



the **OUTLOOK**

of Pleasant Hill

Celebrate America's grandest holiday in Pleasant Hill— "Honoring Our Heroes"

The Fourth of July is just about here, and Pleasant Hill's Fourth of July Commission has been busy preparing what promises to be the *best* Fourth of July celebration to date!

The Firecracker 5K Fun Run will make its third appearance this year as it continues to grow in popularity. The Commission expects the running field on the Crescent Drive course to grow from 650 last year to between 800 and 1,000 runners, walkers, fast folks, and not-so-fast folks—all jump-starting the day's activities. Come watch 7-year-olds and younger start the event with their own 100 meter dash. Once again, all registration fees will be contributed to Pleasant Hill schools.



The parade immediately follows the conclusion of the 5K Fun Run along Contra Costa Boulevard and Crescent Drive and contains three marching bands this year: the 91st Division U.S. Army Reserve Marching Band, the Concord Blue Devil C Team, and the Alameda County Sheriff's Bagpipe Band.

Boy, that'll get your heart pumping red, white, and blue! The Parade's theme this year is "Honoring Our Heroes," and the Commission is encouraging theme floats again, with trophies being awarded to the best theme-decorated float and the best theme-oriented walking entry. Select your hero, create your float, and join the fun!

—continued on page 10

FINALLY...a fun Friday night place for teens in Pleasant Hill!

The scene is Friday night at about 8pm. Standing around, talking, teasing, yelling, blocking the sidewalks and huddling around the Century Theater are lots of teenagers in the new Downtown with nothing to do.

Downtown security encourages the kids to move to the north side of the theater so as not to interfere with movie goers. It's just another Friday night in Pleasant Hill.

Go to page 2 to read about the creative solution!

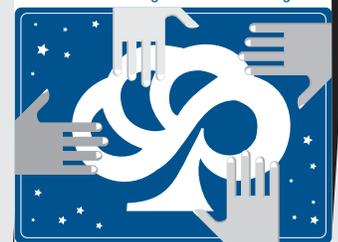


Expect more projects and volunteers at the 3rd Annual Community Service Day!

Three short years ago, the City of Pleasant Hill tried an experiment. If they organized one day each year where members of the community could come together to work on projects that would benefit individuals, organizations and other groups in Pleasant Hill, would people rise to the occasion and volunteer?

Find out on page 6

City of Pleasant Hill
Community Service Day



Less talk. More action!



Chief's Corner —Peter Dunbar, Chief of Police

This is the time of year a lot of people look forward to vacations and enjoying their days and nights with friends and family. It is a terrible end to a vacation to come home and find you have been the victim of a crime.

That happened to me in 1986, and I never want it to happen to you. Here are a few precautions to prevent that experience:

- Lock your house, including closing/locking your garage. Open garages during the day have led to homes being burglarized every year.
- Take anything of value out of your car and LOCK IT! Every week someone loses their property because they don't lock their car. If a thief can't see something of value inside, they are much less likely to try to break into your car.
- Let your neighbors know if you will be away. We encourage everyone to report suspicious activity to keep our neighborhoods safe.

Looking at traffic issues, I have heard several complaints about speeding and failing to yield to pedestrians, especially in residential neighborhoods. We are conducting operations in many areas to address these issues. Please remember to slow down and yield to people as they cross the street.

On Tuesday, August 7, we will participate for the first time in National Night Out. National Night Out is designed to promote neighborhood spirit and police-community partnerships in an effort to make this a safer city. More details will be available on our website in mid-July at www.pleasanthillpd.com.

Our next Citizen's Police Academy will begin on Wednesday, September 5. It is a great opportunity to see what goes on in your police department and receive some of the same training that our officers do. Please go to the City of Pleasant Hill website or call Sergeant Dan Connelly at 288-4644 to sign up or get more information.

Our Downtown continues to be a great attraction for shopping, dining, and entertainment. We also recognize that our young people are looking for something fun and safe to do. To that end, we will have a "Battle of the Bands" event on Friday, July 13 from 7-9:45pm. It will be held at the City Hall stage and should be a great opportunity for young people to connect with their friends and enjoy the music of their peers! ♣

A fun place for teens

The teenage scene described on page 1 is nothing new, but now is the time to try something new and different. In a collaborative effort, City Manager June Catalano, Chief of Police Peter Dunbar, Downtown Property Manager Michelle Kaus, Pleasant Hill Park & Recreation Teen Coordinator Katrina Hunn, and former Pleasant Hill employee and Education Commission Keith Hunt decided to find a way to entertain these kids.

The entertainment will be by and for kids and consist of garage bands, singers, dancers, school music bands, and martial arts demonstrations—only a few of the ideas they are exploring. They hope to keep the entertainment fresh each Friday night—with the result being a place for kids.



The first show is scheduled for Friday, July 13, at 7pm outdoors at the lake by the Pleasant Hill City Hall. If this event is successful, additional events will be planned and offered for teens in the future. Pleasant Hill police officers will be present to monitor the activities. Refreshments and restroom facilities will be available at the event. The music will conclude at 9:45pm in compliance with the City's noise ordinance.

If you know someone who wants to take the risk of being discovered and has a talent to share, or if you want to help with the event by volunteering, call Katrina Hunn at 682-0896 ext.12 or e-mail khunn@pleasanthillrec.com.



PH Police ask you to TIP-A-COP

As part of an international effort by law enforcement officers to raise public awareness and provide financial support for sports training and competition for individuals participating in Special Olympics, the Pleasant Hill Police Officers Association and Back Forty Texas BBQ are presenting Tip-A-Cop Friday, July 13, from 6-9pm at Back Forty Texas BBQ. Located at 100 Coggins Drive in Pleasant Hill, patrons will be seated and served by Pleasant Hill's "finest" (police officers). Your tax deductible donation supports Special Olympics Athletes from Contra Costa County. ♣

Also at
Back Forty Texas BBQ...

Texas Hold'em Poker Tournament

Saturday, August 18

\$50/person

Seating is limited
to 150 players.

Tickets are on sale now.

Call 288-4610 for
more information or tickets

Louie departs Pleasant Hill but leaves great legacy

After 10 years of serving as the City's main communication liaison to Pleasant Hill residents, businesses, community organizations, and the media, Louie Gonzalez last month said his good-byes and headed down to Southern California where he will serve as public communications manager for the City of Irvine.

Louie, unassuming and self-effacing, worked tirelessly behind the scenes to help make City Hall open, friendly, and effective for the residents it serves. He tended to avoid the spotlight but took great satisfaction in well-executed public events such as the Summer Concert Series, the Pleasant Hill Community Service Day, and the Education Summit and Student Showcase among others.

A jack of all trades, Louie's past experience served him and Pleasant Hill very well this past decade. He was the face of City Hall for first and second graders who visit each Christmas to sing by the City Hall Christmas Tree and City docent for elementary grade students who toured City Hall to learn about the workings of local government.

