for market and downtown shoppers.

The grand opening on May 8 will be a fun-filled celebration kicking off the start of a brand new season. It includes many highlights....

- ★ A ribbon cutting ceremony to be held at 10am by the Chamber of Commerce
- ★ A cooking demonstration, using fresh produce from the market
- ★ Live entertainment by local favorite, Cover2Cover band
- ★ Kids entertainment and festivities
- ★ A Grand Prize drawing for market goers
- ★ Lots more to keep the downtown in high spirits all day long

—Continued on page 2



Win an iPad!

See page 4 for Entry Form to win an iPad and other prizes at the **GRAND OPENING on May 8th**





Simple steps to prevent burglaries

Auto burglaries continue to be a most popular crime in Pleasant Hill. We need YOU to help us by taking simple preventive measures.

Many of these crimes are also “crimes of opportunity” and the actions you take can help reduce the likelihood you will become a victim.

Following are some auto burglary prevention tips:

- Always be sure to leave your car’s windows rolled all the way up and the doors locked. Remember to shut your garage’s door if you are able to park in a garage.
- Do not leave anything of value, such as purses, computers, backpacks, in plain view in your car’s interior even if it is left locked. Often the difference between a car which is targeted by thieves and a car which is left alone is what is inside the car and visible to the thief.
- Try to park in well lit areas, including in shopping centers. If you park your car in your home’s driveway, consider the installation of motion sensitive outdoor lighting.
- Consider the purchase of a car alarm. While it is fairly common to hear an alarm sounding, many thieves target cars without alarms.

If you see suspicious persons loitering in an area or in your neighborhood, please call the Pleasant Hill Police non emergency line at 925-288 4600 or the emergency lines at 9-1-1 or 925-680-7000 depending upon the circumstances. Crimes which you actually observe, such as seeing someone break into your car, may be reported on the emergency lines but more routine matters should be reported on the non emergency lines. Your help is vital and we can work together to reduce auto burglaries and other crimes. ♣

Election of City Councilmembers

On November 2, 2010, Pleasant Hill voters will elect two Councilmembers. The nomination period will begin at 8:30am on Monday, July 12, 2010 and end at 5:00pm on Friday, August 6, 2010. However, if one of the incumbent officeholders does not file by the August 6th deadline, the nomination period for that vacancy will be extended (for any qualified person, other than the incumbent) until 5:00pm on Wednesday, August 11, 2010.

Nomination papers can be obtained from the City Clerk’s office during the nomination period. Candidates must be registered voters of Pleasant Hill at the time the nomination papers are issued.

Candidates are invited to contact the City Clerk’s office at 925-671-5237 for election details. You may also email Linda Stehr at lstehr@ci.pleasant-hill.ca.us. ♣

Pleasant Hill seeks commission applicants

The City is seeking candidates to serve on the following Pleasant Hill Commissions:

Planning Commission

This seven-member Commission provides recommendations to the City Council regarding land use, zoning, and general plan issues. The Commission meets in the City Council Chambers (100 Gregory Lane, Pleasant Hill) on the 2nd and 4th Tuesday of each month at 7:30pm. To qualify as a candidate, you must be at least 21 years of age, a citizen of the United States, and a resident of Pleasant Hill for at least one year prior to appointment to the Commission.

Education/Schools Advisory Commission

This advisory board to the City Council was formed to improve the quality of K-12 education in Pleasant Hill. Meetings are held at 7:00pm. on the fourth Wednesday of the month at City Hall. Candidates must be residents of either Valley View or Pleasant Hill middle school attendance areas for at least one year. Members need not be Pleasant Hill residents to qualify.

For an application or more information, contact Linda Stehr by phone at 925-671-5284 or by e-mail at lstehr@ci.pleasant-hill.ca.us. Applications are due by 5:00pm on Monday, May 24, 2010. ♣

Farmers’ Market—continued from page 1

A variety of local farmers and food producers will be there to provide fresh seasonal produce, such as strawberries, asparagus, cherries, peaches, and summer squash—and handcrafted food, like bread, sorbet, and Indian food.

PCFMA is the state’s largest operator of Certified Farmers’ Markets, with over 60 Certified Farmers’ Markets weekly in the Bay Area during the peak summer months. Certified Farmers’ Markets are locations that offer only California-grown products sold directly to consumers by the farmers that grew, nurtured, and harvested the crops. All PCFMA markets accept WIC FMNP (Woman Infant and Children Farmers’ Market Nutrition Program coupons) and EBT (the Golden State advantage food stamp cards).

For more information on the Pleasant Hill Farmers’ Market

please contact the Pacific Coast Farmers’ Market Association at

800-949-FARM, 925-825-9090 or go to www.pcfma.com.

You can also contact Martin Nelis at the City of Pleasant Hill at 925-671-5229 or by email at mnelis@ci.pleasant-hill.ca.us.



City Council adopts stricter smoking regulations for apartment units, childcare facilities, and public events on City property

At its meeting on April 5, the City Council voted to approve amendments to the City's ordinance regulating smoking in public places and in multi-family residential facilities. The new ordinance takes effect on May 5, 2010.



Smoking is now prohibited in licensed child and health care facilities not only during hours of operation but at any time inside the facility and, during the facility's operation, outside within 20 feet. Smoking is also prohibited in a public service area such as an ATM line, public telephone, ticket line, bus stop, and taxicab stands.

The Council also extended the smoking ban to outdoor events on public property, such as the Summer Concert Series, Farmers' Market and the Art, Jazz & Wine Fest, except in designated smoking areas.

Bars and restaurants now come under a similar provision which allows only 25% of any outdoor area to be designated for smoking under certain conditions.

Multi-Family Residences

The new ordinance regulates smoking in buildings with four or more apartment units, excluding condominium complexes. Specifically, the ordinance prohibits smoking:

- In both outdoor and indoor common areas;
- On a private deck or patio area which is within 20 feet of a designated non-smoking unit; and
- Within 20 feet of a door, operable window, or ventilation system except while actively passing by.

In addition, landlords are now required to:

- Designate 50% of existing units as non-smoking within 5 years;
- Designate 100% of all newly constructed units (after May 5, 2010) as non-smoking;
- Disclose to new tenants the location of smoking-allowed units and any adjacent unit where the tenant currently smokes;
- Not charge a fee to a tenant who requests moving to another unit to avoid second-hand smoke, except for the customary security deposit; and
- Upon the request of the City, provide written documents establishing compliance with the above requirements.

The manager of a multi-unit residential complex may designate up to 25% of an outdoor common area for smoking provided that it is not within 20 feet of a swimming pool or play area, and is not within 20 feet (in all directions) from non-smoking areas.

Go to www.ci.pleasant-hill.ca.us/smoking to view the complete ordinance. ♣

Letter to homeowners from the City Building Crew

BUILDING SAFETY MONTH...

The month of May, 2010 is "Building Safety Month." This is the first time the International Code Council (ICC) has designated an entire month to inform the citizens we serve about the essential role building safety professionals play in protecting their lives and property.

This is a reminder to all of us to have an open dialogue about the codes that are in place and the new codes on the horizon. The City is proactive in sharing the value of building safety and fire prevention with its citizens, because the codes are to protect the lives and prevent or minimize building destruction during natural or manmade events.

Each week focuses on a core theme:

- ▶ Week 1 – Energy & Green Building Week
- ▶ Week 2 – Disaster Safety & Mitigation Week
- ▶ Week 3 – Fire Awareness & Safety Week
- ▶ Week 4 – Backyard Safety Week

The Building Division takes appropriate steps every day to ensure the safety of the places where people live, work, play, and learn by reviewing building plans, issuing building permits, and inspecting buildings during construction to ensure that applicable code requirements are met and maintained. For further detailed information, you can visit the ICC site (www.icc-foundation.org) or call the Foundation at (888) ICC-SAFE (925-422-7233), ext. 4223.

As always, we are available to answer and support your concerns. Please call 925-671-5200 with any questions.

Sincerely,

Mike, Vicki, Ed, and Brent
City Building Division, 671-5200



PLEASANT HILL FARMERS' MARKET

Saturdays, 8am-12pm • Beginning May 1st

Grand Opening Celebration May 8th

Live Music by Cover2Cover • Kids' Activities

Live Cooking Demonstrations

Bring this Enter-to-Win form to the information booth on May 8th for your chance to win a:

iPad & Other great prizes!

