



the
OUTLOOK

of Pleasant Hill



New CERT class being offered soon

The City of Pleasant Hill is accepting applications for the next Community Emergency Response Team (CERT) class. CERT, a program co-sponsored by the Contra Costa Fire Department and the Pleasant Hill Police Department, is designed to teach disaster preparedness skills to community members. CERT graduates will become auxiliary first responders in the event of a major disaster. CERT classes meet from 6pm to 9:30pm for six week-day nights, and the class culminates with a disaster drill.

The next CERT class dates for the upcoming session are June 5, June 12, June 19, June 26, July 10, and July 17.

Applications for CERT training are available on line at www.ci.pleasant-hill.ca.us or at www.pleasanthillpd.com. While online applications are preferred, interested parties can also call Pleasant Hill Police Lieutenant Peter Enea at 288-4633. ♣

25 years of farmers markets in Pleasant Hill

Saturday, May 5, 10am, marks the seasonal opening of the Pleasant Hill Certified Farmers' Market. For the past 25 years, the Contra Costa Certified Farmers' Markets (CCCFM) has opened the Pleasant Hill market on the first weekend of May, bringing the community the freshest possible local fruits and vegetables for purchase from the farmers growing them.

Look for all your favorite growers and vendors and be prepared to take home local asparagus and cherries, strawberries, lettuces and greens of all kinds, Linda's Tamales, local honey, Barbara's Jams and much more.

Festivities include cook book authors Jill Nusinow with her book, *The Veggie Queen: Vegetables Get the Royal Treatment* and Barbara Kobsar with her book, *Traditions, Healthy Home Cooking*. Cooking demonstrations will be offered by Nibblers Restaurant and Wine Bar Chef and owner Daniel Clayton and Market Chef Lesley Stiles.

Twee Twee the Clown will be entertaining kids of all ages along with the amazing recycling Goddess, Madame



Farmers' Market open
on Saturdays!

Ovary. The Pleasant Hill Wine Merchants will be donating a portion of their wine tasting sales to the non-profit NEAR program (Nutrition Education and Agricultural Responsibility).

Be a part of history and do the environment a good turn at the same time. Come out and join the opening of the Pleasant Hill Farmers Market on Saturday, May 5, and every Saturday from 10am to 2pm.

The Farmers' Market is located at the Pleasant Hill City Hall parking lot at the corner of Gregory Lane and Trelany Road. For more information, visit the Contra Costa Certified Farmers' Markets web site at www.cccfm.org or call the CCCFM Hotline at 431-8361. ♣

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★ And so much more!

Taking care of business

In this day and age, an increasing number of people are working out of their own homes. Whether it is in the form of telecommuting from their place of employment or operating a business from their residence, more people are considering this alternative. Statistically, Pleasant Hill residents working partly or totally from their home represent about 5% of the City's labor force population. With the continuing advancements in technology and the convenience of working where you live, this method of carrying out one's job duties is expected to increase.

So....are you thinking of running a business out of your home? Well, while you're still in the planning stage, there are some details you will have to take care of before starting that "home-based" business. One of those little details is obtaining a business license from the City. Another equally important detail is the issuance of a Home Occupation Permit from the City.

WAIT! You may be wondering.... what the heck is a home occupation and why do I need a permit for it? Although a good number of people are aware that they will need a business license to operate a business, many have never heard of or are not familiar with a Home Occupation Permit. Okay, here is a short Q & A discussion on this particular permit.

What exactly is a Home Occupation Permit?

This permit is issued for any type of permissible business that is operated and based out of a person's place of residence. Don't confuse this with bringing work home from the office—that's considered telecommuting. A Home Occupation Permit is issued by the City's Planning Division, and information pertaining to permissible businesses is readily available to help in setting up your home-based business.

Why do I need a Home Occupation Permit anyway?

The purpose of the permit is to ensure that a home-based business does not negatively impact the surrounding neighbors. Operating a home-based business in a neighborhood can sometimes result in fellow residents being bothered with excessive noise, pollution, traffic,

or other objectionable effects. After all, we certainly experience enough of these impacts on our way to work! Applying for a permit will help ensure that the residential nature of the neighborhood is not disturbed by the operation of a home-based business.

What are the requirements to operate a home-based business?

There are established standards in place to make certain that a home-based business does not turn into a nuisance in a residential neighborhood. Some of the standards specifically address: vehicle traffic and refuse collection (amount generated); business activities (only within the home); business supplies (stored within the home); business signage (strictly prohibited); employees (working at residence); and business operations (noise, dust, and odors produced). While working at home can be a great idea, it is very important to be a good neighbor as well.

What if I have more questions?

For more specific information and requirements pertaining to home occupations, you can check out the City's Municipal Code. The Municipal Code can be viewed on the City website at www.ci.pleasant-hill.ca.us. Once there, click on the yellow "Municipal Code" link, click on the "html" link and search for Section 18.20.070 within the code. If you have further questions, can't find the referenced code section on the internet, or need more clarification after reading the code section, you can always contact the Planning Division at 671-5209 or click on the "Contact Us" button on the City website to submit an inquiry. ♣



Preparations have begun for Community Service Day

As the community gears up for the fourth annual Community Service Day, it's not too early to start thinking about a project that may need work and volunteers or perhaps planning on being a volunteer for this year. Do you have energy to give to your community while helping improve the quality of life in Pleasant Hill? Do you know of a community project that requires volunteers?

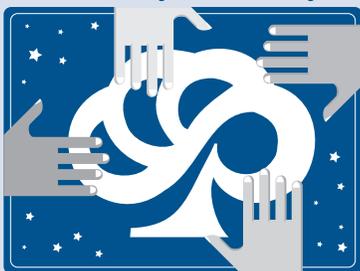
The Pleasant Hill Community Service Day will take place on Saturday, September 15, from 8:30am to 1pm. Community organizations, volunteers, residents, and anyone interested in improving the City will come together that day to work on projects that are aimed at helping others.

If you are an organization with a project in mind and need volunteers for the project, register your project on the City web site to begin connecting with volunteers. Each organization will be responsible for providing the necessary supplies for their project (garden equipment, paint, etc.).

If you are a volunteer, why not register yourself, your family, a group of friends, neighbors or work colleagues, to work on September 15. Visit the City web site and register as volunteers.

For more information or if you have a question, call Louie Gonzalez at 671-5229 or visit the City web site at www.ci.pleasant-hill.ca.us. ♣

City of Pleasant Hill
Community Service Day



Less talk. More action!

Letter to Homeowners From the City Building Crew

SAFETY FIRST.....AND FORMOST?

Natural gas explosions in both residential and commercial structures are not uncommon occurrences. The National Fire Protection Agency reported that leaks from natural gas pipes account for an average of 5,700 home fires, including 385 casualties, and up to \$50 million in property damage annually. Across California, about 80% of the population uses natural gas, especially in the state's urban areas. Taking into account that the United States Geological Society (USGS) has predicted there is a 70% chance of at least one major earthquake of magnitude 6.7 or greater hitting the Bay Area before 2030, the need for regulations that provide for the installation of gas shut-off devices to prevent leaks and potential explosions is readily apparent.