He also grew the City's bi-monthly newsletter *Outlook* into an important communication source for everyone who lives, works, and plays in Pleasant Hill.

"I've teamed with Louie on the *OUTLOOK* and Civic Action Commission since shortly after he arrived in Pleasant Hill. He is a professional and a pleasure to work with. It's been fun!"

—Faye Donaghu, Donaghu Graphic Designs

Diplomatic and forthright while inquisitive and low key, Louie's experience and sage advice have helped many a City department manager these past years. A former investigative reporter for the *Oakland Tribune* and *Sacramento Bee*, and past government relations for Safeway Inc., Louie has found himself in interesting situations with all sorts of interesting people.

"Nothing really surprises him. As overloaded and busy as he was, he always had time to listen to bizarre ideas from me or others and not roll his eyes. Then he calmly took in information, processed it, and

provided constructive feedback. He really is quite charming and extremely productive, but most people didn't really have a real sense of the variety of work he was involved in and all that he accomplished.

—Charley Daly, Executive Director of the Pleasant Hill Chamber of Commerce

Most people probably didn't know he has been a Master Olive Oil Taster for the past nine years either. In fact, he is one of five Master Olive Oil Tasters in the United States and trains USDA inspectors, as well as serves on the tasting panel for the California Olive Oil Council and judges several independent shows in California. He will take his Olive Oil pastime with him to Irvine, however, as he plays a part in this burgeoning new industry.

"I find it fun and relaxing to teach people about extra virgin olive oil," remarked



Louie (3rd from left) and his team on the Civic Action Commission worked hard to organize and put on Community Service Day and the concerts.

Louie, as he fielded some last questions in his remaining days as Pleasant Hill's Public Information Officer. "I hope to inform and teach the citizens of southern California about extra virgin oil."

"Louie's departure is a loss for Pleasant Hill. In many ways, he was the glue that held City government together."

—Bob Lilley, Education/Schools Advisory Commission.

It has been just great having someone like Louie to handle things. He's very welcoming and friendly and never reluctant to help out with issues."

—Steve Wallace, Planning Commission

Thanks for everything you've done, Louie. You will be missed.

Chief Dunbar appointed to State commission

Pleasant Hill Police Chief Peter Dunbar has been appointed to the California Commission on the Fair Administration of Justice, according to Senate President pro Tem Don Perata. The Commission will study and review the administration of criminal justice in California to determine the extent to which that process has failed in the past, resulting in wrongful executions; examine ways to provide safeguards; and make improvements in the way the criminal justice system functions. In addition, it will make recommendations designed to further ensure that the application and administration of justice is just, fair and accurate. ♣

Pleasant Hill Residents may be eligible for FREE smoke detectors

Homeowners living in Pleasant Hill may be eligible for free smoke detectors, plus installation from the Contra Costa County Fire Protection District, according to Diane Grinbergs, Fire Prevention Specialist. Residents who are 60 years old or older, physically disabled at any age or have older smoke detectors or none at all, may qualify. Call the Fire District's Public Education Unit at 941-3327 to schedule an appointment. ♣



News from the City....Summer road re-surfacing scheduled

Some 15 streets will receive a facelift this summer as part of the City's Pavement Management Program. Between July 3, 2007 and August 30, 2007, several streets will receive a surface treatment called a cape seal. Weather conditions and/or equipment performance can affect this schedule, however.

The cape seal will prevent water from seeping under the pavement, which can cause rapid deterioration of the road. The cape seal will be applied in a two-step process and eliminate the need to apply a more expensive resurfacing treatment. Not only does this enable the City to rehabilitate more streets, but it adds years to the life of the existing pavement.

STEP ONE: applying rubber binder chip seal

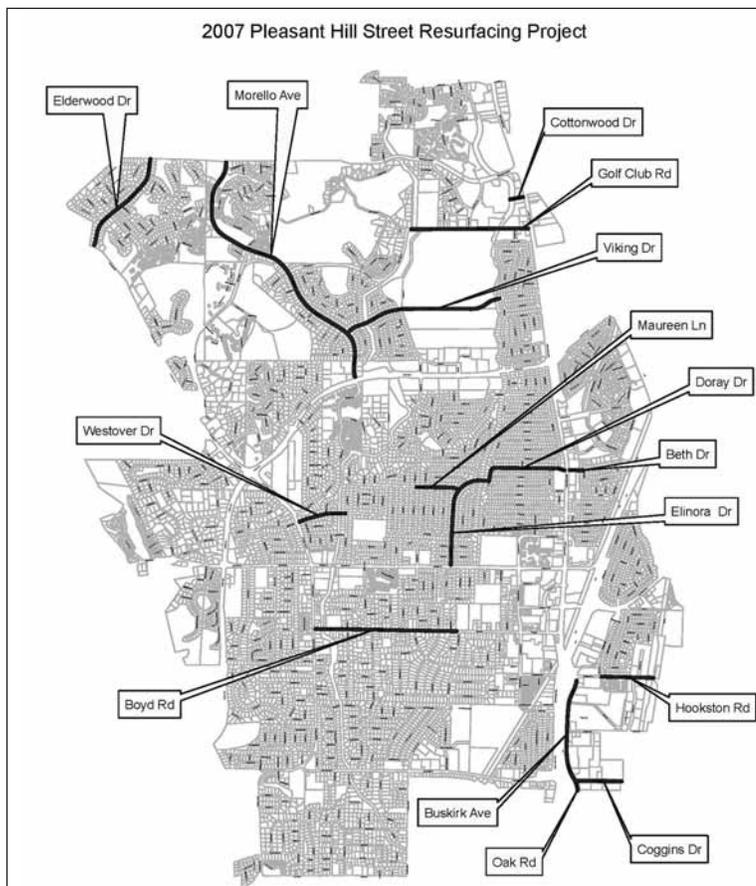
The first part of this step involves spraying rubber binder oil on the pavement. The spraying is immediately followed by the spreading of a layer of rock. The rock is then compacted by three or four large equipment rollers for a couple of hours to assure proper coverage



The area is then swept to remove excess rock. The sweeping will continue for a couple of days or as needed to ensure loose material is removed. Driveways and sidewalks also will be swept by the contractor. "Loose Gravel" and "15MPH" signs will be posted along the roadway to remind motorists to drive slowly.

STEP TWO: apply microsurfacing

This step involves placing an asphalt liquid material over the pavement on top of the layer of rock. This will require lanes to be closed for approximately two hours to allow the material to dry. This step will occur approximately two to three weeks after step one is complete. ♣



Please help by following these precautions...