Name _____

Email _____

Telephone # _____

Limit 1 per customer. Entries only valid on 5/8/10.

Downtown Pleasant Hill

New Location!

in front of the

Century 16 Theatre



We Gladly Accept:



pcfma.com/pleasanthill
1.800.949.FARM



4th of July coming soon!

The Fourth of July will soon be here, and residents of Pleasant Hill are encouraged to begin planning their parade entry. This year's theme will be "A Star-Spangled Celebration"!!!!

You don't need a float to be in the parade. Decorate your bike, ride your horse, dress up your car, drive an antique car or tractor—everybody's welcome! Get together with your neighbors, co-workers, family and friends, march in tie-dye shirts, carry balloons and confetti, sing a patriotic song in 5-part harmony—build an entry around this year's theme! Celebrate small-town life, family and fun, helping others, creativity, or your hobby. All types of entries are encouraged. Just join in the fun!

Got an idea for a float? Get on it! "Floats and bands are among the really crowd-pleasing highlights of a parade!" says Jim Bonato, president of the Pleasant Hill Fourth of July Commission. "Neighborhood groups, organizations,

Start planning your entry for this year's Fourth of July Parade!



and businesses are definitely encouraged to enter a float or walking entry that's theme-based....or just downright zany!

The day begins at 7:30am with a 5K Fun Run to support Pleasant Hill schools, followed by the parade through downtown streets at 9:00am. "After the parade is over, everyone heads to Pleasant

Hill Park for more activities," says Bonato. "There'll be music, games, and food, along with special activities for children. Don't miss the hit of last year's park activities—the Pie Eating Contest."

In the evening, the community can enjoy the spectacular fireworks show at College Park High School's football field, set off to live music performed by the Diablo Valley College Pops Band.

Go to the Commission's website at www.phjuly4.com for more information about the Fun Run and parade entry forms.

The Fourth of July Commission is an all-volunteer organization that relies on donations to fund the day's activities. Donations can be made online at the Commission's website at www.phjuly4.com or by mailing a check to P.O. Box 23272, Pleasant Hill, CA 94523.

If you wish to assist in planning Fourth of July activities, contact Jim Bonato at 938-5433 or Jo-Ann Lee at 933-6809 for more details. ♣

Public Works Week

The City of Pleasant Hill will be participating in the National Public Works Week, May 16–22, with a variety of events. The theme this year is "Above, Below, and All Around You."

On Saturday, May 22 between 9am and 12pm, several Public Works Agencies will be setting up booths and information areas in the downtown area next to the new Farmers' Market location on Crescent Drive. The City will have a barbecue and provide free hot dogs and sodas for the public. They will have information pamphlets, models and a booth set up to meet the public and discuss the benefits Public Works provide to our community.

Also, as part of Public Works Week, Elementary school students are invited to participate in the Public Works drawing contest. Winners will be recognized and given an award at the Pleasant Hill City Council meeting on May 17 at 7:30pm. ♣

Sign up for weekly updates

The City's website now features the "Weekly Update," a publication that outlines current and ongoing Department Projects and Programs. The document can be viewed on the City website (www.ci.pleasant-hill.ca.us) by clicking on WEEKLY UPDATE at the left side of the home page. It is also available through the Notify Me! system. If you wish to be notified by e-mail as soon as the Weekly Update is posted, you can sign up by clicking on Notify Me! listed under City Links on the home page. Sign up today and stay current on City projects and programs!

You can also sign up on the website to be notified of the following:

- City Council and Redevelopment Agency agendas and meetings
- Electronic publication of the Outlook newsletter
- Job postings
- Meetings and Agendas for other Commissions including Planning Commission, Architectural Review, Education Advisory, Civic Action, and Diablo Vista Water Advisory Board

Simply click on the "Notify Me" button on the right hand side of the city website (www.ci.pleasant-hill.ca.us), scroll down and choose which notifications you wish to receive, type in your email and/or your mobile phone number for text messaging, and click the submit button. ♣



“Learning and leadership are indispensable to each other.”

—John F. Kennedy, in the speech he prepared for delivery in Dallas the day of his assassination



Expressive arts camp for kids at JFKU

A five-day Exploration of Art for children, ages 6 to 12, is offered June 21 through 25 on the Pleasant Hill campus of JFKU. The program runs 9am to 3pm for the week; \$200 per child with snacks and all art materials included for mask making, murals, painting and collages.

Experimenting with various art forms, the children will engage in both individual and collective art projects, expanding notions of themselves and of their relationships to others.

The camp encourages personal growth, self-confidence and creative cooperation. Space is limited for this unique program. Go to the Community tab at www.jfku.edu or call (925) 969-3400 for information.



New JFKU Certificate in Sustainable Leadership

JFKU is using technology and innovation to offer a new Sustainable Leadership Certificate co-taught by Dr. Vernice Solimar, Department Chair for Integral Psychology at JFKU, and Dr. Monica Sharma, who has designed and led worldwide transformation projects with the United Nations. The Leadership for Sustainable Change certificate program involves both face-to-face and online course work on leadership identity, leadership skills, a conscious full spectrum approach to designing projects for sustainable change, self inquiry, exercises and practices for enhancing compassion, human potential and professional application in the world.



Dr. Monica Sharma

The program is an innovative hybrid model that combines three week-long learning sessions with online reading, writing, and project-based assignments. Leadership certificate students, who are from either from the local or global community, will receive ongoing coaching and advising

from instructors via email, Skype, and phone calls. The full program can be completed within one year. Using the Earth Charter as a guiding philosophy, this certificate prepares potential leaders to lead systemic sustainable change in community development, social and economic justice, ecological integrity and world peace.

“We created this program for people who want to develop skills and become conscious leaders in the human potential and social change movements,” comments Dr. Solimar. “Pioneers for change can come from any field and at any stage.” The certificate courses will develop a person’s capacity to apply conscious, full-spectrum leadership skills to specific projects and to generalize sustainable change in the world. The application deadline is July 31. For more information, contact vsolimar@jfku.edu or call 925-969-3521.

Six accelerated online general education courses this summer

With community college and college students finding it difficult to get general education (GE) classes, JFK University will offer six GE courses online this summer...

- Introduction to Mass Communication
- Effective College English I
- College Algebra & Trigonometry
- Information Literacy and Report Writing
- Introduction to Philosophy
- Introduction to Psychology

Each course is 4.5 (quarter) units and meets the general education requirement of community colleges, the California State University schools, and the University of California system. These accelerated online courses each take one month and will be offered starting July 1 and again on August 1. Students can take multiple courses during a session. No application fee is required since individuals will apply to JFKU as a “non-degree” student. The cost per course is \$450.00. Financial aid can be coordinated through a student’s current college. Because of the high demand for GE courses, students are encouraged to apply early.

For more details or to apply, visit www.jfku.edu or call 800-696-5358. ♣



JFK workshops

■ **Healing through Awareness, Movement and Energy: Understanding the Chinese Five Element System**

Saturday, May 22, 10am–4pm

John F. Kennedy University, Room 312. **FREE**

How can the energy of the body and mind be used to bring about healing? The Five Element system—Water, Wood, Fire, Earth and Metal—originated in Ancient China and has been used as a healing modality for thousands of years. In this introductory workshop we will explore the system and its uses in the process of healing. No experience needed. Space is limited. To register, call Lourdes at 925-817-7435, or e-mail Lourdes at 5elementhealth@gmail.com. Visit her website at www.FiveElementHealth.com.

M. Lourdes Gonzalez, M.Ac., A.P., M.M.Q. is a Holistic Health Specialist, a Medical Qi Gong Therapist and a Dream Work facilitator.

■ **What Is a Dream: An introduction to dream work for beginners**

Sunday, May 23, 10am–4pm

John F. Kennedy University, Room 271. **FREE**

In this introductory workshop we'll learn simple methods for working with and interpreting dreams in a safe and fun environment. Our dreams are windows into our unconscious processes and patterns, and studying dreams is a powerful way of learning about these hidden parts of us. This workshop is designed for beginners and no previous experience is needed. Just bring your dreams, your curiosity, and your questions. This is a free workshop. Space is limited. To reserve your place call Parisa at 925-300-7789 or email her at parissa_rmts@yahoo.com.