The City of Pleasant Hill is following the practice of many cities in the state, including those within Contra Costa County, by enacting a gas shut-off device ordinance. This ordinance contains provisions regarding the type of devices that can be installed, as well as the conditions under which an installation of such a device is required. The ordinance procedures were initiated by the City Council on March 19 and will be concluded on May 1 when the requirements for installation of gas shut-off devices becomes effective. Here are the major aspects of the gas shut-off device ordinance:

Property owners may choose from two different types of devices that are on the market. One is known as the "seismic gas shut-off device" or "earthquake gas shut-off device." This device shuts off the gas on the property owner side of the meter any time there is seismic activity of magnitude 5.1 or greater. The second type of device is known as an "excess flow device," which shuts off the flow of gas to the building whenever a break or rupture in the property owner side of the meter is detected. Both of these devices provide 24-hour protection and will automatically reset after a gas line has been repaired. Both of the devices are designed to be installed between the gas meter and the gas line that enters the structure.

Property owners are required to install gas shut-off devices when one of the following conditions exists:

- New construction that includes gas piping
- Addition or alteration of a structure (value more than \$40,000)
- Any addition or alteration to the structure's gas piping

The Building Division will require a plumbing permit for the installation of gas shut-off devices, but the permit fee will not increase.

The Building Division will maintain a list of all seismic shut-off and excess flow shut-off devices approved for installation in the State of California. Installation of these devices is intended to address important life and safety concerns within the community.

Sincerely,

Mike, Vicki, Ed, and Brent
City Building Division, (925) 671-5200

“On the Ground – Getting it Done” Award for Pleasant Hill

A new annual Association of Bay Area Governments (ABAG) awards program, **Growing Smarter Together**, was launched to recognize local agencies and their innovative efforts in promoting smart growth. Out of ABAG’s 101 cities and 9 counties, Pleasant Hill was one of only four agencies honored with the award, presented at the ABAG Spring General Assembly on April 19. There were six award categories, and the City of Pleasant Hill was the winner in the “On the Ground – Getting it Done” category, which recognizes recently built projects that support smart growth principles.

These principles include:

- strengthening existing communities
- creating compact, complete communities
- increasing housing supply and choice
- improving housing affordability
- increasing transportation efficiency and choice
- protecting the natural environment
- improving social and economic equity
- promoting economic and fiscal health.

The City website www.ci.pleasant-hill.ca.us has a short video of the project (Villa Montanaro Apartments) that exemplifies quality transit oriented development while improving housing affordability. ♣



National Public Works Week—moving life forward

At the May 21 meeting, the City Council will proclaim May 20-26, 2007 as “National Public Works Week” in the City. National Public Works Week (NPWW) is a celebration of the tens of thousands of men and women in North America who provide and maintain the infrastructure and services collectively known as public works.

Instituted as a public education campaign by the American Public Works Association in 1960, NPWW calls attention to the importance of public works in every day community life.

National Public Works Week is observed each year during the third full week of May. Through NPWW events, the community gains an understanding of public works issues through scheduled activities designed to inform residents, businesses, and visitors of the various services and programs provided. These planned activities include exhibits, displays, student outreach, handouts and other printed materials.

The theme for this year’s celebration is “**Public Works: Moving Life Forward**” and is centered on the community and public works employees. The City has several activities designed to draw attention to public works services delivered. Planned activities include: display of the 2007 National Public Works Week poster depicting this year’s theme in City buildings, the Post Office and the library; information pertaining to planned activities to celebrate National Public Works Week on the City’s website; a Public Works informational exhibit located in the city hall main lobby area to spotlight recent successes and emphasize how they benefit our community. In addition, there will be an open house for the community to see the latest equipment, mapping services, and other technology used in maintaining the public’s infrastructure as well as an outreach event supporting elementary school student’s knowledge and understanding of the world of public works.

These activities will serve to promote an awareness that public works is vital in improving the quality of life for present and future generations. One of the more prominent activities will be an exhibition of public works vehicles and equipment in the south parking lot at City Hall. This exhibition will be held on Saturday, May 26, from 10am to 2pm to coincide with the Farmers’ Market. It will be an opportunity to see equipment up close with such vehicles like lift-trucks, tractors and vacuum trucks on display and with public works staff available to share details about this equipment they use everyday.

Brochures and other printed materials will be on hand, including flyers on a wide range of public works services such as current and planned capital projects, winter storm preparedness, Clean Water (Pollution Prevention) Program, traffic calming, construction debris disposal and hazardous waste. Stop by and see how a buried pipe is checked and cleaned, how traffic signals operate and how potholes are repaired. Besides just offering a unique perspective on public works, staff will be interested in obtaining resident input on the public works projects and services they use every day. Hot dogs and soft drinks will be provided to all who visit the exhibition. ♣

**3%
Interest**



City of Pleasant Hill Housing Rehabilitation Loan Program*



Spruce up your home for Spring!

- Replace your roof, gutters, downspouts.
- Install energy efficient windows.
- Paint the interior and exterior.
- Update your kitchen and bathrooms.
- Remove tripping hazards and more.

**David Boatwright,
Housing Coordinator**

(925) 671-5266

**Call
Now!!!**

*Maximum loan amount is \$60,000 and available to persons with limited income. Low credit scores accepted. Certain restrictions apply.



Frequently Asked Questions



Do these loans require monthly payments?

Not always; it depends on your finances. The loan may be deferred until your home sells.

How are the loans secured? All loans are secured by a Deed of Trust.

What kind of work can be done? Most types of work that remove safety hazards or improve your home to a safe, decent, and sanitary condition.

Do you have contractors perform the work?

Yes, the program has many pre-qualified contractors from which to choose.

Who funds this program? The Pleasant Hill Redevelopment Agency, using its property tax funds.

I already have a mortgage and an equity line.

Can I still apply? It may be possible. Call for more information.

Are there income requirements? Yes, for example a family of 3 can make up to \$75,000 annually. Call for details.

Can I use this program to add a room to my house? No, the program can only rehabilitate the existing structure.

Can I use the funds for other purposes? No, the funds must be used to improve your home.

How much are your loan fees? Only a few hundred dollars, once your loan is approved. There are no points to pay and fees are paid by the loan (i.e. not out of pocket).

How do I apply? Call **(925) 671-5266** and request an application.

Code Connections: The Hatfields vs. the McCoys...what started it?



While this is obviously an extreme example of a good relationship gone bad, it's a very appropriate reminder of the value in maintaining good relationships with your neighbors. This means talking things over with your neighbor if a difference of opinion arises and working toward resolving the issue amicably. A lot can be accomplished over a cup of coffee rather than resorting to involving others, which only makes things worse. After all, whatever the eventual outcome of the issue, you will still be living next to your neighbor—day in and day out for 365 days a year.

So the next time you see a recreational vehicle (motor home, boat trailer, etc.) parked next door and think.... "Hey,

While many theories exist, most believe this famous feud started over ownership of a pig, while others say it went deeper than a pig. In actuality, the feud was really over a property line dispute! How history would be changed if these two neighbors could have resolved their differences peacefully and with a good land surveyor.

that shouldn't be there!," *or* observe some work underway at your neighbors and question... "What are they doing, is it legal?" *or* look at the fence between properties and wonder... "Is that fence on my property?" *or* anytime you sense that there is something going on that is not clearly understood or evident, stop by your neighbors for a cup of coffee. Who knows...maybe your neighbor doesn't really think that tall weeds are the new landscape rave. Before you do anything else—**STOP!!**, put the phone down and ask yourself: *did I talk to my neighbor first and give a friendly conversation a chance?*

Over that cup of coffee, you might get a better appreciation of what your neighbor is up to or you might find out that your neighbor was totally unaware that their activities were bothering you. You could be pleasantly surprised at how much can be resolved with just a friendly conversation with your neighbor. The little time you spend talking with your

neighbor just might save a friendship or establish a new one!