- Drive slowly: Obey "Loose Gravel" and "15MPH" posted signs; the pavement can be slippery because of the loose rock.
- Respect Construction Areas and Workers: Do not drive on the treated roads until the lanes have been re-opened to traffic.
- Observe Signs and Lane Closures: Expect lane closures and 10 to 15 minute delays. Avoid roads under rehabilitation. When possible use alternate routes.

Thank you for your patience and cooperation. Please call (925) 671-5260 if you require assistance with a specific need or have any questions.



Tee Fee Swamp Boogie...
New! Cajun-Zydeco sound!



Enjoy the
sounds
at the...
2007

Sunset By The Lake



Other People's Money



Boothill...high energy!!



Bingo
Schmingo
for the
kids!

Free!
**Summer
Concerts**

On the lawn by the lake at
**Pleasant Hill
City Hall**

Gregory Ln & Cleveland Rd

LIVE Music 6-8pm!



Finding Stella...classic rock
and pop spirit of the 70s and 80s



Oh, yes...Delta Dogs!



Frankie G &
Conviction..
they are
real crowd
pleasers!



Popular local band...Cover2Cover!!

- May 27 TEE FEE SWAMP BOOGIE
(with Outback BBQ)
- Jun 10 BOOTHILL
- Jun 24 FINDING STELLA
- Jul 8 FRANKIE G & CONVICTION
- Jul 15 BINGO SCHMINGO
- Jul 22 OTHER PEOPLE'S MONEY
- Aug 5 DELTA DOGS
- Aug 19 COVER2COVER
- Sep 2 KEY LIME PIE



.. It's a GREAT season!!

Sponsored by the
Pleasant Hill Civic Action Commission
and the following businesses:



Key Lime Pie



May 27, Jul 8, Sep 2



Jun 10



JUN 24



JUL 8



Aug 5



Aug 5



AUG 19



Gabriel R. Lujan, D.C.
Casey L. Strand, D.C.
AUG 19



SEP 2

Clip our this flier and keep for the season! And visit www.pleasanthillconcerts.com for all concert information.

Join in 3rd annual Community Service Day

Did they rise to the occasion?
Well, indeed they did!



And, each year, the volunteers have, in fact, lived our slogan “Less Talk, More Action.” Last year than 500 volunteers worked on 22 projects throughout Pleasant Hill.

This year promises to be no different. Again the City’s Civic Action Commission is asking residents to register a project and/or volunteer for the next Community Service Day, **Saturday, September 15.**

“We’re asking citizens to work for a few hours on a project that will benefit another resident, a school, or an organization in Pleasant Hill,” said Tim Flaherty, Civic Action Committee Chairman. “It is incredible what we can accomplish together in one day.”

Projects can be as diverse as painting a building, light or heavy yard work for an elderly, disabled or neighbor in need, to repairing small structures and cleaning debris from public places.

All volunteers and project leaders will gather at Pleasant Hill Park at Cleaveland Road and Gregory Lane between 7:30 and 8:45am on September 15 for a FREE pancake breakfast provided by the Pleasant Hill Lions Club. Volunteers who register to work on a project will also receive a FREE T-shirt, first-come, first-serve, when they meet their project leaders before they head off to work for the day.

For more information or to register a project or volunteer, call 671-5205 or visit the City’s web site at www.ci.pleasant-hill-ca.us and look under the Community Service Day page. ♣

Boy Scouts help Friends of Pleasant Hill Creeks

Friends of Pleasant Hill Creeks and the Boy Scouts of America, Iron Horse District, are once again planning to combine forces to improve the environment and aesthetics of Ellinwood Creek in downtown Pleasant Hill. Interested community volunteers are invited to join in a clean-up and restoration project day on Saturday, August 4, beginning with sign-in at 8:30am at the Scout Office at 800 Ellinwood Way in Pleasant Hill. Boy Scouts will be celebrating the 100th anniversary of Scouting on August 1 and this project is part of their week-long celebration of the Scouting movement.

Friends of Pleasant Hill Creeks volunteers have been working every Saturday morning for the past year to remove Arundo and other invasive plants from Ellinwood Creek. On June 2, they finally removed the last of the original stands of Arundo.

This past Earth Day, April 21, 95 Scouts and community volunteers turned out for a very productive clean-up and Arundo removal project day on Ellinwood Creek. Some volunteers came from as far away as Antioch, Livermore, and Berkeley. They removed two sofas, a mattress, a bench press, a roll of carpet, riding toys, several shopping carts, and innumerable bottles, plastic bags, paper, and other debris from the creek. They also cut several of the remaining patches of Arundo donax (the invasive Giant Reed that previously choked many areas of the creek). Allied Waste Services donated two dumpsters; the City of Pleasant Hill corporation yard accepted the debris, Ellinwood Apartments contributed toward the services of a three-man Valley Crest Tree Care Services shredder crew to compost the Arundo, and Outback Steakhouse employees prepared and donated a wonderful BBQ lunch to feed all the hungry volunteers. ♣

Kevin and Walter Pease (PH Cub Pack 282) and Stan Clark (of Pleasant Hill, member of Friends of Pleasant Hill Creeks) cut Arundo.

—Photos by
Lillian Reme



Left to right: Lucas Cedermaz, Anthony Mabutas, Charles Andre, Riley Egan, Eugene Goltzman, Susie Kim, Jennifer Lee, Annette Lualhati, Danielle Goltzman, and Royce Remer work on a stand of Arundo. These hard workers came from PH BSA Troop 405, PH Venture Crew 405, Land for Urban Wildlife, Inc, and surrounding cities.

Building a community garden takes thought and work

Picture when you drive or bike down this road, you will find a lovely oasis. Seating will be provided as well. The area will be wheelchair accessible. Middle School children will find a more welcoming path to their school. As a Demonstration Garden, you might get some great ideas for your own low moisture, low maintenance landscaping. Come, join us! This will be a garden for all of Pleasant Hill!

When Monika Olsen's gardening class agreed to "get rid of that eyesore," they quickly began a careful and challenging project to beautify the corner intersecting Hawthorne, the road to the ball fields and the school parking lot in front of the Pleasant Hill Education Center at 1 Santa Barbara Road. The goal was to build a lovely garden using native California plants and other plants that require little water or maintenance.

During their Mt. Diablo Adult Education garden design class this spring, adult students were assigned various pieces of the project. Numerous questions had to be answered first: Where is the property line? What are the site measurements? What is already on the property and should it remain or be removed? Who uses the property—especially those using the existing gates and the people who park on the dirt? What is the soil makeup—acid or base—well drained or clay? How do sun, shade, and wind affect the plantings? Students measured the property, dug for soil samples and drainage, studied the sun, shade, and wind patterns at different times of the day and in different seasons. Neighbors got involved and offered friendly input.

Next, the students drew up a plot plan. Wind and sun conditions were added. Students researched possible plants for the site with criteria of low water needs and low maintenance. A color scheme was chosen.