Parisa Rahimian has been studying and working with dreams for over 15 years. She holds a Master of Arts degree in Consciousness and Transformative Studies and a graduate Certificate in Dream Studies from John F. Kennedy University.

■ **How Full is Your Empty Nest?**

Saturday, May 22, 10am–4pm

John F. Kennedy University, Room 271. **FREE**

Do you cringe at the label of becoming an *empty-nester* because your children are leaving home? In this free workshop, Life Coach Aimee Deem will guide you to rediscover who you are now and shift your thoughts and attention away from fears of loneliness and sadness to creating goals full of joy and possibilities. To register call Aimee at 530-902-0302 or email her at aimeedeem@aol.com to reserve your place.

Aimee Deem earned a graduate level Life Coaching Certification in 2004 from John F. Kennedy University. In 2007 she graduated from the Academy for Coaching Excellence in Sacramento, an ICF certified program. ♣



This column is intended to highlight recently established restaurants, new menus, or improvements to existing businesses. This month's column features happy hour specials at many of Pleasant Hill's popular restaurants.

Dine local—be happy!

There are many ways that residents can continue to support a high quality of life in the City of Pleasant Hill and making the decision to spend locally is one of them. Your money spent locally helps fund more services through sales tax dollars that are re-invested in your neighborhoods. Why not take advantage of a budget stretching way to visit your local restaurants and sample some of the delicious menu offerings. For more information on the many dining and shopping options in the City of Pleasant Hill check out the following websites:

- www.ci.pleasant-hill.ca.us
(click on Community Interactive Guide)
- www.shopdowntownpleasanthill.com
- www.pleasanthillchamber.com

Happy hour specials

- **Tahoe Joe's.** 2–6 daily, all day Sunday in patio and bar only. \$1 off all wines, beer, and cocktails. \$1.99 for individual size of buffalo wings, jackpot nachos, onion straws, loaded cabin fries, and wood roasted salsa and chips. \$ 2.99 for railroad camp shrimp, 1/4 lb. cheeseburger/fries, and Joe's steak sliders.
- **Kobe Japan.** 4–6 daily. Sushi rolls for \$2-\$4; gyoza for \$2; lotus onion and garlic endamame for \$3; buffalo wings-yakitori- vegetable tempura for \$3.50; shrimp tempura and mixed tempura for \$4; Cream de Yam for \$1; draft beer from \$3.50-\$7; bottle beer from \$3.50-\$6; wine is \$4 a glass; hot or cold sake \$4; all well drinks \$4; all named hard liquor \$1 off.
- **Magoo's Grill of Pleasant Hill.** 3–6 Monday–Friday, 25% off appetizers and \$0.75 off all drinks. Then Monday 9pm–1am, 1/2 off appetizers and \$2.25 for Draft Bud, Draft Bud Light
- **La Tapatia.** 3–6 Monday–Friday, nachos-hot wings-quesadillas for \$4, house margarita \$3.75, well drinks \$3, tap beer for \$2.75.
- **Back Forty Texas BBQ.** 3–6 daily, 1/2 off all well and draft drinks. Offering six appetizers for \$3.25 each
- **Outback Steakhouse.** 4–6, Monday–Friday, \$1 off all drafts and well liquors. \$3.99 for the Gold Coast Rita, Wallabe Darned and both Sangrias.
- **Smokin Oakies BBQ Joint.** 5–7 Monday–Friday, 2-for-1 deal with Blue Moon, Anchor Steam, and the house wines.
- **Monsoon Masala.** 3–5:30 daily, \$2.75 all draft beers, \$5 all wines per glass, any appetizer 10% off. Just make sure to ask your server about any other happy hour discounts.
- **Mr. Lucky's.** 3–5 daily, \$1 off every drink except well drinks. Wine Wednesdays, 1/2 price all day on full bottles of wine.



Earthworms—yes or no!?

Your opinion is important and so is your answer to this question: *Should the City Host Free Workshops on Worm Composting?*

The City of Pleasant Hill is considering the possibility of hosting workshops on worm box composting. If you say “yes” then please call or email the City to let them know your opinion on this topic.

Why is the City asking this question?

For many years the City has hosted free workshops on backyard composting. Occasionally, someone asks for a class on worm composting. So, in order to be sure there is truly a big enough demand, the City thought it might be good to simply ask you for your opinion—Is this something that interests you and would you attend a free workshop?

Why is this important?

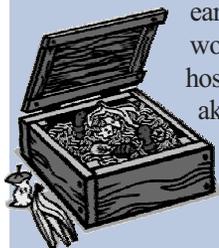
Preventing unnecessary waste is an important goal for all of us. Did you know that in Pleasant Hill more the 20% of what is in our garbage cans is organic (yard trimmings and food scraps) and that a lot of that stuff could be composted? Did you know that of that 20% the number one single item is food?! Well, this is a great opportunity to divert this material away for the garbage can and into a composting system.

Why worm composting?!

Earthworms can “recycle” your fruit and vegetable scraps into extremely rich compost called “worm casts.” Using a specialized variety of worms and a simple “worm box” you can do your part to reduce waste and at the same time make compost.

We all eat and therefore we all make food scraps. So whether you live in a house with a yard or live in an apartment, condominium or townhouse, you can use a worm box to “recycle” your fruit and vegetable scraps.

If this sounds like something you would like to learn more about, then make your voice heard. Just say “yes to earthworms.” If there’s enough interest free workshops on worm composting will be hosted by the City. Please email akaufmann@ci.pleasant-hill.ca.us or phone 925-71-5264. ♣



Spring into backyard composting

It seems like only yesterday that it was fall and raking leaves was a main occupation. Before you knew it winter passed and spring snuck up on you—just like the weeds.

Well now the days are longer and that gives you more time to spend in the yard gardening—and now is the time to attend a free workshop on backyard composting. Within weeks of using your newfound knowledge of composting you can turn your yard trimmings and food scraps into rich, loamy compost. Just imagine how good those homegrown tomatoes will taste after you enrich your garden soil with your own homemade compost!



Attend a free workshop

The City of Pleasant Hill is hosting a series of free workshops on backyard composting and offering high-quality compost bins for \$40 to Pleasant Hill residents. These bins normally retail for \$129 but attend a workshop and you can go home with a new bin for only \$40!

Composting your yard trimmings and food scraps is easy, great for your yard and garden, kind to our environment and good for you too! Save money, save water, and conserve natural resources.

So don’t hesitate—get out in the garden and into class. Register now by calling 925-671-5265 or sign up online at www.ci.pleasant-hill.ca.us/compost.

Upcoming home composting workshop dates:

- May 18—City Hall community room (7-9pm)
- June 29—Pleasant Hill Library (7-9pm)



Green Business Mentor Program

A Volunteer Task Force of the Pleasant Hill Green Business Committee (PHGBC) has formed to assist Chamber member businesses to become green certified. The committee, a part of the Chamber of Commerce, exists to encourage more sustainable business practices in Pleasant Hill.



Certification for a business reduces expenses and increases its stature in the community. It also serves to provide consumers with more options to get what they need from a more sustainable source. For most businesses it's not difficult, and many who are considering certification find they are already following many of the practices on the checklist.

Why the Mentor Program?

Much of the substantive work of sustainability is about being more thoughtful—reconsidering things we all come to take for granted. There are many new technologies and a wealth of information about sustainability, but making the transition to lower costs, less waste, and a greener business mainly requires simple changes in how you use resources. Although greener options are easy to understand, business owners are always pushed to their limits to find time to optimize business practices. Also, changing behaviors, no matter how trivial, is a challenge for everyone whether at work or at home. Mentors aim to assist businesses on this journey and help them efficiently cross the finish line of

certification by the Bay Area Green Business Program.

Who we are

Mentors are local business people who have a combination of experiences. Most have become green-certified businesses and also have received basic training from the county Green Business Program staff. Individuals are available to meet in person, to provide phone assistance and guidance to appropriate community resources, and also to help inspire and encourage along the way to a more sustainable and prosperous business. This assistance is offered at no charge and so is intended to be somewhat limited in scope, supporting business owners and/or their staff as they consider and implement the various program requirements. Some of the help offered includes:

- Coordination with the county program staff
- Interpretation and clarification of checklist requirements
- Connecting owners with useful resources for rebates and retro-fit assistance
- Help in getting started and offering support and encouragement
- Referral to other professional resources for more comprehensive and strategic sustainability efforts. There are several local green business consultants who can provide more structured services for business owners who prefer to outsource the tasks involved for certification and beyond.