Now you may be saying to yourself.... "I already tried talking to my neighbor and there is no way to reason with them or they don't feel like listening to me!" Well, if you've made a diligent effort to resolve the issue as neighbors without satisfaction, it may be time to pick up the phone and give the City's Code Enforcement group a call at 671-5207. They are very knowledgeable about the City's codes and regulations and can often be of assistance when neighbors can't resolve issues harmoniously.

Since we are on the topic, are there some things that you are wondering about on your own property or maybe something that you are planning to do with the longer summer days ahead, such as build a shed, fence, etc.? If you have questions or want additional information before you start your project, contact the Building Division at the general information phone number, 671-5200. ♣



College Park High School students help raise public awareness

Rain did not stop the enthusiasm of the hundreds of people who came to the Pleasant Hill City Hall to support the National Day of Climate Action on Saturday, April 14.

Organized by the Help Your Planet Help Yourself Club from College Park High School, speakers focused on raising public awareness of global warming and ways to address the problem. Free food and music was also available for the three-hour event.

Way to go, Kids!

Plans for July 4th are taking shape

The Pleasant Hill Fourth of July Commission is planning another stellar event for 2007. "Honoring Our Heroes" has been selected as this year's Independence Day theme for the holiday's events.

The day begins at 7:30 with the Firecracker 5K Fun Run—now a holiday tradition sponsored by Fleet Feet Sports. As in past years, all proceeds from this event benefits Pleasant Hill schools.

The celebratory "Honoring Our Heroes" parade begins at 9:30am. The 91st Division US Army Reserve Marching Band and the Concord Blue Devil's "C" Team Marching Band will again join the parade. Trophies will be awarded for the best hero-themed float and best hero-themed walking entry. The Commission encourages your involvement (neighborhoods, clubs, etc.) in putting together an entry honoring *your* hero. Decorated musical entries or entries with a touch of zaniness are crowd pleasers!

The Party in the Park (at Pleasant Hill Park) will feature kids' games, stage entertainment, booths, and other fun activities. Back Forty Texas BBQ will again provide a rip roaring barbeque with lip-smackin' items for purchase. The Party will go from 10:30am to 2:30pm.

Look for a bigger fireworks display this year as the evening sky lights up over College Park High School at dusk. Joining the team this year at the fireworks venue will be Outback Steakhouse offering their signature "outback" cuisine for registration. Why cook when you can enjoy great food at the fireworks? Outback plans to begin serving between 5:30 and 6:00pm.

Additional information is available on the Commission's website at www.PHJuly4.com. People wishing to further assist planning the event can contact Jim Bonato at 938-5433. ♣



Scheduled bus service adjustment includes two new services

The County Connection has introduced two new services made possible with funds through the Metropolitan Transportation Commission's (MTC) Lifeline service program. New services consist of weekend service on Route 111 and the introduction of a new neighborhood shuttle service in the Monument Corridor in Concord.

Route 111 weekend service

County Connection will introduce Saturday and Sunday service to Route 111, which operates between Concord BART and Pleasant Hill BART via Fry Way, Clayton Road, Meadow Lane, Oak Grove Road, and Treat Boulevard in unincorporated Walnut Creek. The San Miguel loop will also be serviced on Saturday and Sunday. Saturday service on Route 111 was eliminated in 2004 due to budgetary constraints. Reintroduction of weekend service represents the first time Sunday service has been available to residents and businesses along the Treat Boulevard corridor. Buses will operate from 7:30am to 7:30pm on Saturdays, and from 8:20am to 6:30pm on Sundays.

The Monument Corridor shuttle

County Connection will also introduce a neighborhood shuttle in the Monument Corridor of Concord that will operate Monday-Friday from 7:30am to 7:45pm. Service will be provided with 22-passenger vans. The shuttle will operate along a fixed route, but have time built into the schedule to travel off route into defined neighborhoods in order to provide door-to-door service to those requesting service one day in advance. The cost for this service is 50¢ for basic fixed-route service, and 75¢ for door-to-door service. Free transfers will be issued for those wishing to connect with other County Connection fixed-route buses and the shuttle will be scheduled to meet with the Express Route 980 at the Sun Valley Mall for those needing to access medical services in Martinez.

Additional service adjustments

- **Route 102**—The timepoint leaving DVC at 11:40am will leave at 11:35am, affecting all timepoints on that trip.
- **Route 106**—Running times on the trip leaving Lafayette BART at 9:25am adjusted to arrive at Orinda BART at 10:10am.
- **Route 108**—The trip leaving Amtrak at 3:05pm will change to leave at 3:15pm affecting timepoints on that trip.
- **Route 116**—The trip leaving Amtrak at 1:10pm is extended to serve Walnut Creek BART.
The trip leaving Pleasant Hill BART at 2:21pm will change. This trip begins at Walnut Creek BART at 2:10pm.
- **Route 121**—Timepoints on the trip leaving Dublin BART at 4:22 pm will be adjusted to arrive at WC BART at 5:54pm.
The trip leaving Walnut Creek BART at 6:00pm will leave at 6:07pm.
- **Route 126**—The trip leaving Orinda BART at 10:05am will leave at 10:10am.
- **Route 135**—A trip is added, leaving Dublin BART at 7:30pm.
- **Route 960B**—Several early morning and afternoon trips were added.
- **Route 960C**—A new morning trip will leave WC BART at 9:40am.

The County Connection provides fixed-route bus service and ADA paratransit service to nearly five million passengers each year. For information on routes and schedules in your neighborhood, call the customer service center at 676-7500 or visit their website at www.cccta.org. ♣



► **Power of Dream Interpretation:
A Beginner's Tool Box for
Accessing Your Dreams**

**Saturday, June 2, 10am–4pm
JFKU, Room NI 58, FREE**

Have you ever felt like there is a message hidden in your nightly dreams? Are you unable to shake a recurring dream that seems to haunt you? Or, do you enjoy remembering your dreams and want to explore them further? The study of dreams can be a powerful tool to enhance personal growth and a waking life. The tools for interpreting dreams are simple and readily available—and, by exploring dreams you may discover layers of meaning and interpretation that can provide new insight and self-revelation.

Come learn more about this valuable process of deciphering dreams in a safe, friendly environment. This workshop is designed for beginning dream workers and those who are simply curious about dreams. Taught by MariAnn Fisher, you will leave with information about how and when we dream at night, methods for recording dreams, approaches to dream interpretation, and some valuable resources. To register for this workshop, call MariAnn at (925) 640-9986 and leave your name and phone number or e-mail to mlfisher@att.net.

MariAnn is a graduate of UC Berkeley and holds a California Teaching Credential from Cal State Hayward. She is currently a graduate student in the Dream Studies program at JFK University and a member of the International Association for the Study of Dreams.