All were in agreement that this area would provide a pleasant pathway for children to walk to school. When the snack bar is completed near the ball fields, some people might enjoy picnicing in the garden.

When the class sessions were over, some of the questions were answered, but not all, including the source of funding, contributions, obtaining school approval, and securing electricity, water and volunteers to maintain the garden.

Early in June, Monika asked some of her present and former students along with Pleasant Hill Recreation & Park District to meet to discuss progress and goals. They revisited the plot and improved the plot plans. They plan on approaching the Pleasant Hill City Council for some funding in the future.

The community garden project committee is "fired up" and willing to volunteer time and energy. They need lots of help with funding, sharing of talents, donation of plants and just plain working the soil.

Interested? Call Monika at 937-1530 or email: olsenmonika@netscape.net if you would like to be a part of this exciting project. ♣



Tips for minimizing mosquitoes

With warm weather fast approaching, the Pleasant Hill City Maintenance Division is taking steps to address areas where mosquitoes could survive. The most visible areas for the annoying pests are in the creeks and the storm drains throughout the city. There are more than 150 miles of storm drain pipes below Pleasant Hill and more than 1,500 catch basins and inlets. Crews are busy cleaning these pipes to remove debris that is clogging the system. There are also nearly 15 miles of public and private creeks in the City that crews monitor and clean. In addition, they're coordinating efforts with the Contra Costa Mosquito and Vector Control to maximize resources.

You can do your part to help keep the storm drain system clean and minimize the mosquito population. Any debris that is left in the streets eventually ends up in the storm drains and flows into the fresh-water creek system and even into the Bay. By following some simple steps, you can have a big impact on keeping water from accumulating in the storm drains.

- Keep all debris out of the street.
- Promptly clean up landscape trimmings and trash of any kind.
- Don't wash paint into the street.
- Don't let automobile oil spill into the street.
- Sweep debris into trash cans, not into the street or storm drains.
- When contractors are working in the neighborhood, be on the lookout for construction garbage, papers, cans, soil, gravel, wet concrete, or paint that may blow into the street.
- Don't allow gravel and extra soil to be stored in the street where it can be washed into the storm drains.

All of these things will help keep the storm drains from getting clogged. When the pipe system becomes blocked, water can't drain. Standing water becomes a breeding ground for mosquitoes, which potentially could carry the West Nile Virus. Let's all work together to keep the Pleasant Hill waterways clean ♣





Aargh!

Revenge of the Wenches: The Pirates of Pleasant Hill

One More Time! Yo Ho Ho, a pirate's life we'll lead! On Friday, August 24 from 6 to 11pm, the Pleasant Hill Chamber will host **Revenge of the Wenches—The Pirates of Pleasant Hill**. Tickets are \$40 (\$45 at door) and include dinner from 7 to 8:30pm, \$20 in gaming money plus an extra \$5 for costume attire. Come as Captain Jack Sparrow, Jack's Dad, Blackbeard, Captain Davy Jones, a Wench, a Gypsy, or yourself.

If you thought last year's Hooks & Wenches couldn't be beat, well, Revenge of the Wenches is going to knock your sword off. You won't want to miss the continuing adventures of the Pirates of Pleasant Hill since it's guaranteed to be the extreme suspense filled, sword-clashing, fun, fun, fun surprise filled evening ever. Buy a key - unlock Dead Mans Chest - win \$500 gold coins, Karaoke at the End of the World Bar, win Best Costume Awards, capture the bounty in the Silent Auction and use your Casino winnings to gain tickets for the fabulous Raffle Prizes. For the rest, you'll have to wait for the party to begin, but we know you're gonna love it!

This social evening is one of the most popular events of the year and offers an exciting venue to promote your business to a diverse selection of Chamber members, community friends and family in a relaxed, friendly atmosphere. You can help make this major fundraiser for the Chamber a success by becoming an Event Sponsor, Sponsor a Gaming Table—Poker, Roulette, Craps or Slot Machine and/or donate items for the Raffle and the Silent Auction.

If you would like additional information about Sponsorship, call Kelly at 687-0700, Aloma at 825-0555 or go to www.pleasanthillchamber.com. Don't miss this fun opportunity or you may find yourself Sword-Clashing with Captain Jack Sparrow! **AARGH!!! ♣**

Classic cars return to the annual American Iron

Enjoy a sunny day of barbeque, music, and classic American cars of the 30s, 40s, 50s, 60s, and 70s at the Pleasant Hill Community Center on Sunday, August 19, from 10am to 3pm.

Presented by Pleasant Hill Recreation & Park District, "American Iron" car show features awards, prize drawings, food by Maverick's Barbeque Catering, lively DJ music from Strawberry Fields, and lots of fun.

This family-friendly event will be judged by spectators who vote for winners in creative award categories, including: best make-out car, best beach car, and car responsible for the oil crisis. Trophies will be awarded for best of each decade, best interior, best engine, and best of show.

The event is free for spectators, and just \$25 to enter a car. The deadline is August 10. For more information, contact the Pleasant Hill Community Center at 676-5200. Registration forms are available on the District's web site at www.pleasanthillrec.com.



Sprayground opening near

The Pleasant Hill Community Foundation Sprayground Committee has determined that there may be an opening date in late July for the Sprayground at Pleasant Hill Aquatic Park. Although an exact date has not yet been determined, the celebration will be open to the public, and include a ribbon cutting, dedication ceremony, and recognition of the major donors.

It is not too late to buy a brick and be part of the Pleasant Hill Aquatic Park Sprayground Donor Wall. You can download an order form at pleasanthillrec.com or call Corey Hayman, 682-0896, ext. 19, for more information. ♣

The former kiddie wading pool became history as the bulldozer broke ground for the new Sprayground.



Summer Day camps conveniently fill long summer days

Summer camps from Pleasant Hill Recreation & Park District are a great way to fill long summer days without interfering with vacations, because you sign up for activities one or two weeks at a time.

The fun starts almost every week in July and August with camps for preschoolers, kids entering grades 1-6, and teens entering grades 7-12.

★ Preschool Camps

These camps include arts and crafts, games, songs, story telling, waterplay, and lots of outdoor fun. Daycamp for Little People, Mini-Daycamp, Pre-School Summer Camp, and Summer Tots.

★ Youth Camps

Begin with Adventure Kids summer camp where sign-ups are accepted for part, or this entire action-packed program. Trips, swim days, events, arts/crafts, games, sports, based on exciting weekly themes. For other choices, check the Spare Time Spotlight for details on: Youth Water Polo Camp (begins June 11), Art Medley Camp, Art Gecko Summer Camp, Critters 'n Clay Camp, Explorers Camp, Keyboard Music Camp, Lego Camps, Mad Science Camps, Roy's Magic Camp, Summer-time Places, and Tri-California Kids Triathlon Camp. Kidz Love Soccer CAMP, half-day or full day in a one-week session or Summer Sports Camp are offered for sports-minded boys and girls.