Together with Sustainable Contra Costa (SCOCO), the PHGBC recently hosted an informal training in Pleasant Hill. Members of neighboring sustainable business groups who are conducting similar mentor programs were invited to this meeting led by Green Business Program staff member, Claudia Pingatore.

The Bay Area Green Business Program

The Green Business Program is the only Bay Area-wide recognized program for becoming green-certified. Most kinds of businesses, large and small, are eligible for certification and the program has been in continuous operation and development for over 10 years. The program, created by the Association of Bay Area Governments (ABAG), is administered in all nine Bay Area counties. The program was intended to evolve over time and re-certification is periodically required. ♣

To hear more about PHGBC and find out about future events, visit the Facebook page for the Pleasant Hill Green Business Committee or contact Rob McKee at 925-472-0344 or email rmarchitecture@sbcglobal.net.

City launches Facebook page

The City of Pleasant Hill is now posting news and events about the city on Facebook.

To become a fan of this page, simply go to www.pleasant-hill.net/facebook and click on the "become a fan" button. The page will feature information about City programs and ongoing projects, and meeting dates and links to agendas will also be posted. This will be an interactive page so that residents and businesses can provide feedback and comments to city staff.

Dear Reader,

If you're like us, you'll agree that the only thing better than a good read is a good group of people with whom to share it. Join the **Pleasant Hill Library Book Club** on the second Tuesday of each month to share comments, criticism, and insights. Call today to reserve your copy of next month's book (925-646-6434). The Club meets in Room A from 6:30-7:30pm.

Storytimes for kids and their families

➤ **Lapsit/Toddler Storytime**

Especially for children 6 months–2 ½ years (child attends with caregiver). Wednesdays, 11:15am, April 14–May 19. This fun storytime is tailored for the youngest crowd. Let your child develop early literacy skills naturally as we share songs and rhymes, bounces and tickles, and simple stories.

➤ **Preschool Storytime**

Especially for children ages 2½ years–5 years (child may attend without caregiver). Thursdays at 11:15am, April 15 to May 20. Featuring stories and

songs to tickle the funny-bone and str-e-e-etch the imagination, our stories will transport young children to a world full of fun.

Special “Green” kid event!

Come see the Allied Waste “RECYCLE TRUCK” up-close! May 11, Tuesday, 12:30–1:30pm in the Pleasant Hill Library parking lot.

Summer reading program kick-off!

The Contra Costa County Library is “Making a Splash” on June 5–6 with a Summer Reading Festival to kick off our ever popular Summer Reading program. Celebrate reading in Central County with special programs for all ages and interests on Saturday, June 5. Starting at noon at the Martinez Library, the Golden Gate Hot Club will be swinging with the gypsy jazz music of Django Reinhardt, with crafts, games, and goodies for all, including icy refreshments in the library reading garden. At the Concord Library at 2pm, teens can learn the dazzling art of sculpting balloon animals and more with Balloon Star. At the Clayton Library at 4pm, Captain Jack Spareribs will amuse and amaze families with his piratical humor, dangerous juggling, and a talking monkey.

On Sunday, June 6, the Summer Reading Festival culminates with a special author presentation by internationally-acclaimed writer, Dave Eggers, at the Leshner Center for the Arts. All events are free and open to the public and everyone will have the opportunity to sign up for Summer Reading at festival events.

Super summer story exchange

In partnership with the Pleasant Hill/Walnut Creek Mothers’ Club the Pleasant Hill Library is offering the Super Summer Story Exchange. On June 2 and 3 only, kids can bring in their gently used books and receive a special Story Exchange ticket for each book brought in. Then, on Thursday, June 10, 12:30–4pm, kids can bring in their Story Exchange tickets and exchange the tickets for new-to-them books. (Note: books for trade need to be for babies to 5th grade reading level and in good condition. No magazines or activity books please.)

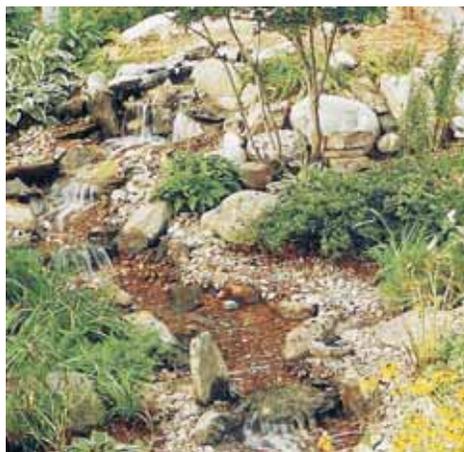
The Pleasant Hill Library is located at 1750 Oak Park Blvd. in Pleasant Hill. For more information on any of these programs, please check our website cclib.org or call 925-646-6434.

Wetland water feature at the Instructional Garden

The volunteers of the Pleasant Hill Instructional Garden (PHIG), next to PH Middle School, are developing a water feature as part of the garden this spring and summer. The seasonal wetland, bog, and springs will provide an essential need for wildlife habitat preservation in a beautiful setting which is also wheelchair accessible.

The garden is a demonstration of water conservation, water quality, and many recycling practices, and uses no pesticides that degrade our air and water quality. Since its inception in 2007, the garden has supplied a working facility for students, school, and community to bring materials to be composted. Visitors learn of the

many benefits of composting, reducing waste, and recycling organic household and garden materials. Classes, events, and



garden work parties regularly present ways to compost and use more responsible and sustainable water and waste management practices at home.

Join the hard-working volunteers in whatever way you can. Contact PHIG at 1 Santa Barbara Rd., Pleasant Hill, CA. 94523, by email phecgarden@prodigy.net, phone 925-937-1530, and web site <http://phig.webs.com>.

This project is supported by the City of Pleasant Hill Civic Action Commission, Central Contra Costa Sanitary District, the San Francisco-East Bay chapter of the California Landscape Contractors Association, Green Life Studios, and others. ♣

Update on the GREEN ZONE at the Pleasant Hill Library

The Pleasant Hill Library's Green Zone is an extensive collection of resources selected to help children, adults, businesses, and residents who live and work in Pleasant Hill do their own research and reading on environmental concepts and solutions.

Tips on battery recycling and HHW

During the month of March visitors to the library's Green Zone discovered an interesting educational display. Located between the stacks and shelves, an informational display was all charged up to let folks know about the many local and easy ways to properly dispose of household and rechargeable batteries.



And if you happened by the Green Zone in April then you saw the display on Household Hazardous Waste (HHW) that was loaded with facts on what to do with your HHW.

If you missed these displays you can see the information again on the City of

Pleasant Hill's website at www.PleasantHillRecycles.org on the Pleasant Hill Library Green Zone web pages.

Recycling for the kids



During the month of May the Green Zone will focus on kids and the environment. Kids, bring your parents to see one of the big blue recycling trucks used by Allied Waste to provide curbside collection. In addition to being able to be up-close with the recycling truck and staff Allied Waste will also host an



informational display tailored to children of all ages. Recycling Truck Tour Day is Thursday, May 13 (12-1:30pm). And don't miss what's happening inside the library. Children's books and information covering environmental and waste prevention topics will be spotlighted front and center in the Green Zone.

Compost and green gardening in the Green Zone

For the month of June the Green Zone will spotlight green gardening and composting. To highlight the green gardening theme a free workshop on backyard composting hosted by the City of Pleasant Hill will be held on Tuesday, June 29 (7-9pm).

Stop by and discover what new and interesting information the City of Pleasant Hill and the Pleasant Hill Library have for you in the Green Zone. For more information on waste prevention, reuse, recycling and composting—and updates on Green Zone programs—visit PleasantHillRecycles.org. ♻️

Citywide community cleanup (C3 2010)

It's that time of the year again, when the phrase "spring cleaning" is often heard throughout our communities. For Pleasant Hill residents this means June is "Citywide Community Cleanup" month. Citywide collection for Pleasant Hill is June 21-25.