► **Women's Wisdom in Midlife:
A whole new you**

**Saturday June 2, 10am–4pm;
JFKU, Room SI 12, FREE**

As adult women evolve through their life span, the midlife age or second adulthood can be a time of triumph or despair. Is living a life filled with genuine authorship your dream? Are you wondering how to create true happiness and experience heartfelt meaning in your midlife years and beyond? In this workshop, Judith Costa will explore the art of living

your life with authentic passion and purpose. By learning and using the skills of transformative play, guided imagery, and self-inquiry, participants will be empowered to hear and respond to their deepest authentic inner wisdom.

Judith has an M.A. in Integral Psychology and is a Certified Professional Life Coach. She has 20 years experience working with women to create meaningful life transitions using a holistic perspective. To reserve a space, call Judith at (925) 969-3117.

► **Natural Chef Cooking School
Secrets for Everyday Cooks**

**Sunday, June 3, 10am–4pm
JFKU, Room SI 12, FREE**

Are you interested in healthy cooking but don't know where to start? Paula Szloboda will teach this free workshop focusing on simple strategies for creating meals using local, seasonal and organic whole foods. Learn the secrets of working with whole foods including: how to flavor any dish, using herbs and spices for health and healing, and building a whole foods pantry.

Food sampling will be held. Space is limited. Call Paula at (707) 319-9839 or e-mail to paulafsd@yahoo.com to reserve your place. Paula is an RN, MA, NI and a Food and Nutrition Educator, consultant, Personal Therapeutic Chef trained at Bauman College. Her focus is on creating health through delicious whole foods and enjoyable eating experiences.

► **Bring your SEXY back—
For Women Ready to Delight
in Their Own Magnificence!**

**Saturday, June 8, 10am–4pm;
JFKU, Room SI 12, FREE**

Have you been stuck in a rut and feel like its time to rediscover yourself? Are you newly single and desire to re-invent yourself or want to enliven and spice up your existing relationship? Have your kids recently left home or started school and it's now time to focus on you? If you are ready to reclaim your juicy and luscious nature, join Lisa Frost for a titillating day as you: discover the four provocative dimensions of SEXY and

how to fully inhabit each; invite sexiness back into your life and relationships; awaken all of your senses and embrace your passion; and make this your sexiest year ever! Seating is limited.

This workshop is designed to inspire women to reframe SEXY into an internally driven feeling that serves as a tool for personal growth and fulfillment. Lisa is an Integrative Life Coach and Master's Candidate in Integral Psychology at JFK University. She specializes in women going through life transitions and dealing with issues in self-esteem, self-empowerment and self-love. To reserve a seat, contact Lisa at (510) 275-9458 or by e-mail to Lisa_Frost@comcast.net.

► **The Creative Classroom:
The Lighthearted Side of
Adult Learning**

**Sunday, June 10, 10am–4pm
JFKU, Room SI 12, FREE**

Are you a teacher of adult learners and want to add a more playful spirit to your teaching? In this dynamic workshop, Monika Hartmann will teach you strategies, tips, tools, and techniques for adding creativity and inspiration to your classroom. You will engage your own creative talents to make teaching and learning more fun and effective:

- Take teaching on a playful path
- Rediscover the lighthearted side of teaching
- Strengthen your creative potential
- Gain additional effective teaching tools for your classroom

Space is limited. To register, call Monika at (925) 370-1949 or e-mail to monika_hartmann@heald.edu.

Monika, a master's candidate in integral psychology at JFK University, has 12 years of professional experience in teaching adult learners at the college level as well as coaching faculty. Her holistic perspective on teaching allows Monika to integrate all aspects of the human experience into her classroom. ♣

DVC dental hygiene students educate the public about gum disease

What would you do if you learned that you had a chronic infection that could cause you to lose a vital part of your body, unless you adopted a preventative routine to halt the process of the disease?

Most of us would probably do what it took to get healthy, right? How about earning up to \$1,000 to help dental hygiene students?



Well, gum disease, is a chronic bacterial infection of the gums. The toxins produced by the bacteria destroy bone and tissues that support the teeth. Untreated gum disease results in bad breath, red, swollen, bleeding gums, loose teeth, and eventual tooth loss. Daily flossing, thorough brushing and regular dental hygiene visits are simple preventative measures that can keep your mouth healthy and free of destructive bacteria.

For more than 40 years, many residents of Contra Costa County and beyond have taken advantage of the affordable, high quality services offered by the Diablo Valley College Dental Hygiene Teaching Clinic. However, there are still too many people out there, with gum diseases, who lack the motivation needed to start a preventative oral care regimen. Perhaps a little cash incentive may help.

The Dental Hygiene class of 2007 will take their state board examinations this July, in an effort to earn their professional licensure. The graduating students are looking for potential state board clients to sit for them on examination days. The students are willing to pay **\$250** per quadrant of teeth; therefore, accepted clients have the opportunity to earn a total of **\$1,000** over a two-day period. Qualified clients must have a substantial amount of tartar build up, and a low to moderate loss of tooth supporting bone.

If you feel you meet these criteria or for general clinic information, contact the DVC dental hygiene teaching clinic at 285-1230 ext. 2534. If you are interested in becoming a state board client, please inform the receptionist on the phone to receive a free oral evaluation. ♣

Pleasant Hill Garden Study Club Plant Sale set for May 12

The plant sale that many gardeners wait for and sponsored by the Pleasant Hill Garden Study Club (PHGSC) will be held on Saturday, May 12, from 9am to 2pm at the Winslow Center, located at the corner of Pleasant Hill Road and Taylor Boulevard. Several things make this sale special:

- the prices are a real deal
- the selection is diverse
- and the choices include many items not easily found in retail outlets.

It's also a great place to find a terrific gift for Mom since the sale takes place the day before Mother's Day.

The PHGSC is affiliated with the Pleasant Hill Recreation & Park District. A significant portion of the sale proceeds is donated back to the District and to other area organizations that reflect the club's mission of community beautification.

The club meets at 7pm on the first Tuesday of each month (except July and December) at the Pleasant Hill Community Center, 320 Civic Drive. Guests are welcome. For more information contact Eileen Housfeld at 944-4898 or visit the club's website at www.phgsc.com.



To get ready for the May 12 plant sale, members of the Pleasant Hill Garden Study Club gathered in early March to propagate cuttings of their favorite plants. Susan Pratt, left, and Jan Egan, center, discuss a cutting with Kathy Mendenhall.

Pleasant Hill Garden Club makes donations

Donations totaling \$2,350 were recently made by the Pleasant Hill Garden Study Club (PHGSC) to five area nonprofit organizations that reflect the club's mission of community beautification. Recipients of the funds were: the Pleasant Hill Recreation and Park District, Markham Regional Arboretum, the Gardens at Heather Farm, Life Garden and the Carquinez Regional Environmental Education Center.

The donations were made possible by proceeds from the club's annual plant sale. The 2007 plant sale will be held Saturday, May 12, at the Winslow Center, located at the corner of Pleasant Hill Road and Taylor Blvd.



Pleasant Hill Residents may be eligible for FREE smoke detectors

Homeowners living in Pleasant Hill may be eligible for free smoke detectors, plus installation from the Contra Costa County Fire Protection District, according to Diane Grinbergs, Fire Prevention Specialist.