Teen summer camps include Camp Eclectic, a flexible Monday through Friday program to fit the family needs, with exciting weekly Friday trips to destinations such as the Santa Cruz Boardwalk, Waterworld, Great America, Raging Waters and more. Sign up for one to eight weeks with extended time available for working parents. For an art or music summer experience, try Arts & Crafts Camps or Rock University. Teens who would like to be Counselors will find Counselors-in-Training a helpful source of information.

For more information, check out the *Spare Time Spotlight* in the following sections: *Aquatics, Sports, Pre-School, Teens or Youth*.. ♣



Senior Showcase

On July 28, the Pleasant Hill Senior Center will showcase a sampling of everything it offers the community—from sports, to dancing, movies, fitness, computers, a very impressive variety of trips, delicious food, and much, much more.

This year, the Senior Showcase will also share some exciting plans for a new building. It is also a great opportunity to learn about the many services offered free of charge to help seniors live full, rich lives independently in their own homes.

Available to area residents 50 years and over, the Pleasant Hill Senior Center is one of the friendliest and active centers in the area.

Admission to the 14th Annual Senior Showcase is FREE. Due to popular demand this event will be held at the Pleasant Hill Community Center, 320 Civic Drive, Pleasant Hill. For information, please call the PH Senior Center 798-8788. ♣

Rodgers Ranch offers children pioneer experience

Children between the ages of 7 and 12 can experience the exciting life of being a pioneer on an old fashioned farm through the popular Rodgers Ranch summer heritage program offered July 30 through August 3, from 9am–2pm.

The Summer Round-Up teaches children how pioneer families lived, farmed and entertained themselves and how they dealt with the many unexpected challenges of life in the 1800s. Activities include popular settler games and crafts, churning butter, making homemade ice cream and lemonade and lots of singing and storytelling. Guest presenters also will join the children throughout the week.

The Round Up has 20 spots for this summer's session and costs \$100 per child. For more information or to register, call Denise Koroslev at 387-0158 or e-mail rodgersranch@yahoo.com. ♣

4th of July excitementcontinued !

—continued from page 1

The Party in the Park follows the parade and will feature kids' games and activities along with some great stage entertainment. A petting zoo for the kids has been added this year by Dawn Block and Michael Harris. Last year's Singing Blue Star Moms will make another appearance as the "Singing Blue Stars of the USS Hornet." Don't miss this wonderful singing act taking us back to the patriotic music of the 40s! Back Forty Texas BBQ will again be serving up some lip-smacking ribs and great eats.

Following twilight's last gleaming, the night will be lit up with more "rockets red glare and bombs bursting in air" than ever seen over Pleasant Hill before. Come early and stake out your patch of lawn for viewing the overhead spectacular at College Park High School! Outback Steakhouse has joined us this year to provide great BBQ for those wishing not to cook on their home Bar-B. Yep, celebrating America's grandest holiday in Pleasant Hill has become a real treat! This is good, old fashioned fun for the entire family.

Many thanks to the "star spangled" sponsors from the business community who are making this event possible this year: Allied Waste Services, Campbell Security Equipment Company, the City of Pleasant Hill, Club 50 Fitness, Comcast, Downtown Pleasant Hill, David Deutscher Company, Don and Norma Flaskerud, Fleet Feet Sports, John F. Kennedy University, Pete Sabine & Lori O'Brien, Pleasant Hill Lions Club, Red Brick Pizza, the Rotary Club of Pleasant Hill, Safeway, and Telasis Community Credit Union.

For more information, check out the Fourth of July Commission's new website, designed and constructed by Pat Kratina's Computer Class at College Park High School, at www.pjuly4.com. ♣



At Pleasant Hill's 4th of July Celebration, be sure to check out all of the fun activities in the park after the parade. The Pleasant Hill Express will offer free rides around the park to children all afternoon until 2:30pm.

Kids...meet "Sammy" the money-saving rabbit on 4th of July!

Hey kids and parents, too! Sammy Rabbit is coming to march in Pleasant Hill's Fourth of July Parade, handing out 1,000 of his books to patriotic children and entertaining kids in the park after the parade. Sammy, also known as "Sammy the Saver," or "The Saminator" is on a mission to celebrate saving money.

Saving money is hard, but it can be easier if you get in the habit of saving. Sammy is "the bunny who likes to save money," and travels across the country teaching kids good habits.

Sammy's visit is sponsored by the **Pleasant Hill Lions Club, Rotary Club of Pleasant Hill, Club 50 Fitness, and Telasis Community Credit Union.** ♣



Local families needed to host international Students

The International Education Center at Diablo Valley College (IEC@DVC) is still looking for local families to host international students on a temporary basis while they improve their English skills. Long or short-term placements are available. Host families participating in the program are paid a monthly stipend of \$650 per student.

The requirements for being a host family are simple: Provide two meals per day (three meals on weekends) and a private bedroom for the student—all within a supportive family environment; and be involved in the student's life and treat them as a family member. All types of families are welcome, including single adults with or without children, and couples with or without children.

For more information about becoming a host family, please contact IEC@DVC's Housing Coordinator, Fia Parker at 876-0080, or fparker@dvc.edu. ♣



Small Business Workshops
at Pleasant Hill Library

Profiling your competition and customers

Consultant Randall Shores will conduct a FREE workshop from 7-9pm, Monday, July 16 on how to profile your competition and customers. Developing a competitor and customer profile is crucial to the success of a business. In starting your research you need to ask yourself over and over, "Who is my customer." Is your customer an individual or another business? Developing and growing your business is an exercise in asking and answering questions. Do I have competition and who is the competition? How do I compare to my competition? *Topics to be covered in this workshop include:*

- How to determine the demographics?
- How to determine the psychographics of your customer base?
- How to determine market size and potential?
- How does your product or service compare to your competitor regarding product, customer, sales, potentiality, price, place, etc.?

New job kiosk helps you find and apply for jobs

Job seekers can now view and print information on employment opportunities and even apply for jobs at the touch of a finger from the JobView kiosk located at the Pleasant Hill Library. The touch screen is easy to use, no registration or resume is required, and there is no charge to the job seeker.

An application receipt is printed which allows job seekers to provide proof of application for a specific job. Kiosk network listings are updated daily. Listings come from the *Contra Costa Times*, *Oakland Tribune*, *Careers.com*, *San Jose Mercury News*, *Hotjobs.com*, among others.

Come on in and take a look!



2007 Summer Reading Program continues

It's not too late to participate in the 2007 Contra Costa County Summer Reading Programs: *Get a Clue @ Your Library!* The 10-week programs for babies through adults take place June 11 through August 20. Download a reading record at ccclib.org or visit or contact the Pleasant Hill Library at 1-800-984-INFO for more information.