As part of the services provided by Allied Waste Services residents of Pleasant Hill are able to participate in the citywide cleanup days. Residents will receive a brochure outlining all the details and requirements for placing materials out for collection during this campaign.

Give your stuff one more chance

Reuse beats throwing 'it' away every time. So, before you relegate all that

'stuff' to the trash heap, give that stuff one more chance. Now more than ever, there are numerous ways to share and donate useful items to someone who is in need of them. Here are a few reuse leads:

- Give your stuff to family, friends, co-workers (it's always nice to give and receive)
- Have a garage sale (you know you have been meaning to for a long time)
- Donate to family shelters (there are folks who could really use your stuff)
- Join FreeCycle (an online forum to give and receive just about anything—be sure to check this one out!)
- Use local thrift stores (Salvation Army, St. Vincent de Paul, Goodwill, etc.). ♻️

Convenient options at the curb

There are a few items that can be set out for special reuse or recycling. This year Pleasant Hill residents can place cell phones and single-use batteries in separate plastic zipper bags. Yard debris and wood will also be collected.

There are specific requirements and limits for the types of items and materials that can be placed out for collection. For information on the entire C3 collection "Do's & Don'ts," please contact Allied Waste Services customer service at 925-685-4711.

Rotary World Peace Fellowship now accepting applications for 2011-2013 studies

Applications for Rotary World Peace Fellowships are now being accepted by the Rotary Club of Pleasant Hill. Contact Rotarian Tina Young for more information.

Rotary World Peace fellowships are for study at one of the six Rotary Centers for International Studies in peace and conflict resolution to obtain a master's degree in international relations, peace studies, conflict resolution, and related areas or for a certificate in Peace and Conflict Studies.

During their studies, Rotary World Peace Fellows will work to advance knowledge of issues related to peace, causes of conflict, and world understanding. The Fellows will participate in a Rotary Center seminar and also obtain practical experience as they commit to a career related to international relations, peace, and conflict resolution.

Rotary World Peace Fellowships are for up to two academic years and provide funding for round-trip transportation, tuition and fees, room, board, and other limited expenses.

Six Rotary Centers have been established by The Rotary Foundation in partnership with these prestigious universities:

- Duke University / University of North Carolina, Chapel Hill, North Carolina, U.S.
- International Christian University, Tokyo
- Universidad del Salvador, Buenos Aires, Argentina
- University of Bradford, West Yorkshire, England
- University of Queensland, Brisbane, Queensland, Australia
- Chulalongkorn University, Bangkok, Thailand

For more information and a fellowship application, please contact Tina Young at 676-5200 ext 10 or email tyoung@pleasanthillrec.com. Completed applications must be submitted to the Rotary Club of Pleasant Hill by May 14. District 5160 will receive the completed applications by June 1 and conduct District interviews during the month of June. Applications are submitted to Rotary Foundation by July 1, 2010. Rotary Foundation will review and select peace fellowship candidates; successful candidates must apply for and be selected by the University program before the fellowship will be awarded.

Interested individuals may consult the Rotary International Web site at www.rotary.org/rotarycenters for more information, program eligibility and testing requirements, and to download an application.

Rotary Clubs in District 5160 are assisted by the District 5160 Rotary Peace Fellows Committee, Chaired by Susan Cohen Grossman, Concord Rotary Club. For more information, refer to the District website, www.rotary5160.org/district-information/peace-and-conflict-resolution. ♣



Local Awards

At the annual awards reception for the California Park and Recreation Society, District 3 the Pleasant Hill Lions Club, Scott Davis, owner of Magoo's Grill, and Cloty Ulrich, leader of a Spanish resource group were honored for their partnerships with Pleasant Hill Recreation & Park District.

The **Pleasant Hill Lions Club** won Outstanding Non-Profit Partner in Parks & Recreation for its 58-year relationship with the park district. In the early 1950s the Lions helped the park district build its first headquarters, now used as the Teen Center. Starting in 1955, they produced the annual egg hunt in Pleasant Hill Park, now in its 55th year. Every year the Lions help with the District's annual Holiday Festival, Recreation Summer School, Taste of Pleasant Hill, and raise money for a variety of causes, including \$7,000 for the Sprayground at Pleasant Hill Aquatic Park. The Lions Club defines community service in Pleasant Hill.



Members of Pleasant Hill Lions Club

Daves of Magoo's Grill

Scott Davis of Magoo's Grill was awarded Outstanding Corporate/Business Partner for his support of park district programs. Davis helped raise funds to build the Sprayground at the PH Aquatic Park; has supported the Teen Garage Band Concert Series held in downtown Pleasant Hill; and through major corporate sponsorship of the Pleasant Hill Community Foundation Sunvalley Golf Tournament, has supported the Senior Caregiver position, as well as youth programs.

Cloty Ulrich started Amistad, a resource group for Spanish-speaking seniors in Pleasant Hill in 2005. She was named Outstanding Volunteer in Parks and Recreation. After a lifetime of volunteering and 15 years working for Pleasant Hill Recreation & Park District, she continues to lead the group of approximately 20 people twice a month.

Pleasant Hill Recreation & Park District appreciates these volunteers, salutes their spirit of giving, and recognizes their contributions to making Pleasant Hill an outstanding community in which to live and work. ♣



District of Distinction: Pleasant Hill Recreation & Park District!

First-ever award by Special District Leadership Foundation

The Pleasant Hill Recreation & Park District recently became the first recreation and park district ever to receive the "District of Distinction" accreditation by the Special District Leadership Foundation. The accreditation, which is one of the most prestigious local government awards in California, recognizes the District's commitment to good governance, as well as ethical and sound operating practices.

Pleasant Hill Recreation & Park District successfully met a list of requirements involving policies, procedures, continued education, and audit standards to receive accreditation. The Special District Leadership Foundation, a collaborative effort of eight special district organizations, developed the District of Distinction program to help special districts demonstrate to their communities, the media, and legislators their commitment to operate in a sound and responsible manner as providers of essential public services.

Pleasant Hill Recreation & Park District, which has been operating since 1951, serves over 40,000 people within the community, an area about 20 percent

larger than the City of Pleasant Hill. The District offers over 2,300 enrichment



classes, programs, and activities, and it sponsors numerous clubs and organizations. Annually more than 100,000 persons participate in programs, visit District facilities, or volunteer on an annual basis. The District includes over 269 acres of park land including 11 park sites, three pools, two community center facilities, a senior center complex, a cultural center, an historic site, trails, and open space areas.

The Board of Directors is made up of five elected officials who are elected by District residents to serve four-year terms. All Board members and the General Manager have completed education in governance and the ethics compliance training. Board members also serve on Board committees, work with the staff, and interact with the community. An appointed ex-officio member from a high school located within the District also serves on the Board. ♣

Initial District bond sale for facility replacements satisfactorily accomplished

As a result of the successful Measure E Bond Election last summer, Pleasant Hill Recreation & Park District sold \$20 million in bonds on March 17, 2010. The funds were delivered to the District's account on April 1.

With an A+ rating, the District received a total of seven bids from four financial institutions. The winning bid was from Morgan Stanley & Company and the bonds achieved an All-In True Interest Costs of 4.736%. Projections from the District's Financial Advisor, Northcross, Hill & Ach, Inc. (NHA) indicate a tax rate of \$20.91 per \$100,000 assessed value.

Given strong investor interest and the market condition on pricing day, the District was able to accomplish two goals at once. It was able to issue the full, authorized \$20 million amount of Series A Bonds to fund voter-approved projects and also to ensure that the tax burden on taxpayers remain at or below \$21 per

\$100,000 in assessed value. NHA sized the bonds using a conservative assumption of a 5% decline in fiscal year 2010-11 assessed valuation. The firm also requested that Contra Costa County provide a preliminary tax rate estimate using the County's tax rate calculation methodology. The County assumes no change in assessed valuation in fiscal year 2010-11 from the prior year, and as such, NHA's tax rate projection is more conservative than the County's projections.

Northcross, Hill & Ach Inc. conducted a competitive bond sale on behalf of the District whereby all underwriting firms were invited to bid on its Bonds via an online bidding platform. Although

numerous firms indicated their interest in advance, ultimately four firms submitted seven bids for the Bonds. Morgan Stanley placed the second and winning bid of 4.73%.

Investors interested in purchasing some of the bonds should contact their financial services firm.