Residents who are 60 years old or older, physically disabled at any age or have older smoke detectors, or none at all, may qualify. Call the Fire District's Public Education Unit at 941-3327 to schedule an appointment. ♣

Pleasant Hill Sunvalley GOLF CLASSIC

Monday, May 14
Contra Costa Country Club

Tee up for the Youth of Pleasant Hill

Individual entry \$225
Foursome \$850
4-person scramble/handicap format Includes: green fees, cart, lunch, dinner, contests, prizes

Entry deadline: April 30!

INTERESTED? Call 682-0896

SUNVALLEY SHOPPING CENTER



Friends of Pleasant Hill Creeks Meet in June

Friends of Pleasant Hill Creeks (FOPH Creeks) will hold its next meeting on Wednesday, June 6, starting at 7pm. The invited speaker for this meeting is Bethallyn Black, the Urban Horticulture/Master Gardener Coordinator for the University of California Cooperative Extension in Contra Costa County. Her discussion will cover the use of native plants in creeks and landscape for the Pleasant Hill area.

For more information about the location of this meeting, check the FOPH Creeks website at: www.fophcreeks.land4urbanwildlife.org or contact them via e-mail at: fophcreeks@land4urbanwildlife.org. If you would like to be placed on their mailing list to receive creek related issues and information about their weekly volunteer events, feel free to sign-up on their mailing list. ♣



Next stop...Filoli Estate and Gardens

Hop on the Pleasant Hill Recreation & Park District bus and spend a day experiencing 16 acres of formal gardens and an unforgettable 36,000 square foot historic country estate located in Woodside at the southern end of Crystal Springs Lake. The tour will be held on Saturday, May 19, beginning at 9am at the Pleasant Hill Community Center parking lot. The \$25 fee covers transportation, admission, and a guided tour. Bring \$12 for lunch at the Quail Nest Café. The bus will return by 4:30pm. Deadline for reservations is May 3.

Now a National Trust historic site, visitors can explore the grand Georgian mansion furnished with elegant antiques and exquisite floral arrangements much like what would have been on display when the home was occupied from 1917-1975. The residence, which connects to the garden wall, was sited to one side, preserving the valley floor and the grand vista to the north towards Crystal Springs Lake. Inspired by European influences, the garden is a succession of garden rooms, containing parterres, terraces, lawns, and pools, arranged between the two parallel north-south walks. The southernmost point, the High Place, affords views of the garden, house, and fields. As you walk through the garden, notice the fantastic detail work with art imitating nature and nature imitating art, which epitomizes the essence of a pleasure garden.

Call the Pleasant Hill Recreation & Park District at 682-0896 for more information. Space is limited. ♣



Did you know Pleasant Hill has had their very own...
American Idol TALENT SHOW
for 15 years?? Don't miss it this year!

This year **Star Quest 2007** presents...
HOORAY FOR HOLLYWOOD!

Saturday, May 5, 7:00pm
Sunday, May 6, 2:00pm

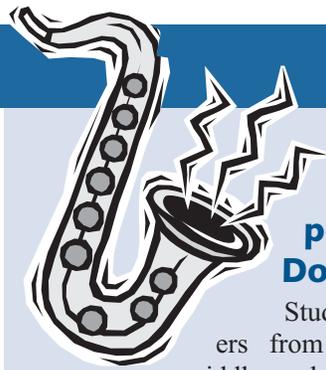
Reception & Art Show 6:00pm (Saturday) and 1:00pm (Sunday)

DVC Performing Arts Theatre (Use Golf Club Rd parking lot)

Tickets (donation \$8.00 in advance, \$10 at door) available at: PHR&PD Office, PH Community Center, and PH Police Station

15th Annual Youth Talent Show "Searching for the Stars of Pleasant Hill"
Sponsored by Rotary Club of Pleasant Hill

FOR MORE INFO 682-0896



Murals in Downtown

Artist Sylvie Carr is painting a series of murals in downtown Pleasant Hill in connection with Pleasant Hill's upcoming "Student Showcase" set for May 15, 16, and 17. The Showcase will highlight the musical and artistic talents of Pleasant Hill students. This mural at Sweet Tomatoes is the first in the series she is creating with Advanced Art Students from College Park High School. Sylvie has worked with hundreds of Pleasant Hill students designing and painting murals since 1996. Her other local murals include three at College Park High School, five at Pleasant Hill Elementary, two at Fair Oaks Elementary, and one at the Pleasant Hill Library. ♣

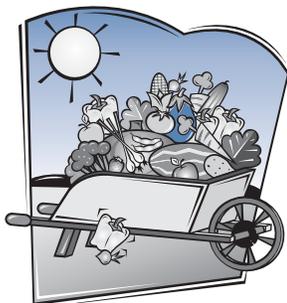


Simply Salads scheduled for June 19

If you love a great salad bar, a variety of tempting desserts and a chance to win great prizes, plan on attending Simply Salads on Tuesday, June 19, at the Pleasant Hill Community Center. Proceeds from this award-winning event support the Care Management Program at the Pleasant Hill Senior Center. The 14th Annual Simply Salads begins at 11:30am. Tickets are \$8 general and \$6 for seniors. Purchase tickets in advance at the Senior Center or at the door.

The Care Management Program provides seniors and their families with easier access to information, an increased awareness of resources and entitlements, and immediate support for crises and other concerns. It is funded, in part, by a Community Development Block Grant, the Pleasant Hill Recreation & Park District, and fundraisers like Simply Salads.

If you would like to donate a prize for the raffle, call Kendra Luke or Holly Dannen at 798-8788. ♣



Pleasant Hill students will perform in the Downtown

Student musicians and performers from Pleasant Hill elementary, middle and high school will showcase their talent at the fourth annual Student Showcase May 15, 16, and 17 in the Downtown. Sponsored by the City's Education/Schools Advisory Commission, the event showcases the talents of students in concerts in the Downtown Plaza. Performances are free and start at 3:30pm to 8pm.

"We look forward to sharing the talent and creativity of our students with the community," said Shaun McElroy, Chair of the Education Commission. "These kids really promote our schools." Schools participating in the three-day event are **Hidden Valley Elementary, Valhalla Elementary, Pleasant Hill Elementary, Gregory Gardens Elementary, Strandwood Elementary, Pleasant Hill Middle, Sequoia Middle, Valley View Middle, and College Park High**. In addition, artwork from all schools will be on display in windows in the downtown area as well as Art Gecko through May 26.

All performances will take place on the Downtown Stage (near the fountain across from Left Bank Restaurant and Sweet Tomatoes). The schedule of performances for the schools is as follows:

► Tuesday, May 15

- 4:00 Hidden Valley Elementary: Song Flutes
- 4:45 Gregory Gardens Elementary Band: Song Flutes
- 5:30 Hidden Valley Elementary School: Band
- 6:15 Strandwood Elementary School: Bell Choir
- 7:00 Strandwood & Gregory Gardens Elementary School: Band
- 7:45 College Park High School: Chorus

► Wednesday, May 16

- 3:30 Pleasant Hill Elementary School: Chorus
- 4:10 Strandwood & Gregory Gardens Elementary Schools: Strings
- 4:50 Sequoia Hill Middle School: Strings
- 5:30 Pleasant Hill Middle School: Strings
- 6:10 Valley View Middle School: Strings
- 6:50 College Park High School: Strings

► Thursday, May 17

- 3:30 College Park High School: Drama Skit
- 4:15 Sequoia Middle School: Jazz Band
- 5:15 Pleasant Hill Middle School: Jazz Band
- 6:15 Valley View Middle School: Jazz Band
- 7:15 College Park High School: Jazz Band

Summer excitement is just ahead!