- **Baby Reading Program**
Babies birth–2 years
Read, sing and play
and earn prizes
- **Kids' Summer Reading Program**
Kids age 2–5th grade
Read books and win prizes
- **Teen Reading Program**
Teens in 6th–12th grades
Read books and win prizes
- **Adult Reading Program**
Age 18 and up
Read and write a review for
entry into prize drawing.

Get a clue @ the Pleasant Hill Library

Adult & Teen Programs

- Wednesday, July 11, at 7pm, Contra Costa County criminologist Terrence Wong takes you into the world of the CSI lab and explains how crime solving fact compares with fiction. Teens and adults—come learn how crime solving really happens.
- Teens that complete the Summer Reading Program for grades 6-12 at the Pleasant Hill Library are invited to a mystery movie on Wednesday, August 22, at 7:15pm (Movie to be announced). Teens will receive a ticket to admit one when they pick up their prizes for reading 20 hours and writing a short review of a book they read.

Children's Programs

- **Lego® & Listen for school-age kids**
We will have building toys for you to use while listening to some funny, thrilling and curious stories.
Wednesdays from 1:30–2:30pm
July 18, 25 and August 8
- **The Great Art Mystery**
Solve the Mystery of the Mixed-Up Art @ your library
For kids in 3rd – 5th grades
Wednesday, July 25 from 7–8:30pm
Registration required.
- **Summer Reading Program Celebration**
The Magic of Timothy James
For all ages
Saturday, August 11 at 11am

**A big
THANK
YOU!!**

Pleasant Hill Library Children's Department would like to extend a special Thank You to the Friends of the Pleasant Hill library for buying paperback books for all children that complete the Kids' Summer Reading Program!

Project Second Chance trains volunteers to help adults to read

"A candle which lights another candle does not lose its light." Help an adult to read, write and spell better. Project Second Chance (PSC), the Contra Costa County Library adult literacy program, will train volunteers to become literacy tutors.

Please call 925-927-3250, or email psc@ccclib.org for pre-registration information. Training will be held at the PSC office, 75 Santa Barbara Road in Pleasant Hill. Training begins Wednesday evening, September 5: 6:30–8:30pm, and continues September 8 and 15, 9am–3pm. All 14 hours are required. ♣



A 4-year-old Vietnamese boy was carried into the room by a caretaker. The boy had only one limb...a right leg! His right arm was gone just below the elbow and his left arm just above the wrist. His left leg also was missing but fitted with a prosthetic.

The boy screamed and yelled upon entering the room at the sight of all the prosthetic hands lined up on the table. After a period of time calming and soothing him, he was given one of the hands to play with. And nearly an hour later, when his turn came to be fitted with the hand, he was ready and eager. And only a minute after being fitted with the hand, he had managed to put a marking pen in the hand and—for the first time in his life—draw on a piece of paper!



It only costs \$50 to produce. *How is this possible?* Everyone willingly chips in—the inventor and those in design, tooling, and manufacturing. It is being manufactured for no profit and is absolutely free to the recipients!

DISTRIBUTION BEGAN SOON

Starting in 2005, Rotarians, led by Pleasant Hill member Michael Mendonca, made a trip to Vietnam to give out the first hands. All trip members pay their own expenses. Seven hands were fitted that first trip...but since then several more trips have been made to Nairobi, Kenya, Uganda, and Tanzania. The result? Several hundred people throughout these countries now have a working hand!

On March 24, an eight-member team, including Pleasant Hill Rotarians Michael Mendonca and Jim Bonato, departed for Vietnam again on a 10-day mission to place more prosthetic hands on those who lost one of their natural hands. The team linked up with the East



Meets West Foundation and worked out of rehabilitative clinics in in the region formerly know as Saigon. Michael was extremely pleased that this initial partnership with the East Meets West Foundation was able to identify clinics with staffs open to this “break through” prosthetic hand and eager to be trained on placing it on those in need without any cost to the recipient. “Our success in training the staffs at the three clinics we visited ensures that this project will continue after our departure,” stated Michael.

Jim Bonato was taken aback by the reason most of the hand recipients had lost their limb—by exploding landmines remaining in the countryside from the Vietnam war. “This drives the point home that the casualties of war don’t end with a cease fire,” Jim states. “Nothing compares to seeing the smile on a person’s face when they can write and draw with their new hand after only 10 minutes of training—this truly enhances their lives and makes you feel that you made a difference.”

Future trips are on the drawing board for India and Afghanistan. For more information, call President Ken Jacobson at 930-9941. ♣

HOW IT ALL BEGAN

A few years ago, a man and his wife suffered the loss of a child. In honor of his daughter, the man, an engineer and inventor, wanted to do something for the rest of the world as a legacy to her – a selfless, no-money-to-gain act that would benefit children across the world in some way. While learning of the hundreds of thousands of children who had lost hands and other limbs due to land mines, he became inspired to invent and design a prosthetic hand that was fully functional and could be made, fitted, and used for literally pennies to the dollar as compared to other hands available on the market.

The man approached a member of the **Pleasant Hill Rotary Club**...and thus things were set in motion. The Club funded the initial research and development of the hand, and later **St. Andrews Presbyterian Church** Youth Group helped in this initial state.

WHAT EXACTLY IS THE "HAND"?

The hand is simple...two movable mechanical digits interlock between three immobile digits. A ratchet-type mechanism causes the movable digits to hold incrementally while being closed. To close the digits, a simple pressure either from the other hand, a table or against your leg is all that’s needed. To release, pressure to the hand’s other side flexes the base and pulls tabs away from the digits’ gears.



Thank you, Pleasant Hill!

On May 24, Pleasant Hill Rotary President Steve Lack presented Michael Mendonca and the “Give Hope...Give a Hand” project a check for \$14,000, a portion of the funds raised from the Rotary Club’s St. Patrick’s Night of Merriment fund raiser. Quotes Steve, “This goes a long way in providing such a simple solution to fill an important void in a person’s ability to master everyday needs. It allows them to re-enter the mainstream of society and employment in cultures that attach a stigma to the loss of a limb.”

So we say THANK YOU to the community for helping to provide this amazing hand to the many people in need!

Judy E. Walters named sixth president of Diablo Valley College

After a nationwide search, Judy E. Walters, Ph.D., has been selected as the sixth president of Diablo Valley College (DVC).



Dr. Walters, who currently serves as president of Berkeley City College, signed a four-year contract for \$182,316 per year with the Contra Costa Community College District. Dr. Walters will begin her duties on August 1.

"I am excited, delighted, and honored to be selected as DVC's new president," said Dr. Walters. "DVC has a fine reputation, is well known and widely respected as an excellent transfer institution, and is an invaluable community resource with a strong, dedicated faculty, wonderful support staff, and a respected administrative team. I am looking forward to continuing the college's fine reputation, as well as exploring new ways to reach out to the community."