Measure E passed in August 2009, with 75.74% of the vote. It calls for building a new Pleasant Hill Senior Center, Teen Center, and Community Center, as well as upgrading Pleasant Oaks Park and restrooms at three Pleasant Hill parks.

For more information on the Bond, call Pleasant Hill Recreation & Park District Administration Office at 682-0896 or visit www.pleasanthillrec.com. ♣

Senior Center happenings



■ Just Breathe

Proper breathing can solve many health problems as well as detoxify your body. There are 7 types of breathing exercises when practiced can help oxygen reach every part of the body helping with a number of chronic diseases like insomnia, hypertension, heart problems, asthma and more.

Instructor: Suminder Kaur
May 5–26, Wednesday: 4:45–5:15pm
Fee: \$45 / Members \$39 / Drop in \$9
Senior Center, 233 Gregory Ln., Bldg. 3

■ Breathing Yoga

(NOW 6-week sessions!)

Along with gentle stretching, you will learn different types of breathing techniques which help with chronic diseases such as allergies, asthma, heart problems, hypertension, insomnia and much more. Bring a yoga mat for floor work if you would like.

Instructor: Suminder Kaur
May 5–June 9, Wednesday: 5:30–6:15pm
Fee: \$45 / Members \$39 / Drop in \$8
Senior Center, 233 Gregory Ln., Bldg. 2

■ Smart Steps

This class will be aimed at understanding the interaction of diet, sleep, and exercise offering information on how best to achieve maximum

benefits. Class will learn to monitor blood pressure, respirations and heart rate and gain an understanding of good techniques for maintaining, perhaps improving, musculoskeletal health, cardiovascular efficiency and general psychological well being. All of this while having fun!

Class is sponsored by BrightStar Healthcare.

Instructor: Sally Johnson, RN
June 3–July 1, Thursday: 9:30–10:30am
Fee: \$24 / Member 19
Senior Center, 233 Gregory Ln., Bldg. 2
& P.H. Park
Please wear appropriate walking shoes

■ Intermediate Computers

Learn to work with Microsoft Works, word processor, spreadsheets and database. Pre-Registration **required**; 10-student limit. *Note: Beginning Computer is a prerequisite for this course.

Instructor: Peggy Sullivan
May 4–20, Tuesday/Thursday: 10am–Noon
Fee: \$30 / Member \$25
The "Little House", 249 Gregory Ln.

■ Learn to Play Bunco

You've heard how fun this mysterious game is! Now you can learn for free and find out why the game is so fun! Attend one of the workshops this summer then show off your knowledge at our monthly Bunco nights! Sign up at the Front Office

Monday, June 28 & Thursday, July 15 at 10am
Senior Ctr.: 233 Gregory Lane, Bldg. 2
FREE!

■ Thirsty Thursday

Kick off the weekend early! Enjoy this spin-off of Taste of the Vine with a Margarita twist! Wine, margaritas, and light hors d'oeuvres will be served. Non-alcoholic beverages available. Sponsored by the Chateau of Pleasant Hill.

June 24, Friday., 4 pm–6pm
Senior Ctr.: 233 Gregory Lane
Presale: \$6, at the door: \$8 ♣



18th Annual Star Quest —“Glee!”

A special treat is in store for Star Quest goers...and for those who haven't yet had the good luck to see this special production. This year's show—“Glee”—is on Saturday, May 1 at 7pm and Sunday May 2, at 2pm at the DVC Performing Arts Theatre.

In this year's show you will have an opportunity to see the end result of some hard work and enjoy some delightful entertainment featuring over 60 young performers. The show and young stars will warm your hearts and send you home with a smile on your face. So, sit back, relax, and enjoy as Star Quest 2010 presents “Glee” and a variety of other theatrical entertainment!

Brainchild of producer Jim Nunes, Star Quest was started with the intent of providing a positive program where young individuals of the community, in grades K through 12, could showcase their artistic and theatrical talents and strengthen their confidence, stage presence, self esteem and ability to interact with an audience. Since the beginning of this program 18 years ago, Star Quest has given over 1,000 young entertainers and artists a forum and opportunity to audition, perform and display their talents for their family members, friends and community.

Star Quest is sponsored by the Rotary Club of Pleasant Hill, and many of the members work on the committee and during the shows.

Tickets may be purchased at PH Police Department, PH Community Center, or PH Recreation & Park District Office on Gregory Lane. Don't miss this very special performance! ♣



Friday night family swim dates announced

When the hot steamy days of summer are here, Pleasant Hill Aquatic Park at 147 Gregory Lane will be open on three Friday nights from 7 to 9:30pm.

Plan to take the family for cool, relaxing swims on Friday, June 25, July 23, and August 20. Admission is free for ages 2 yrs and under; \$3.50 for children 2-6 yrs; \$4 for those 7-54 yrs; and \$3.50 for seniors, 55 years and older. (Children age 8 and under must be accompanied in the water by a paying adult (18 years+). For more information, visit www.pleasanthillrec.com. ♣



Support Pleasant Hill public schools!
Come to the...

OAK PARK RESTAURANT WALK



Tuesday, May 11

**6-8pm at Oak Park Center
1098 Oak Park Blvd, Pleasant Hill**

What you can expect.....

- ▲ Fabulous food
- ▲ Excellent beverage selection
- ▲ Fun for families (face painting, balloon tricks)
- ▲ Live music by Phresh Press and the Valley View Middle School Jazz Ensemble
- ▲ Special prize drawing

Sample food specialties from...

- ▲ Bangkok Restaurant
- ▲ Kobe Japan
- ▲ Nibblers Eatery & Wine Bar
- ▲ Round Table Pizza
- ▲ Smokin' Okie's BBQ Joint

and more!

Tickets available online:
www.fphe.org \$20 adults,
\$5 children (ages 5-12)



Questions?
Contact Foundation for Pleasant Hill
Education, generalinfo@fphe.org

Celebrate the City's 50th Birthday in 2011

Are you interested in helping to plan events and projects to celebrate the 50th anniversary? Next year will be the 50th birthday of the City of Pleasant Hill.

Since incorporating with the State of California on November 14, 1961, Pleasant Hill has become a strong and vibrant community while retaining the small town charm that residents cherish.

In celebration of these past 50 years, the Civic Action Commission is planning events and programs which will reflect the rich history of this community and show the progression from the early days of Pleasant Hill until today.

"Please join us in helping to put together a program in 2011 which celebrates the people and events that have shaped this community over the past 50 years or so," said Tim Flaherty, Chair of the Civic Action Commission. "We are looking for residents who have some time to plan and organize events and activities around the 50th anniversary theme," he added.

If you wish to become involved in the 50th Anniversary committee or require more information on this project, please contact Martin Nelis at 925-671-5229 or email him at mnelis@ci.pleasant-hill.ca.us. The City is also seeking historical photographs and documents that could be used for a possible exhibit on Pleasant Hill history and community. If you wish to contribute anything, please contact Martin Nelis.

I remember when Pleasant Hill Road was orchards with a few homes. The farmer didn't like us riding our bikes on his property but we did it anyway to get to Sunvalley Mall. The rumor was that he would shoot you if he caught you...haha. I remember Mrs. Molino when she didn't have as many items to choose from but her ravioli was always amazing and there were tons of cats outside her house. I remember the Mexicatessen where I ate my first shrimp stuffed jalapeno and the juice was enough to burn your lips off. I remember Bruce's Variety store where we bought all of our candy (for some it was fabric or whatever, but for us it was 1, 5, and 10 cent candy. John at the liquor store in the same strip mall would give us beef jerky every time we visited. I remember Dairy Queen and Bud's Pork Chop Sandwich and Bruener's.

Growing up in Pleasant Hill was amazing. I remember my teachers from Pleasant Hill Elementary. Mrs. Pebsworth was always my favorite. Mrs. Bruzzoni always talked about Hawaii. Mr. Crudson was a very serious fellow but I did okay in his class. Neighbors were tight, and if not, they still knew everything about each other. Times were different then. We didn't keep so much to ourselves as we do today. I remember lots of Eucalyptus, honeysuckles and pyracantha berries that caused the birds to fly into the windows at Dr. Haumeders house on Withers. That always really freaked me out. I had lots of good friends and we walked or rode our bikes to each others houses. These are a few of my memories of growing up in Pleasant Hill. —Terri (Sealey) Kostelny

What are your memories? Let us know!