Now is the time to make plans for a summer packed full of great activities offered by the Pleasant Hill Recreation & Park District.

★ Something for everyone at Summer School

Recreation Summer School will be held this year at Valhalla Elementary School at 530 Kiki Drive. This popular six-week program offers a variety of enriching activities for youngsters entering grades 1–7. Staffed by adults and teens, Recreation Summer School has become a tradition that everyone loves. Pick up the Recreation Summer School 2007 brochure at schools, the library, and the Pleasant Hill Community Center. This year professional artist and art instructor Mark Jeziorny will share his unique perspective as he teaches drawing and acrylic painting. Terra Wilson will bring back the fun of jacks, hula hoops, jump rope, Uno, Yahtzee, chess, and some newer strategy games, with Games, Games and More Games! And, Doña Foreman is back! S.T.A.G.E. Troupe’s director and producer will teach Drama, Musical Theater, and Dance from Broadway Shows.

This year, the core program takes place on Tuesday, Wednesday, and Thursday between 9:30am and 12:20pm. Afternoon Recreation, from 12:30 to 4:30pm, with theme days, trips, and swimming, and with Extended Care from 7 to 9:20am, are also available. Register early for best selection of these popular classes.

★ Exciting summer at camp

Summer Camps also are plentiful this year! Pleasant Hill Recreation & Park District has day camps for pre-schoolers, youth, and teens. Flexibility is the key to Adventure Kids Summer Camp (for those entering grades 1–5) and Camp Eclectic (for those entering grades 5–10). Work around a vacation, days off, or unusual schedules. Choose activities by the week or for just three days a week. Register for a full day (7 am to 6:30pm) or any 6-hour block of time. Every camp is tailored to the age and interest of participants and

designed to build an action-packed summer that your child won’t forget!

Adventure Kids Summer Camp offers trips, swim days, events, arts/crafts, games, and sports, all tailored to weekly themes. Camp Eclectic’s calendar includes Friday trips (Santa Cruz Boardwalk, Waterworld, Great America, Raging Waters, and more!) indoor and outdoor games, art projects, billiards, foosball, swimming, movies, and pot-luck barbecues. Individual camps offer adventure, arts and crafts, games, Legos, “Mad Science,” magic, and much more!

★ What is summer without swimming?

The Pleasant Hill Aquatic Center officially opens for summer starting on Saturday, May 26. The pool will be open for recreational swimming from 1 to 4:30pm on weekends until June 16 when the hours shift to 1 to 5pm on weekends, and 1:15 to 4:15pm Monday through Friday. Save money and buy a Season Swim Pass. Get unlimited use of the PH Aquatic Park during public swim for the whole family. You can also rent the pool for



your private party or event. Rental fees include the exclusive use of the pool, a barbecue grill, two picnic tables and admission for 16 persons. The Pleasant Hill Recreation & Park District also offers Children’s Birthday Parties at the Aquatic Center for children 7 years and older. Parties include water games and prizes and guests are entitled to stay for public swimming after the party at no extra charge. (Note: swim lessons are held on Saturdays, and birthday parties do not have exclusive use of the facility.) For rates and reservations or for more information about these programs, call Pleasant Hill Recreation & Park District at 682-0896. ♣

SPECIAL DISCOUNT available at Pleasant Hill Recreation & Park District

The Pleasant Hill Recreation & Park District is trying something new this summer. When you register online for eligible classes, you will receive a \$5 discount. Designed to highlight the ease and time-saving features of online registration, the District will offer the discount from now through August 30, 2007.

Once you’ve selected the classes, sports, summer camps, or other activities that pique your interest, go online anytime from the comfort of your home, 24 hours a day, 7 days a week. Enter promotional code “94523” and you’ll receive the \$5 discount on all eligible classes. Once you register, you can also manage your private account anytime on the internet. No more waiting in line, or missed deadlines. You can see your family’s schedule, receipts, and even pay your Pre-School or KIDSTOP payment online. Get started today at www.pleasanthillrec.com.



Tee Fee Swamp Boogie...
New! Cajun-Zydeco sound!



Enjoy the
sounds
at the....
2007



Other People's Money

Sunset By The Lake



Boothill...high energy!!



Bingo
Schmingo
for the
kids!

Free! Summer Concerts

On the lawn by the lake at
**Pleasant Hill
City Hall**

Gregory Ln & Cleaveland Rd

LIVE Music 6-8pm!

- May 27 TEE FEE SWAMP BOOGIE
(with Outback BBQ)
- Jun 10 BOOTHILL
- Jun 24 FINDING STELLA
- Jul 8 FRANKIE G & CONVICTION
- Jul 15 BINGO SCHMINGO
- Jul 22 OTHER PEOPLE'S MONEY
- Aug 5 DELTA DOGS
- Aug 19 COVER2COVER
- Sep 2 KEY LIME PIE



.. It's going to be
another GREAT season!!

Sponsored by the
Pleasant Hill Civic Action Commission
and the following businesses:



Oh, yes...Delta Dogs!



Finding Stella...classic rock
and pop spirit of the 70s and 80s



Popular local band...Cover2Cover!!



Frankie G &
Conviction..
they are
real crowd
pleasers!



Key Lime Pie



May 27, Jul 8, Sep 2



Jun 10



Fire-Roasted Gourmet Pizza™

JUL 8



JUL 15



Aug 5



Aug 5



AUG 19



Clip our this flier and keep for the season! And visit www.pleasanthillconcerts.com for all concert information.

A big "thank you" to the community from Pleasant Hill Rotary!

It's hard to believe that doing good for the community can be so much fun...year after year!

Once again the club put on their raucous St. Patrick's Night of Merriment—and once again it was a sold-out event with about 320 would-be Irish in attendance having the time of their lives! In a very green setting, Rotarians and guests wined and dined, enjoyed a Irish singer and dancers, bid in silent and live auctions, and hoped that they held the lucky winning tickets in the raffle. One way or another, almost everyone went home with a prize.

The evening was the extremely successful, with a new record for funds raised. These funds from this evening will go back to the community in the form of grants to local community groups and to the LN-4 prosthetic hand project, "Give Hope—Give a Hand."

The LN-4 is just a simple \$50 spring-loaded plastic prosthetic hand, but it's changing lives in the Third World. PH Rotary funded initial research and development of the prosthetic, and club members, along with other Rotary clubs, are heading up fundraising and leading overseas trips to get this hand distributed, free of charge to

countries in Africa and Asia. Find out all about this growing Rotary project at www.LN-4.org.

Many many thanks once again to everyone who supported this wonderful event, and especially the sponsors—Houlihans Restaurant, Black Diamond Brewery, Irish Vineyards, and Wilma Lott Catering. ♣

Give Hope – Give a Hand

Providing functional prosthetic hands at no cost to recipients.



Pleasant Hill Lions Club brings circus to town

The Pleasant Hill Lions will once again bring the circus—and a whole bunch of fun—to the City and its residents.

Circus Chimera will be in town with a new show to help raise money for two blind centers. The circus will be located at Diablo Valley College's North Overflow Parking Lot. There will be nine shows starting Friday, June 22, and ending on Monday, June 25. Purchase your tickets prior to the circus for big discounts. [See the full page ad in this Outlook issue.]