Walters comes to DVC from Berkeley City College, an urban California community college of about 5,000 students, located in downtown Berkeley. She brings more than 20 years of experience as a California community college administrator, including six years as an accreditation commissioner. Dr. Walters has a Ph.D. in interdisciplinary arts and science with a specialization in leadership and organizational effectiveness from Union Institute and University in Ohio, a master's degree in education from Alliant International University in San Diego, and a bachelor's degree in English from Idaho State University. ♣

Are you "Sleepless in Contra Costa County?"

Are you tired of being Tired? If so, it might be time to take a look at some of the facts and fallacies about getting a good night's sleep.



Fact or Fiction? Older adults don't need much sleep; insomnia is normal for seniors.

Fact or Fiction? Insomnia isn't really a serious problem.

Fact or Fiction? Nothing can really be done for sleep problems, except sleep-inducing drugs.

All of these are FICTION. Here are the facts:

FACT: Although aging has an effect on our sleep cycle, it is still important for most of us to get about 7-8 hours of sleep nightly. This is an attainable goal!

FACT: Insomnia impairs the immune system and research shows a relationship between insomnia and early mortality. Sleep apnea, one cause of disturbed sleep, can be fatal if untreated. If you suspect this condition, visit your medical provider soon for a solution.

FACT: There are many possible causes for sleep loss, and, fortunately, there are as many solutions. Most sleep problems can be treated with natural methods that people can do on their own to improve sleep without the use of pharmaceuticals or surgical interventions.

Insomnia may be characterized by any or all of these:

- The inability to fall asleep at bedtime
- Multiple awakenings during the night
- The inability to fall back to sleep in less than 30 minutes when awakened
- Regularly getting fewer than 6 hours of sleep per night

Come to class and learn about safe alternatives that promote healthy sleep and have no side effects. *Sleepless in Contra Costa*, will be offered from 11am-1pm, Saturday, August 4 from 11am-1pm at the Malaya Center, 395 Civic Drive, Suite C, Pleasant Hill.

Call (925) 726-0300 to register or go to www.malayacenter.com. Register prior to August 1 and pay \$20.

Instructor, Barbara J. Anson, M.A., is a Holistic Health Educator/Consultant. For class information, call instructor at 681-3127 after July 10. ♣



Economic Development/Business News in Pleasant Hill welcomes new businesses...

Our hope is that you will learn about a new business in the City that provides goods/services that you may need or find useful. The City of Pleasant Hill is com-

mitted to enhancing the viability of the business community and improving communication and service among business, government and residents. Please con-

tact *Kelly Calhoun* at (925) 671-5213 for additional information on locating or expanding your business operations in the City of Pleasant Hill.

New businesses in April 2007

Acupuncture Wellness Center
(Acupuncture & Nutrition)
609 Gregory Ln., #110
925-457-2122

AMSO Quality Motors
(Used Car Retail Sales)
3333 Vincent Road, #208
925-997-0265

Back to Health Medical Center
Medical/Chiropractic
1100 A Pleasant Valley Drive
925-287-5550

Corner Stone Family Services
(Counseling & Tutoring)
1519 Contra Costa Blvd.
925-825-5808

Debora Hughes McManus, LCSW
3490 Buskirk Ave., Ste. A
925-260-1190

Deborah Haagensen, Life Coach,
Minister & Energy Worker
140 Mayhew Way, #202
925-250-6839

Dino Motor Group (Auto
Retail/Wholesale)
171 Mayhew Way, Ste. 205
925-768-8214

Elite Beauty Supply
35 F Crescent Drive
925-825-2589

Eric's Tree Service
255 Coggins, A-5
925-719-3412

**Geomatics
Transportation Service**
(Professional Land Surveying)
3333 Vincent Rd., Ste. 214
925-556-1776

Luminous Skincare
670 Gregory Lane, #B
925-899-0708

Marvida Massage
140 Mayhew Way, #202
925-946-0645

Massage Envy
20 Crescent Drive, Suite A
925-689-3689

Reiki By Linda
395 Civic Drive, Ste. C
925-917-0780

Richard C. Lewis (Law Office)
2255 Morello Avenue, #111
925-685-3041

Tugboat Fish & Chips
150 Longbrook Way
925-969-1287

Windsor Rosewood Care Center
(Skilled Nursing)
1911 Oak Park Blvd.
925-935-6630

All Cars (Auto Wholesale)
925-383-8647

Art By Jackson, Inc.
925-335-9777

Axle Design (Graphic Design)
925-676-3432

Chesterman Photography
925-818-2328

Easy Move, LLC (Senior
Relocation Service/Consulting)
925-348-0812

Floral Design Consulting
925-525-5637

Harbibolah Khavari Enterprise
(Music Record Label/
Entertainment Service)
925-255-3320

Kaufman Commodities (Investor)
925-766-9025

Maculate Enterprises
(Fine Arts, Design)
925-935-4562

Tutoring Made Simple
(Tutoring & Social Skills)
925-682-9377

New businesses in May 2007

Kids In Tune
(Music Lessons to
Pre-School Children)
320 Civic Drive, 510-437-4206

My Hanh Thi Nguyen (Nails)
89 Chilpancingo Pkwy.
925-682-0858

Nancy L. Eubel, CHT
(Hypnotherapy &
Spiritual Counseling)
140 Mayhew Way, #200
925-876-9463

Optimal Body Fitness
(Personal Training Studio)
3333 Vincent Rd., #107
925-788-5485

Papa Chuy's Taqueria/Restaurant
508 Contra Costa Blvd., Q
925-674-1045

Paula Wallace
(Motivational Speaker)
140 Mayhew Way, #202
925-395-6267

Plaza Caf e
1912 Contra Costa Blvd.
925-827-2811

Pleasant Dental
140 Gregory Ln., Ste. 200
925-685-8587

Rayman Auto (Auto Wholesale,
Retail & Brokerage)
3333 Vincent Rd., #102
925-286-5994

Tammy Nail
670 Gregory Lane, Unit A
925-952-9397

Thudung-T-Tran (Nails)
89 Chilpancingo Pkwy.
925-682-0858

USA Petroleum
(Gas Station/Mini Mart)
1616 Oak Park Blvd.
925-937-2242

Walia Motors (Resale of Cars)
171 Mayhew Way, #250
510-717-1624

Waves of Spirit
(Personal Life Coach)
140 Mayhew Way, #200
925-876-9442

Where To Go & What To Do
(Senior Info/Spiritual
Support/Tarot)
140 Mayhew Way, #102
925-946-0645