Email to mnelis@ci.pleasant-hill.ca.us

...and summer fun and golf!

Rodgers Ranch happenings....

Round Up

Don't miss the Rodgers Ranch Round Up for kids ages 7-11 years old! Experience life on a farm in the 1800s. Have fun learning "back-to-basics" lifestyle. Activities may include:

- Churning butter
- Making ice cream and lemonade
- Old-fashioned crafts
- Doing laundry with a washboard and wring
- Games and guest presenters

The Round Up is two days, Tuesday and Thursday, 9am-2pm. With three sessions, there is a time for everyone:

- Session 1: June 22 & 24
- Session 2: July 20 & 22
- Session 3: August 3 & 5

Crafts will vary each session.

Rodgers Ranch is located at 315 Cortsen Road in Pleasant Hill. To register, email desired session, name and address to rodgersranch@yahoo.com or call Denise at 925-387-0158.

Space is limited!

National Herb Day at Rodgers Ranch

This year celebrating the herb Dill!

The Northern California Unit of the Herb Society of America is holding National Herb Day at Rodgers Ranch on Saturday, May 15, 10am-4pm.

Featuring herb related vendors and presenters. Herb plants from MorningSun Herb Farm available for purchase. No charge but donations accepted. ♣

Pleasant Hill Community Foundation Presents...

The 10th Annual Pleasant Hill Sunvalley Golf Classic

The Pleasant Hill Community Foundation is excited to present the 10th Annual Sunvalley Golf Classic that will be held at the beautiful Contra Costa Country Club on Monday, May 10. This tournament has raised over \$125,000 for local youth programs. Why not join us for a round of golf and other fun festivities, and at the same time help youth programs in Pleasant Hill and the Senior Care Management Program at the PH Senior Center?

This year is the Year of Tens!! It's our 10th annual on May 10th in the year of 2010!! We will have some special promotions this year including:

- A Beer TENT
- Massage for your TENDonitis
- Special prizes for hitting into the TEN foot circle on the green!
- In poker, the TENS will be wild!!
- Special Giveaway on the 10th hole!!
- And more!!

Please Join us...sponsors and golfers can still register with Bob Berggren by phoning (925) 687-8610. ♣

10th Annual...
Pleasant Hill Sunvalley GOLF CLASSIC
 Monday, May 10
 Contra Costa Country Club

Tee up for the Youth and the Seniors of Pleasant Hill!!

Entry deadline: April 30!

INTERESTED? Call **682-0896**

Individual \$225, Foursome \$850

Includes: green fees, cart, lunch, dinner, contests, prizes

VARIETY OF SPONSORSHIPS AVAILABLE!

PRESENTING SPONSOR
SUNVALLEY SHOPPING CENTER

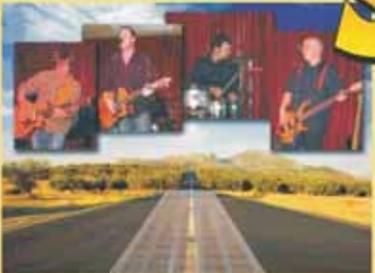
Tournament proceeds will benefit cultural, educational and recreational activities for Pleasant Hill youth through the auspices of the Pleasant Hill Community Foundation, a non-profit organization.

Our rockin' community! Events for May and June 2010

Date	Event	Location	Organization	Contact
May 1,2	Star Quest	DVC Performing Arts Theatre	Rotary Club of PH	689-2249
May 8	Farmers Market Grand Opening	Crescent Dr, by Century Theatre	Pacific Coast Farmers' Market	825-9090
May 10	Pleasant Hill Sunvalley Golf Classic	Contra Costa Country Club	PH Community Foundation	687-8610
May 11	Recycle Truck Tour Day for Kids	Pleasant Hill Library	Allied Waste, PH Library	646-6434
May 11	Oak Park Restaurant Walk	Oak Park Center	Foundation for PH Education	generalinfo@fphe.org
May 13	Bike to Work Day	Everywhere!	511 Contra Costa	www.511cc.org
Mar 14	Laugh, Love & Learn	PH Community Center	PH Senior Center	798-8788
May 15	National Herb Day	Rodgers Ranch	Rodgers Ranch	387-0158
May 18,	Composting Workshop	PH City Hall Comm Rm	PH City	671-5265
May 30	Sunset by the Lake Concert	PH City Hall	Civic Action Commission	671-5229
Jun 5,6	Summer Reading Festival	Variety of libraries	Contra Costa County Library	646-6434
Jun 13, 27	Sunset by the Lake Concert	PH City Hall	Civic Action Commission	671-5229
Jun 20, 22	Rodgers Ranch Round Up	Rodgers Ranch	Rodgers Ranch	387-0158
Jun 21-25	Citywide Community Cleanup	All over town!	Allied Waste Services	685-4711
Jun 22, 24	Rodgers Ranch Round Up	Rodgers Ranch	Rodgers Ranch	387-0158
Jun 25	Friday Swim Night	PH Aquatic Park	PH Rec & Park District	676-5200
Jun 29	Composting Workshop	PH Library	PH City	671-5265



Old favorite...Delta Dogs!



Original rock with Fish Ranch Road



Old favorite returns...Public Eye!



Folksy rock with Dream Posse!



Time Outs for the kids!



Enjoy the sounds at the....

2010

Sunset By The Lake

Free!

Summer Concerts

On the lawn by the lake at **Pleasant Hill City Hall**

Gregory Ln & Cleveland Rd

LIVE Music 6-8pm!

- May 30 DELTA DOGS
- Jun 13 FISH RANCH ROAD
- Jun 27 PUBLIC EYE
- Jul 11 DREAM POSSE
- Jul 18 TIME OUTS
- Jul 25 BELL BROTHERS
- Aug 8 SPIN OUT
- Aug 30 COVER2COVER
- Sep 6 LAVA



.. It's going to be another **GREAT** season!!

Sponsored by the Pleasant Hill Civic Action Commission and the following businesses:



Country rock with The Bell Brothers



Spin Out! Classic rock and rockabilly songs from the 1950s to today



Cover2Cover!! Music from 5 decades



Lava! Hot...hot...HOT!!

BACK FORTY
Texas BBQ
Jun 13, Aug 22

AW
ALLIED WATER SERVICES
Jun 27

Sheila's Daycare
Jul 25

Tahoe Joe's
Famous Steakhouses
Jun 27, Jul 11

DOWN TOWN
PLEASANT HILL
Jul 18

Sweet Tomatoes
The Salad Buffet Restaurant.
Aug 8

Pallimont's
Italian Restaurant
Aug 22
Lunch • Dinner

Dawn Block & Michael Harris
"The Pleasant Hill"
Aug 22

Casey Strand
Chiropractor
Aug 22

STATE FARM
INSURANCE

Matt Rinn Agency
Sep 5

Visit www.pleasanthillconcerts.com for all concert information.

Economic Development/Business News in Pleasant Hill... Welcome to new businesses!



The City of Pleasant Hill is committed to promoting and supporting the business community within the City. The economic vitality of Pleasant Hill is dependent on a strong business sector, and the City plays an important role in making this happen. To find out more about Economic Development efforts in Pleasant Hill or for additional information on locating or expanding your business operations in the City, please contact Kelly Calhoun at 671-5213.

New businesses in February

Aiqin Li (Massage)
1885 Contra Costa Blvd.
925-849-4360

Blue Chiropractic
710 Grayson Rd.
925-932-3289

Rose Joy Endonola, DDS
91 Gregory Ln. #9 & 10
925-671-9177

Financial Mortgage
3478 Buskirk Ave., #1027
916-357-0100

Hypnotize U (Hypnosis)
140 Mayhew Way, #100
510-610-2259

Internet Zone
508 Contra Costa Blvd.