The Lions of Northern California sent 300,000 eyeglasses to Sri Lanka and 400,000 eyeglasses to South America. They have collection boxes for old eyeglasses at the Recreation & Park District office at Pleasant Hill Park and the YMCA. If you have any interest in participating in the Pleasant Hill Lions Club, call Don Flaskerud at 676-5859 or Dave Peters at 682-0896. ♣



CHIMERA HAPPY DAYZ

THE ACTION PACKED INCREDIBLE FAMILY EVENT!!

CHILDREN 10 & UNDER **FREE** GENERAL ADMISSION WITH ADULT

PLEASANT HILL | JUNE 22-25 | DIABLO VALLEY COLLEGE NORTH PARKING LOT
SHOWTIMES: FRI 7:30 PM | SAT-SUN 1:30, 4:30 & 7:30 PM | MON 4:30 & 7:30 PM

PRE-SALE TICKETS LESS EXPENSIVE IF PURCHASED AT: REC & PARK DISTRICT - 147 GREGORY LANE - 925.682.0896 | CLUB 50 FITNESS - 609 GREGORY LANE STE. 120 - 925.324.9395 | SUNVALLEY VETERINARY HOSPITAL - 1130 CONTRA COSTA BLVD. 925.686.6363 | CALL 1.888.ONE.RING OR VISIT WWW.BESTCIRCUS.COM FOR MORE INFO

SPONSORED BY PLEASANT HILL LIONS CLUB | ALL PROCEEDS BENEFITTING OUR BLIND CENTERS



Read and win prizes at the Library

Get ready for a summer of intrigue and suspense with great reads and exciting prizes! Unravel the mystery behind a good book during the Contra Costa County Library's Summer Reading Program, from June 11 to August 20, where everyone is encouraged to "get a clue" at your local library.

Super sleuths can discover the key to summer reading fun with the Kids' Summer Reading Program for kids age 2 through 5th grade. P&T Puppets will perform "The Adventures of Spider and Fly: The Dewey Decimal Code Mystery" on Thursday, June 14, at 7pm. Children of all ages and their caregivers are welcome to attend.

Solve the puzzling question of what thrilling prizes are awaiting all teens who read during this summer's Teen Reading Program for students 6th–12th grades. Teens can solve a mystery at the library, stay for refreshments and kick off the teen summer reading program. All you need to bring is your analytical mind! The mystery program will be Wednesday evening, June 13, at the Pleasant Hill Library. The time of the event and other details will be available beginning Monday, May 21.

For adults, ages 18 and up, simply read and submit a raffle ticket online at ccclib.org or at your community library

for a chance to win a Booklover's Bag full of goodies!

The public library plays an important role as an educational partner in the community. This summer the Contra Costa County Library will introduce a new Baby component to its popular annual Summer Reading Program to encourage early literacy skills in very young children. This program will be in a fun format of activities for parents and caregivers to do with their babies from birth–2 years. Studies have shown that early literacy skills begin developing when babies are exposed to books and language from birth.

To participate in the 2007 Baby Reading Program, parents and caregivers of babies up to 2 years may pick up a Baby Activity Record at their local library, beginning on June 11. The Record lists activities that parents/caregivers and infants can enjoy. When eight activities are completed the parent and child may come to the library to receive a rubber ducky as a halfway prize. When all the activities are finished the parent and

infant receive the final prize, a baby board book. The program ends on August 20.

The library offers many resources to help parents complete the suggested early literacy activities:

- Good books to read to babies
- Lists of book titles that are recommended for babies and toddlers
- Library books that feature nursery rhymes, fingerplays, and information about early childhood development
- Storytimes at all branches

Interesting books, prizes, and special events are awaiting you this summer at the Pleasant Hill Library, as well as at all of the other Contra Costa County community libraries.

For more information, call the Pleasant Hill Library at 646-6434 during open hours on Monday, Tuesday and Thursday from noon to 8pm; or Wednesday, Friday and Saturday from 10am to 6pm; or visit the library online at ccclib.org. ♣



What's new at the Chamber of Commerce...

Chamber announces new business program

The Pleasant Hill Chamber of Commerce is embarking upon a new program to promote "Green Certified" business members (those that choose to promote environmentally healthier business practices).

These businesses are certified through a state-sponsored program called the "Bay Area Green Business Program" administered through the CCC Hazardous Waste Department. To receive a three-year certification they have to pass four audits:

- recycling and waste reduction
- energy conservation

- water conservation
- pollution prevention

All Pleasant Hill businesses are encouraged to participate in this newly developed program, and the Pleasant Hill Chamber encourages resident to patronize them. This is an investment in our future. For every choice in life, there is a consequence. As Mom used to say, "Let your conscious be your guide." You can make a difference. "Go Green—Save Green." For a list of "Green Businesses" and more information, go to www.PleasantHillChamber.com/greenbiz/.

Save the date...

Night golf tournament!

Monday, June 4

Pine Meadows Golf Course



Social
Dinner, drinks
Raffle
Night Golf
Sponsorships

Interested?
call 687-0700

Economic Development/Business News in Pleasant Hill welcomes new businesses...

Our hope is that you will learn about a new business in the City that provides goods/services that you may need or find useful. The City of Pleasant Hill is com-

mitted to enhancing the viability of the business community and improving communication and service among business, government and residents. Contact Kelly

Calhoun at 671-5213 for additional information on locating or expanding your business operations in the City of Pleasant Hill.

New businesses in February 2007

Cindi Bartlett (Massage Therapy)

1948 Contra Costa Blvd., 925-922-1794

Club 50 Fitness (Fitness Club for 40 & Up)

609 Gregory Lane, #120, 925-938-5050

Dawn Delmonte, MA, MPH, MFT

(Psychotherapy)

140 Mayhew Way, #100, 925-708-4997

Diane Frakes (Hair Stylist)

670 Gregory Lane, 925-680-4244

Healthcare Needs, LLC

(Healthcare Education/Supplies)

101 Gregory Ln., Ste 40, 925-759-6658

Homeowners Management Co., LLC

3478 Buskirk Ave., Ste. 342, 925-937-1011

Integral Massage (Therapeutic Massage)

395 Civic Dr., Ste. C, 415-596-5711

Kathryn Forbes (Massage Therapy)

2367 Pleasant Hill Rd., 925-472-0858

Krum Auto Sales

3333 Vincent Rd., #212, 916-402-3087

LCI Windows, Doors & More

3440 Vincent Rd.

Legends Smoke Shop

(Tobacco, Jewelry, Clothing, CDs)

565 Contra Costa Blvd., 707-426-1157

The Lyman Group

(Real Estate & Mortgage Brokerage)

395 Taylor Blvd., #100, 415-999-0228

Save Mart, DBA Albertsons #743

155 Crescent Plaza, 650-742-9733

Stacy Rudd (Hair Stylist)

1603 Oak Park Blvd., 925-323-1484

Thu Thuy Trinh (Energy & Crystal Healing)

140 Mayhew Way, #200, 925-586-8145

Yumei Hawkins (Massage Therapist)

1948 Contra Costa Blvd., 925-685-7822

AS United Trucking, LLC

925-324-3220

Ray Snow Construction

925-255-3351

Shirley M. Miller (Artist-Teacher)

925-934-7889

Weekend Reminder.Com

(Provides Email Reminders-Local Events)