Create With Veronica
(Portrait Artist)
925-945-7871

David A. McIlroy
(General Contractor)
925-210-0901

EFleet Cars
(Wholesale Automobiles)
925-349-6140

Fuhrer Designs
(Stained & Fused Glass)
925-689-3056

Four Seasons Maintenance
925-709-9061

Joan E. Alexander
(Art at Crescent Plaza)
925-370-2046

Legends Lights Candles
(Direct/Distributor-
Gold Canyon Candles)
925-939-3173

City Meetings



WHEN	WHAT	WHERE
Mon 2 7:30pm	City Council-Redevelopment Agency	Council Chambers
Wed 4	CITY HALL CLOSED FOR 4TH OF JULY	
Thu 5 5:00pm	Architectural Review Commission	City Hall Small Community Room
Tue 10 6:00pm	Traffic Safety Commission	City Hall Community Room
Tue 10 7:30pm	Planning Commission (Public Hearing)	Council Chambers
Wed 11 6:30pm	Civic Action Commission *	City Hall Small Community Room
Thu 12 5:00pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Mon 16 7:30pm	Redevelopment Agency-City Council	Council Chambers
Tue 17 7:00pm	Education/Schools Advisory Commission	City Hall Small Community Room
Thu 19 5:00pm	Architectural Review Commission	City Hall Small Community Room
Tue 24 7:30pm	Planning Commission (Public Hearing)	Council Chambers
Thu 26 5:00pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Thu 26 7:00pm	Redevelopment Advisory Commission	City Hall Large Community Room

* Please note date change

AUGUST

WHEN	WHAT	WHERE
Wed 1 6:30pm	Civic Action Commission	City Hall Small Community Room
Thu 2 5:00pm	Architectural Review Commission	City Hall Small Community Room
Mon 6 7:30pm	City Council-Redevelopment Agency	Council Chambers
Thu 9 5:00pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Tue 14 6:00pm	Traffic Safety Commission	City Hall Community Room
Tue 14 7:30pm	Planning Commission (Public Hearing)	Council Chambers
Thu 16 5:00pm	Architectural Review Commission	City Hall Small Community Room
Mon 20 7:30pm	City Council-Redevelopment Agency	CANCELLED
Tue 21 7:00pm	Education/Schools Advisory Commission	City Hall Small Community Room
Thu 23 5:00pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Thu 23 7:00pm	Redevelopment Advisory Commission	City Hall Large Community Room
Tue 28 7:30pm	Planning Commission (Public Hearing)	Council Chambers



CITY OF PLEASANT HILL

100 Gregory Lane
Pleasant Hill, CA 94523-3323
925-671-5270

www.pleasanthill.ca.gov

CITY OFFICIALS

Mayor David E. Durant
Vice Mayor John Hanecak

Councilmembers

Suzanne Angeli
Michael G. Harris
Terri L. Williamson

City Manager June Catalano
City Clerk Marty McInturf
Treasurer Suzanne J. Salter

CITY HALL HOURS

Monday–Wednesday 8:30am–5:00 pm
Thursday 8:30am–6:00 pm
Friday 8:30am–1:00 pm



The City of Pleasant Hill newsletter is published bimonthly. Deadline for stories and story ideas for Sep/Oct is July 30. Ideas are always welcome. Local non-profit groups may submit articles to the Public Information Officer at 100 Gregory Lane, Pleasant Hill, CA 94523. For information, call Kirsten Cherry at 671-5205, fax to 671-5238, or email to kcherry@ci.pleasant-hill.ca.us.

PUBLISHED ON RECYCLED PAPER



Editor/Writer Louie Gonzalez
Design Donaghua Graphic Designs

COVER: Farmers Market at City Hall.

Important Phone Numbers

Police/Fire Emergency	911
Police (Business)	288-4600
Fire (Business)	930-5500
Public Services Center	671-4646
Chamber of Commerce	687-0700
Recreation & Parks	682-0896
PH Bayshore Disposal	685-4711
PG&E	800-743-5000
Senior Center	798-8788
Senior Van Service	671-5272

Inside this issue . . .

America's Greatest Holiday—4th of July	1,10
Community Service Day—3rd Annual	1,4
A Fun Friday Night Place For Teens	1,2
From the Beat	2
PHPD Tip-A-Cop	2
Louie Departs Pleasant Hill	3
FREE Smoke Detectors	3
Summer Road Re-surfacing	4
Sunset by the Lake Concert Schedule	5
Boy Scouts Help FOPHC	6
Building a Community Garden	7
Tips for Minimizing Mosquitos	7
Community Events	8,9,10
Pleasant Hill Garden Study Club	9
FREE Smoke Detectors	9
Summer Activities at the Library	11
Rotarian "Hands" Reaching Around the World	12
New President for Diablo Valley College	13
Sleepless in Contra Costa County?	13
Economic Development	14
City Meetings	15
City Officials	15
Opening on PHR&PD Board	16

Opening on the Board of Pleasant Hill Recreation & Park District

At the June 14 meeting of the Pleasant Hill Recreation & Park District Board of Directors, Greg Smith resigned after almost 10 years on the Board. Smith cited personal and professional reasons for his departure, and acknowledged the outstanding staff and his fellow board members.

As a result, the District Board is requesting letters of interest from District residents who would like to serve on the Board. The term will end in November of 2008. The Board of Directors meets on the 2nd and 4th Thursdays of the month at 7 pm, except in November and December when the dates are changed to the 1st and 3rd Thursdays to avoid conflict with the holidays.

The qualifications for office, as required by the Public Resources Code under which the District is organized, are:

- No person should be a candidate for or be appointed to the Board of Directors unless he or she is a voter of the District.
- Persons must be 18 years of age or older.
- Persons must live in the Pleasant Hill Recreation & Park District; and be a registered voter.

Pleasant Hill Recreation & Park District is an independent California Special District that was established in 1951 to serve the diverse recreational needs of individuals and families and to enrich the quality of life for all residents. The District serves over 40,000 residents and operates 13 park sites, three pools, two community center facilities, a senior center complex, a cultural center, an historic site, trails and open space areas. During the year, the District offers over 2,300 enrichment classes, program activities, and sponsors numerous clubs and organizations.

The deadline for submitting a letter of interest to the Pleasant Hill Recreation and Park District Board is Friday, July 13. The current Board of Directors will interview and select the new member at the July 26 regular meeting of the Board of Directors. The meeting will be held at the District Administration Office, Conference Room, 147 Gregory Lane. Letters of interest should be submitted or sent to Bob Berggren, General Manager, Pleasant Hill Recreation & Park District, 147 Gregory Lane, Pleasant Hill, CA 94523.

For more information, call 682-0896. ♣



City of Pleasant Hill
 100 Gregory Lane
 Pleasant Hill, CA 94523-3323
www.pleasanthill.ca.gov



**Have a Fun and Safe
 4th of July!**

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