Jeana A. Stowell
(Salon/Barber Shop)
65 Crescent Dr., #B
510-292-7571

Jin Ming Zhu (Massage)
1885 Contra Costa Blvd.
925-849-4360

Michael Gendelman
(Law Office)
3478 Buskirk Ave., #1012
925-360-0501

Ling Foot Spa
(Foot & Body Massage)
100 Longbrook Way, #4
925-609-8888

My Vuong Nguyen Le
(Hair Stylist)
65 Crescent Dr., "B"
925-818-4545

Salon Avalon
(Barber & Hair Salon)
65 Crescent Dr., "B"
925-689-2868

Sandra Miric
(Cosmetologist-Hair Stylist)
65 Crescent Dr., "B"
925-286-2149

Vecare Services, LLC
(Medical Transportation)
3478 Buskirk Ave., #1033
925-746-7100

Viviana Garry
(Massage Therapy)
2367 Pleasant Hill Rd.
925-472-0852

Bob's Headlight Restoration
925-699-2824

Click 1010 Photography
925-998-4695

Cookie Crumb Crafts
(Hand Made Jewelry/Art)
925-586-0133

Law Offices of Daniel J. Leer
925-818-3562

Peter's House Cleaning Service
925-367-6920

Sparkee Cheez Catering Company
903-920-7074

Survport Systems
(Small Business Web Service)
415-694-2694

New businesses in March

Cardiology Associates
(Cardiac Imaging)
400 Taylor Blvd.
925-826-1900

Heather Schoepke
(Massage Therapy)
2367 Pleasant Hill Road
925-472-0852

Jetstream Enterprises, Inc.
(Real Estate Investing)
3478 Buskirk Ave., #1019
925-746-7199

Mad Motors (Auto Sales)
3333 Vincent Rd., #208
925-956-8234

Mango Star (Bubble Teas/Smoothies)
1300 Contra Costa Blvd., #20
925-363-4683

Martin Chong's Auto Parts
1855 D Contra Costa Blvd.
925-408-4604

Pamela Seawell
(Somatic Coach)
395 Civic Dr., "E"
925-254-5467

Redbox Automated Retail, LLC (Kiosk for DVD Rentals)
601 Patterson Blvd.
630-756-8098

Skincare By Trang Nguyen Dinh
2230 Morello Ave.
925-768-1831

All Independent Financial (Real Estate/Mortgage)
925-360-4582

Appletree PC
(Computer Repair)
925-818-6311

Julia Hitryh
(System Admin Service)
415-672-8180

Ooga Media
(Flash/Web Design)
415-806-3844

Ramacciotti Management Consulting
925-207-3762

Get ready and get set for "Bike to Work Day" on Thursday, May 13!

Join your fellow residents commuting to work by bike and stop by the many energizer stations set up in support of your commute. Grab some snacks and receive your collectible BTWD bag as you make your way to work. There are more energizer stations in the evening to support you on your way back home. New to this year's activities is an evening event for families and children to go "exploring" the Iron Horse and Contra Costa Canal trails on bicycle or foot. And, for the whole month of May, earn Bike Buck\$ when you bike four times or more to work. Visit www.511cc.org to find out more about this program and the planned BTWD activities. See you on BTWD!

Funds for 511 Contra Costa programs are provided by the Bay Area Air Quality Management District's Transportation Fund for Clean Air and the Contra Costa Transportation Authority. ♣



City Meetings



WHEN	WHAT	WHERE
Mon 3 7:30pm	City Council/Redevelopment Agency	Council Chambers
Wed 5 9:00am	Commission on Aging	City Hall Small Community Room
Wed 5 6:30pm	Civic Action Commission	City Hall Small Community Room
Thu 4 5:00pm	Architectural Review Commission	City Hall Small Community Room
Tue 11 6:00pm	Traffic Safety Commission	City Hall Community Room
Tue 11 7:30pm	Planning Commission (Public Hearing)	Council Chambers
Thu 13 5:00pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Mon 17 7:30pm	City Council/Redevelopment Agency	Council Chambers
Tue 20 7:30pm	Architectural Review Commission	City Hall Small Community Room
Tue 25 7:30pm	Planning Commission (Public Hearing)	Council Chambers
Wed 26 7:00pm	Education/Schools Advisory Commission	City Hall Small Community Room
Thu 27 5:00pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Thu 27 7:00pm	Redevelopment Advisory Commission	City Hall Large Community Room



WHEN	WHAT	WHERE
Wed 2 9:00am	Commission on Aging	City Hall Small Community Room
Wed 2 6:30pm	Civic Action Commission	City Hall Small Community Room
Thu 3 5:00pm	Architectural Review Commission	City Hall Small Community Room
Mon 7 7:30pm	City Council/Redevelopment Agency	Council Chambers
Tue 8 6:00pm	Traffic Safety Commission	City Hall Community Room
Tue 8 7:30pm	Planning Commission (Public Hearing)	Council Chambers
Thu 10 5:00pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Thu 17 5:00pm	Architectural Review Commission	City Hall Small Community Room
Mon 21 7:30pm	Redevelopment Agency/City Council	Council Chambers
Tue 22 7:30pm	Planning Commission (Public Hearing)	Council Chambers
Wed 23 7:00pm	Education/Schools Advisory Commission	City Hall Large Community Room
Thu 24 5:00pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Thu 24 7:00pm	Redevelopment Advisory Commission	City Hall Large Community Room



CITY OF PLEASANT HILL

100 Gregory Lane
Pleasant Hill, CA 94523-3323
925-671-5270
www.ci.pleasant-hill.ca.us

CITY OFFICIALS

Mayor Karen S. Mitchoff
Vice Mayor John Hanecak

Councilmembers

David E. Durant
Michael G. Harris
Terri L. Williamson
City Manager June Catalano
City Clerk Marty McInturf
Treasurer Mark W. Celio

City Council meetings are broadcast on Comcast channel 26 on 1st and 3rd Wednesdays at 7:30pm.

Meetings are also available on the City website under "Council Webcast."

CITY HALL HOURS

Monday–Wednesday 8:30am–5:00 pm
Thursday 8:30am–6:00 pm
Friday 8:30am–1:00 pm



The City of Pleasant Hill newsletter is published bimonthly. Deadline for stories and story ideas for July/August is June 7. Ideas are always welcome. Local non-profit groups may submit articles to the Public Information Officer at 100 Gregory Lane, Pleasant Hill, CA 94523. For information, call Martin Nelis at 671-5229, fax to 680-0294, or email to mnelis@ci.pleasant-hill.ca.us.

PUBLISHED ON RECYCLED PAPER



Editor/Writer Martin Nelis, PIO
Design/misc photos Donaghu Graphic Designs

COVER: Lake at Award-winning City Hall

Important Phone Numbers

Police/Fire Emergency 911
Police (Business) 288-4600
Fire (Business) 930-5500
Public Services Center 671-4646
Chamber of Commerce 687-0700
Recreation & Parks 682-0896
PH Bayshore Disposal 685-4711
PG&E 800-743-5000
Senior Center 798-8788
Senior Van Service 671-5272



City of Pleasant Hill
100 Gregory Lane
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Return your Census form!

By now, every household in Pleasant Hill should have received a 2010 Census form—and if you haven't yet returned the completed form, you should do so immediately. If you need help in completing the form or have questions about any part of it or have not received a form, please call 1-866-872-6868.

If you haven't returned your form, a local census employee may visit your home in May or June to determine if you need assistance and help you to complete the form. Census workers will not ask invasive information and everything that you put on the form is completely confidential.

It is vitally important that every person residing in Pleasant Hill is counted. For every person NOT counted, it is estimated that over a 10-year period (until the next census is conducted), a community can lose up to \$11,000 in federal funding for various programs.

United States[®]
Census
2010

You may have noticed that the mailing address on your form had "Concord, CA 94523". This does not affect the census count in anyway and all Pleasant Hill residents who have returned their form will be properly counted. If you have concerns about this or other questions, contact Martin Nelis at the City of Pleasant Hill at 925-671-5229 or email mnelis@ci.pleasant-hill.ca.us.

Be COUNTED!
Return your completed form today.

Other Census Telephone Questionnaire Assistance (TQA) in various languages:

- ENGLISH: 1-866-872-6868
- Chinese: 1-866-935-2010
- Korean: 1-866-955-2010
- Russian: 1-866-965-2010
- Spanish: 1-866-928-2010
- Vietnamese: 1-866-945-2010
- TDD (Telephone Display Device for the hearing impaired): 1-866-783-2010
- Puerto Rico (in English): 1-866-939-2010
- Puerto Rico (in Spanish): 1-866-929-2010