925-686-3770

New businesses in March 2007

A Small World (Infant & Toddler Care)

1641 Oak Park Blvd., 925-933-3528

Cash 1

(Check Cashing & Deferred Deposits)

1300 Contra Costa Blvd.

Evie Kennings (Hair Stylist)

670 Gregory Ln., Ste. G, 925-812-0123

Grisel Reyes (Cosmetology)

101 Gregory Ln., #24, 925-689-6642

Jacqueline Johnston (Massage Therapist)

1100 Pleasant Valley Dr., 925-207-8041

Katrina Devlin (Massage Therapist)

140 Mayhew Way, #202, 925-435-5860

Mr. Lucky's of Pleasant Hill (Restaurant/Bar)

2618 Pleasant Hill Rd., 925-606-1039

My Divine Skin (Skin Care)

670 Gregory Ln., Ste. B, 925-595-3284

NYPD Pizza & Deli

2380 Monument Blvd., #F, 415-468-8368

Oak Creek Florist

2624 Pleasant Hill Rd., 925-778-6668

Polomo Auto Sales

171 Mayhew Way, #240, 650-269-6285

Pathways Center

(Spiritual & Educational Fdn)

140 Mayhew Way, #102, 925-609-8888

PC Service Center

(Computer Repair/Web Design)

1926 Contra Costa Blvd., 775-830-6667

The Place

(Center for Holistic/Spiritual Services)

140 Mayhew Way, #202, 925-946-0645

Andiwal Tsunami Cleaning

(Home/Office Cleaning), 925-934-4456

California Auto Exchange

(Office for Auto Sales), 925-768-0008

Excell Carpet Care

(Carpet/Furniture Cleaning), 925-595-9282

Jason Richard Gordon

(Real Estate Appraisal), 925-207-8570

Jeff Leonard Photography

925-413-2301

Kerstie Pederson Designs

(Interior Design/Artist), 925-766-4983

Rachel Capil Photography

925-726-9840

Tek-Op

(Ecommerce/Outside Computer Svc/Sales)

925-387-3454

Wright Way Mgmt. Web Service

(Web Development), 925-944-6317

City Meetings



WHEN	WHAT	WHERE
Wed 2 9:00 am	Commission on Aging	City Hall Small Community Room
Thu 3 5:00 pm	Architectural Review Commission	City Hall Small Community Room
Mon 7 7:30 pm	City Council-Redevelopment Agency	Council Chambers
Tue 8 6:00 pm	Traffic Safety Commission	City Hall Community Room
Tue 8 7:30 pm	Planning Commission (Public Hearing)	Council Chambers
Wed 9 6:30 pm	Civic Action Commission *	City Hall Small Community Room
Thu 8 5:00 pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Thu 10 5:00 pm	Architectural Review Commission	City Hall Small Community Room
Tue 15 7:00 pm	Education/Schools Advisory Commission	City Hall Small Community Room
Thu 17 5:00 pm	Architectural Review Commission	City Hall Small Community Room
Mon 21 7:30 pm	Redevelopment Agency-City Council	Council Chambers
Tue 22 7:30 pm	Planning Commission (Public Hearing)	Council Chambers
Thu 24 5:00 pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Thu 24 7:00 pm	Redevelopment Advisory Commission	City Hall Large Community Room
Mon 28	MEMORIAL DAY OBSERVED	*Note date changed



WHEN	WHAT	WHERE
Mon 2 7:30 pm	City Council-Redevelopment Agency	Council Chambers
Wed 6 9:00 am	Commission on Aging	City Hall Small Community Room
Wed 6 6:30 pm	Civic Action Commission	City Hall Small Community Room
Thu 7 5:00 pm	Architectural Review Commission	City Hall Small Community Room
Tue 12 6:00 pm	Traffic Safety Commission	City Hall Community Room
Tue 12 7:30 pm	Planning Commission (Public Hearing)	Council Chambers
Thu 14 5:00 pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Mon 18 7:30 pm	Redevelopment Agency-City Council	Council Chambers
Tue 19 7:00 pm	Education/Schools Advisory Commission	City Hall Small Community Room
Thu 21 5:00 pm	Architectural Review Commission	City Hall Small Community Room
Tue 26 7:30 pm	Planning Commission (Public Hearing)	Council Chambers
Thu 28 5:00 pm	Zoning Administrator (Public Hearing)	Planning/Public Works Conference Room
Thu 28 7:30 pm	Redevelopment Advisory Commission	City Hall Large Community Room



CITY OF PLEASANT HILL

100 Gregory Lane
Pleasant Hill, CA 94523-3323
925-671-5270
www.pleasanthill.ca.gov

CITY OFFICIALS

Mayor David E. Durant
Vice Mayor John Hanecak

Councilmembers

Suzanne Angeli
Michael G. Harris
Terri L. Williamson

City Manager June Catalano
City Clerk Marty McInturf
Treasurer Suzanne J. Salter

CITY HALL HOURS

Monday–Wednesday 8:30am–5:00 pm
Thursday 8:30am–6:00 pm
Friday 8:30am–1:00 pm



The City of Pleasant Hill newsletter is published bimonthly. Deadline for stories and story ideas for May/June is June 4. Ideas are always welcome. Local non-profit groups may submit articles to the Public Information Officer at 100 Gregory Lane, Pleasant Hill, CA 94523. For information, call Louie Gonzalez at 671-5229, fax to 671-5238, or email to Lgonzalez@ci.pleasant-hill.ca.us.

PUBLISHED ON RECYCLED PAPER



Editor/Writer Louie Gonzalez
Design Donaghu Graphic Designs

COVER: Arch at entrance to Downtown.

Important Phone Numbers

Police/Fire Emergency	911
Police (Business)	288-4600
Fire (Business)	930-5500
Public Services Center	671-4646
Chamber of Commerce	687-0700
Recreation & Parks	682-0896
PH Bayshore Disposal	685-4711
PG&E	800-743-5000
Senior Center	798-8788
Senior Van Service	671-5272

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Be sure to come to one of the PH Police Law Enforcement Torch Run events

The Special Olympics Northern California Law Enforcement Torch Run is part of an international effort by law enforcement officers to raise public awareness and provide financial support for year-round sports training and athletic competition for individuals with intellectual disabilities. Your tax-deductible donation supports Special Olympics Athletes from Contra Costa County. You can take pride in knowing you contributed to making a difference in the lives of the athletes and their families. Please join us at any of our upcoming events.



🍁 Tip a Cop

Devino's Pizza & Pasta

Friday May 4, 2007 6-9pm

Chevy's Fresh Mex

Thursday, June 21, 2007 6-9pm

Back 40 Texas BBQ

Friday July 13, 2007 6-9pm

🍁 "Evening for Heroes"

Wine Tasting, Dinner, and Auction

Saturday, September 8, 2007

\$50 per person \$75 per couple

Tickets on sale June 2007

Seating is limited

🍁 4th Annual Crab Feed

Saturday, February 16, 2008

Pleasant Hill Community Center

\$40 per person

Tickets on sale Nov 2007

Seating is limited

For more information

contact Lt. John Pratt

Pleasant Hill Police Department

at 288-4610 or by e-mail to

jpratt@ci.pleasant-hill.ca.us.



City of Pleasant Hill
100 Gregory Lane
Pleasant Hill, CA 94523-3323
www.pleasanthill.ca.gov

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